



NEW HAVEN LAWN CLUB
2025 Summer Camp
Tennis and Squash Programs

Summer Camp: June 23–August 15

Tennis: June 16–August 15 • Squash: June 9–August 29

Schedule at a Glance: NHLC Summer Program 2025



Beforecare and Aftercare available Monday–Friday by *advance* registration *only*.

Beforecare: 8:30–9 am, ages 3–11: \$45 per week (\$40 week of June 30)

Aftercare: 3–5:30 pm, entering grades 1–6: \$130 per week (\$110 week of June 30)

Additional fees for early drop-off or late pick-up apply (see info on page 2)

Afternoon Fives (extended day program for children entering kindergarten ONLY): 12 noon–3 pm: \$190 per week (\$160 week of June 30)

| Week | NHLC Summer Program | | Split-Day Tennis Camp | <input type="checkbox"/> Split-Day Squash Camp <input type="checkbox"/> Swim Camps <input type="checkbox"/> Specialty Camps |
|---------------------------------------|---|--|---|--|
| | Ages 3–entering K 9 am to 12 noon | Entering grades 1–6 9 am to 3 pm | Entering grades 1–6 9 am to 3 pm | |
| June 23–27 | Castaways Adventure Ages 3–entering K 9 am–12 noon \$205 (must be potty trained) <i>Afternoon Fives: see above</i> | Castaways Adventure Entering grades 1–6 9 am–3 pm \$385 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$470 | Split-Day Squash Camp Ages 6–9 NHLC Squash 9–11:45 am + Summer Program 11:45 am–3 pm \$415 |
| June 30–July 3 (no camp July 4) | Kooky Chemistry Ages 3–entering K 9 am–12 noon \$165 (must be potty trained) <i>Afternoon Fives: see above</i> | Kooky Chemistry Entering grades 1–6 9 am–3 pm \$310 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$430 | Split-Day Squash Camp ages 6–9 NHLC Squash 9–11:45 am + Summer Program 11:45 am–3 pm \$380 LEGO® Camp ages 7 and up, options: LEGO® Camp ONLY 9 am–12 noon \$200 OR LEGO® Camp 9 am–12 noon + Summer Program 12 noon–3 pm \$380 |
| July 7–11 | Medieval Times Ages 3–entering K 9 am–12 noon \$205 (must be potty trained) <i>Afternoon Fives: see above</i> | Medieval Times Entering grades 1–6 9 am–3 pm \$385 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$470 | Split-Day Squash Camp ages 6–9 NHLC Squash 9–11:45 am + Summer Program 11:45 am–3 pm \$415 Baking Camp ages 7 and up, options: Baking Camp ONLY 9 am–12 noon \$230 OR Baking Camp 9 am–12 noon + Summer Program 12 noon–3 pm \$425 Advanced Swim Camp entering grades 1–6, options: NHLC Tennis (morning) + Swim Camp (afternoon) \$470 OR Summer Program (morning) + Swim Camp (afternoon) \$420 |
| July 14–18 | Pop Star Palooza Ages 3–entering K 9 am–12 noon \$205 (must be potty trained) <i>*Afternoon Fives: see above</i> | Pop Star Palooza entering grades 1–6 9 am–3 pm \$385 | Split-Day Tennis Camp entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$470 | Split-Day Squash Camp ages 6–9 NHLC Squash 9–11:45 am + Summer Program 11:45 am–3 pm \$415 Novice Swim Camp ages 6–9 9 am–3 pm \$420 |
| July 21–25 | Beach Bash Ages 3–entering K 9 am–12 noon \$205 (must be potty trained) <i>Afternoon Fives: see above</i> | Beach Bash Entering grades 1–6 9 am–3 pm \$385 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$470 | Split-Day Squash Camp ages 6–9 NHLC Squash 9–11:45 am + Summer Program 11:45 am–3 pm \$415 Intermediate Swim Camp entering grades 1–6 9 am–3 pm \$420 |
| July 28–Aug 1 | Academy of the Arts Ages 3–entering K 9 am–12 noon \$205 (must be potty trained) <i>Afternoon Fives: see above</i> | Academy of the Arts Entering grades 1–6 9 am–3 pm \$385 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$470 | Split-Day Squash Camp ages 6–9 NHLC Squash 9–11:45 am + Summer Program 11:45 am–3 pm \$415 |
| Aug 4–8 | Wonderful World of Wizards Ages 3–entering K 9 am–12 noon \$205 (must be potty trained) <i>Afternoon Fives: see above</i> | Wonderful World of Wizards Entering grades 1–6 9 am–3 pm \$385 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$470 | |
| August 11–15 | Lawn Club Cabaret Ages 3–entering K 9 am–12 noon \$205 (must be potty trained) <i>Afternoon Fives: see above</i> | Lawn Club Cabaret Entering grades 1–6 9 am–3 pm \$385 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$470 | Creative Theater Laboratory Entering grades 1–6 9 am–3 pm \$425 |

Welcome to the New Haven Lawn Club Summer Program 2025!

At the New Haven Lawn Club, we offer programs for children ranging from ages 3 to 13. Our general summer program, specialty camps, and before-and-after care programs provide children with engaging and exciting summer days embedded in New Haven's prestigious private club atmosphere. Over the course of the summer, each week focuses on different thematic activities that include crafts, science, and sports. Our specialty camps focus on a specific topic of interest, with a wide range of choices. Early registration is encouraged to ensure space, as enrollment is limited and assigned on a "first-come, first-serve" model. We incorporate flexibility, creativity and structure along with the intimacy provided by a small, professional staff. Our Director and Assistant Director are certified, practicing educators in Connecticut. Our head counselors and assistant counselors are trained to work with children of all ages as well.



Programming is dependent upon enrollment. Please support our new and exciting initiatives!

Specialty Camps for Summer 2025

LEGO® CAMP ages 7 and up

June 30–July 3, from 9 am to 12 noon
(option to join regular camp from 1–3 pm)

This LEGO®-based engineering specialty program will give our NHLC kiddos an opportunity to use creativity, problem-solving, and building skills to create spectacular and innovative creations. Space is limited in this program—register fast! On the registration form, there is an option to enroll in regular camp for the afternoon.

BAKING CAMP ages 7 and up

July 7–11, from 9 am to 12 noon
(option to join regular camp from 1–3 pm)

Back by popular demand! If you have a sweet tooth, this is the camp for you! Children will have the opportunity to create a different sweet treat each day. Campers will also learn the art of cake decorating. This camp will run from 9 am–12 noon, with an option to enroll in regular NHLC camp for the afternoon. Space is limited—register today!

SPECIALTY SWIM CAMPS entering grades 1–6

Novice: July 14–18; **Intermediate:** July 21–25; **Advanced:** July 7–11

Per members' request, the Advanced Swim Camp will run differently. Children will have the option to enroll in either NHLC Tennis or regular camp in the morning session. Swim Camp will take place after lunch for the afternoon with breaks in between. This program will max out at 8 campers. Please register right away to ensure a spot in this program. All registrations must receive approval from our Pool Director, Tyler Castellone.

CREATIVE THEATRE LABORATORY entering grades 1–6

August 11–15, from 9 am to 3 pm

Join us for another week filled with imagination, games, storytelling, and of course a performance. Get ready to move, dance, sing, write, direct, and act with our experienced Theater staff. Campers will participate in improv games, creating their own script, set design, and more. The week concludes with a performance by our theater ensemble.

Welcome to the NHLC Summer Program 2025!

New Haven Lawn Club Summer Program offers:

- Caring, competent, responsive, child-oriented supervision.
- A mixed age group camp with a relaxed, friendly atmosphere.
- An educational, fun activity related to the weekly theme.
- An age-appropriate, skill-building tennis clinic taught by the NHLC Tennis Program, offered by Michaela Kratochvilova and her staff.
- Split-Day Squash clinics for children ages 6–9 will be offered by Scott Young during the weeks of:

| | |
|---------------------------|------------------|
| June 23–27 | July 14–18 |
| June 30–July 3 (prorated) | July 21–25 |
| July 7–11 | July 28–August 1 |

- With this programming option, children enroll in the squash morning clinic from 9 am to 12 noon, then join regular camp for lunch and the afternoon. Scott is also offering the morning squash session during the weeks of June 9–13, June 16–20 and August 25–29. Please note that there is no regular afternoon camp during those weeks. Contact Scott Young at squash@nhlawnclub.com for Squash Camp questions and registrations for full day camps.
- Swim sessions overseen by NHLC Pool Director, Tyler Castellone, and the NHLC lifeguards.
- Sports and athletic games designed for your child's age/interests.
- Free swim supervised by playful, engaged counselors.
- Menus that offer fresh fruit and include healthy choices.
- During the "Free Choice" time block, children can choose among free swim, creative play, LEGO® and arts & crafts.
- Specialty camps offer intensive instruction in a small group setting and geared towards our upper elementary and middle school aged campers. (*Swim Camp, Baking Camp, LEGO® Camp and Creative Theatre Workshop*)
- Rainy day programming offers arts and crafts, theme-related projects, LEGO®, board games, Peabody Museum field trips and active indoor play in the squash courts.
- Flexible scheduling adapts to extreme heat and/or thundershowers to ensure a safe, enjoyable camp experience regardless of weather conditions.



PROGRAM HOURS BY AGE GROUP

Ages 3 to 4+:

Beforecare 8:30–9 am, Camp 9 am–12 noon.

Turning 5 or entering K:

Beforecare 8:30–9 am, Camp 9 am–12 noon,
Afternoon Fives 12–3 pm (no aftercare available for this age group)

Entering grades 1–6:

Beforecare 8:30–9 am, Camp 9 am–3 pm, Aftercare 3–5:30 pm.

Prorating at NHLC

We encourage all campers to attend each day of the week(s) that they sign up for here at camp. Regular attendance allows campers to experience the full amount of thematic activities and promotes social friendships with other children. The NHLC Summer Program has a policy in place for prorating.

- We do not offer a prorated amount for camp, aside from preschool camp, due to some local schools' policies on maintaining attendance during the summer months. See next item below.
- We understand that many preschools require attendance in the summer to hold spots for the fall. In this case, we will prorate for your child's camp attendance. If you choose to sign up for 2 days of camp, you will be billed half the amount of the full week's cost of camp.
- We do not prorate for specialty camps, due to the culminating activities and the individualized instruction provided by the specialist.
- We do offer prorating for both Beforecare and Aftercare: If you need to sign up your child for Beforecare or Aftercare, we can prorate the amount for the week based on the number of days needed.

Thank you for your understanding and continued support of the NHLC Summer Programs.

Beforecare and Aftercare: Information and Fees

Beforecare and Aftercare consists of a smaller group of children together with a counselor. Board games, playground time, swimming, arts and crafts, and LEGOs are daily activities. Snacks must be purchased by the member child at the Snack Bar. In case of thunderstorms or rain, the staff member brings the children inside and notifies the NHLC Front Desk about the group's location. Aftercare has a limited amount of space. **Please register a minimum of two weeks in advance to ensure your spot.** We cannot accept Aftercare registrations the week of or the day of.

- Full-day (9 am–3 pm camp) may sign up for Beforecare beginning at 8:30 am and Aftercare from 3–5:30 pm, billed at a weekly fee of \$45/Beforecare and \$130/Aftercare
- Children ages three to five (in the 9 am–12 noon camp) may sign up for Beforecare beginning at 8:30 am. However, Aftercare from 3–5:30 pm is ONLY for children entering grades 1–6.
- An extended day option until 3 pm is available for children who are turning five during the summer of 2025 or who are entering Kindergarten in the fall.
- Early drop-off prior to 8:45 am will be charged to the family as Beforecare.
- Late pick-up past 3:15 pm will be charged to the family as Aftercare.
- Late pick-up from Aftercare will be charged \$10 until 5:45 pm; \$20 will be charged after 5:45 pm.
- Please make sure that staff has current cell phones and names on file for all people who may pick up your child or who may be contacted in case of emergency.
- Please make sure the Summer Program has an EpiPen for your child if they have a severe allergy.



Children ages 3–Entering K (9 am–12 noon) and Afternoon Fives (12 noon–3 pm)

All children attending the Summer Program **MUST** be potty trained as this group swims daily in the “big pool”!

- Our youngest summer program members meet on a deck “just their size”.
- Each day children have a group tennis clinic and a group swim clinic designed for the needs of this age group.
**Children who use a swim bubble must do so while in the big pool. As their skill and comfort level increases, children transition to swimming without a bubble based on the assessment of the Pool Director, Tyler Castellone, and lifeguard staff.*
- Children’s daily activities follow a weekly theme; opportunities are provided for children to create individual projects and to work collaboratively.
- NHLC squash courts and the Grill Room Rotunda are used as alternative spaces in case of rain or extreme heat.
- We believe in the power of friendship and the power of fun!
- Please arrive wearing tennis whites, with sunscreen having already been applied at home.
- Pack and bring daily: sunscreen, a water bottle, towel, sun hat, bathing suit, goggles and play clothes.
- Please apply sunscreen at home in the morning. Summer Program staff will re-apply during the morning.
- This age group may sign up for Beforecare beginning at 8:30 am.
- The program day ends at 12 noon for three year-olds and younger four year-olds.
- Late pick-up past 12:15 pm will be charged \$10 until 12:30 pm; \$20 is charged after 12:30 pm.
- In case of rainy or extremely hot weather, please contact the NHLC Front Desk to find out where Summer Program campers are located.

Sample Daily Camp Schedule (ages 3–5): 9 am–12 noon

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|-------------------------|--|
| 8:30–9 am | Beforecare |
| 9–9:30 am | Welcome activities (free play and games) |
| 9:30–10 am | Tennis (PLEASE arrive wearing tennis whites and apply sunscreen at home!) |
| 10–10:15 am | Healthy snack, story |
| 10:15–10:45 am | Theme-based activity/project/craft |
| 11–11:30 am | Swim lessons with certified lifeguards (Always pack a swimsuit, goggles and towel!) |
| 11:30 am–12 noon | Playground and Kiddie Pool games (Pack play clothes!) |

“Afternoon Fives” (age 5 or entering K): 12 noon–3 pm

Children turning five or entering Kindergarten in the fall may register for our “Afternoon Fives” program, which extends their program day until 3 pm. There is no aftercare option for this age group.

Sample Daily Schedule (PreK age group): 12 noon–3 pm

| | |
|-------------------------|---|
| 12 noon–12:30 pm | Lunch |
| 12:30–12:45 pm | Playground time |
| 12:45–1:15 pm | Active Games (Squash Courts) |
| 1:15–1:30 pm | Storytime or deck crafts |
| 1:30–2 pm | Pool Play/Kiddie Pool (Please bring swimsuit, goggles and towel) |
| 2–2:30 pm | Free choice (crafts, LEGO®, bracelet-making, playground games) |
| 2:30–3 pm | Deck Activities |

Summer Program Weekly Themes

June 23–27 | Castaways Adventure Week

Ahoy, Matey’s! It’s a shipwreck situation here at the Lawn Club this week and we need YOU to help us find our way back to shore! We kick off the summer with a fun twist on pirate camp. From treasure hunts to ventures around the Club, we will have adventures a plenty!

June 30–July 3 (no camp July 4) | Kooky Chemistry

All future scientists unite for a week filled with experiments galore! We will be making our own slime and ice cream too! Exploring the world of science through hands-on age-appropriate experiences will surely result in a chemistry frenzy! Grab your lab coats and your goggles and get ready to explore!

July 7–11 | Medieval Times

Join us for this new week of NHLC camp as we transform the camp deck into the Medieval Times! From knights and queens to fencing lessons and so much more, we are so excited to bring something new (but old!) into our camp curriculum.

July 14–18 | Popstar Palooza

A twist on our usual dance week, we will be singing and dancing all throughout the club! From yoga to voice lessons, we will surely be in for a popstar treat this week! Our annual performance will be taking place in the ballroom on Friday, July 18. Get ready to move, groove, and sing your favorite lyrics here at the New Haven Lawn Club.

July 21–25 | Beach Bash

It’s a party at the NHLC...Beach style! Join us for a brand new fun-filled week of camp! This week, campers will participate in all things BEACH! From sandcastle competitions to water play, we will surely make this week memorable. Campers will also participate in science experiments related to water. Don’t miss this new beachy keen week!

July 28–August 1: | Academy of the Arts

Calling all artists! If you enjoy being creative and learning new artistic techniques, this week is for you! Campers will use a wide variety of media including paint and pastel. We will also be learning important skills such as weaving and hand-building. At the end of the week, families will be invited to an art show which will be a beautiful display and celebration of all of the fabulous creations from the week!

August 4–8 | The Wonderful World of Wizards

Harry Potter fans, come one, come all! This week, we will be participating in fun wizard games, potion making, and even our own take on Quidditch! We will also have a visit from the magician to end this marvelous week of magic!

August 11–15 | Drama Days

Get ready to explore your creative side during theater camp! Children will learn improv games, create props for scenery, and participate in a group performance. Every child will get to showcase their talents in their own way. We end the summer with our annual theater performance in the Ballroom.

Children Entering Grades 1–6 (9 am to 3 pm)

Our program is unique in our inclusion of children that range in age from 5 (turning 6) to 11. During certain segments of the day, activities and games are differentiated according to age and interests so that each child is guided through an age-appropriate activity while engaged with like-minded peers. As children span the age range in their design, development of and preferences in play, the age range present in our program enriches the children's day and provides a family-style atmosphere.

Please make sure that staff has current cell phones and names on file for all people who may pick up your child as well as emergency contacts. Also, please make sure the Summer Program has an EpiPen for your child if they have a severe allergy.

- Please apply sunscreen at home in the morning before arriving; staff will re-apply during the program day.
- When rain, thundershowers or extreme heat moves the Summer Program location indoors, call the NHLC Front Desk at 203-777-3494 to find out which room to pick up your child.
- This age group should arrive wearing play clothes as our morning activities are messy; children have time to change into tennis whites after morning snack.
- Pack and bring daily: tennis whites, water bottle, towel, sunhat, bathing suit, goggles and extra sunscreen/sunstick.
- The Peabody Museum, NHLC squash courts and other rooms in NHLC are used as alternative spaces on rainy days or in case of extreme heat. Alternate schedules are followed for rainy days, extreme heat, and field trips.



Sample Daily Schedule: Children ages 5+–11. 9 am–3 pm

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|------------------|---|
| 9–9:15 am | Welcome, Deck Activities |
| 9:15–10 am | Theme programming (Wear playclothes/apply sunscreen at home) |
| 10–10:30 am | Snack, change for tennis (Always pack tennis whites!) |
| 10:30–11:15 am | Tennis lesson given by tennis pros |
| 11:15–11:45 am | Pool games, free swim (Pack swimsuit, goggles and towel) |
| 12 noon–12:30 pm | Lunch |
| 12:30–1:30 pm | Activity choice/centers (playground, arts+crafts, LEGO®, bracelet making, etc.) |
| 1:30–2:30 pm | Organized sports/games on the field or in the squash courts |
| 2:30–3 pm | Free swim or playground |
| 3–5:30 pm | Aftercare |

Tennis and Squash during the Summer Program

Please read this information carefully as it explains choices NHLC families have regarding tennis and squash summer registration.

Please note: for tennis, white clothing is required to play; for squash, squash footwear and eyewear are required for play.

The Squash & Tennis Shops of NHLC sell gear needed to participate in the respective sport and the Directors may be contacted with any questions and/or to obtain additional information or to register for their own athletic camps which are held at the New Haven Lawn Club.

NHLC Tennis: Michaela Kratochvilova, tennis@nhlawnclub.com

NHLC Squash: Scott Young, squash@nhlawnclub.com

Summer program instruction at NHLC in both tennis and squash offers a fun introduction to each sport so children can develop a love of the game and build a foundation upon which to grow. Daily summer program tennis clinics are taught by the professional staff of NHLC TENNIS, while squash clinics are taught by Scott Young's pros. Both Michaela and Scott work closely with their pros to ensure that instruction is appropriate for children's growing athletic abilities and provides young stars with some key fundamentals that will "serve" them well for the rest of their lives.

TENNIS

For the 3 to 5 year olds, tennis is offered daily beginning at 9:30 am, and children must wear all white when they arrive at the summer program, and bring a set of play clothes to wear later in the morning.

For children entering grades 1–6, tennis is offered from 10:30–11:15 am; for this age group, children are encouraged to arrive in play clothes but must pack tennis whites daily and will be given time to change prior to playing tennis, as our morning theme-related activities are frequently filled with paint, clay, and glue galore.

NHLC Families may also register for a Tennis Split-Day Camp (NHLC Tennis Academy + NHLC Summer Program), where children attend NHLC Tennis Academy from 9 am–11:55 am, then join the

Summer Program campers for the remainder of the afternoon until 3 pm. Children who follow this program will join the summer program for lunch, afternoon sports, swim lesson, and free choice time block (arts and crafts, free swim, LEGOs, imaginative play), but will be at NHLC Tennis Academy during the time of the day when most theme-related programming takes place.

Families enrolling in NHLC Tennis but who need child care coverage on the Friday afternoons when NHLC Tennis ends at 1 pm may enroll in the NHLC Summer Program on these Fridays from 1–3 pm.

Michaela Kratochvilova, *NHLC Director of Tennis*, is originally from the Czech Republic and has dedicated her life to tennis and racquet sports. With over 15 years of experience running successful tennis and paddle programs in Fairfield County, she brings a deep passion for the sport and a commitment to fostering a positive club culture as the Director of Outdoor Racquets at NHLC.

Michaela's professional journey includes leadership roles such as Director of Adult Programming at SPORTIME Amagansett in the Hamptons; Director of Tennis at New Canaan Racquet Club in New Canaan, CT; Director of Racquets at Innis Arden Golf Club in Old Greenwich, CT; and Head Tennis Professional at Belle Haven Club in Greenwich, CT.

Her playing career is equally distinguished. Between 1996 and 1998, Michaela competed at the highest level of tennis in the Czech Republic's Extra League, facing world-class opponents like Martina Hingis and Jana Novotna. In 1999, she earned an athletic scholarship to Armstrong Atlantic State University (AASU), where she became a four-time All-American in both singles and doubles. Michaela is an Athletics Hall of Fame inductee at AASU, which was formerly ranked as the No. 1 tennis program in NCAA Division II. She holds a Bachelor of Science in Education and a Master's degree in Sports Management.

Michaela's mission is to promote the game of tennis as a sport that connects generations and provides a lifetime of joy. Join the NHLC tennis community and embark on a journey to improve your game and enhance your overall well-being.



NHLC Swim Camps 2025

Swim Camps

Novice: July 14–18 • Intermediate: July 21–25 • Advanced: July 7–11

The NHLC Swimming Camp is a way for moderate to avid swimmers to improve and excel under the direct instruction and supervision of the Pool Director.

Please read the descriptions carefully to select the level that is a correct match for your child. Applicants must be reviewed and accepted by our Pool Director to the levels within this program.

Novice and Intermediate Swim Camp participants will receive two individual lessons with the Director and lifeguards during the week, as well as participating in two 45-minute block group lessons. These campers also participate in the theme-based activities that take place throughout the Summer Program day.

Advanced Swim Camp will run as an extended afternoon session with group lessons and individualized instruction as in the past. This camp will be from 12:45 to 3 pm, with necessary breaks in between. Children will have the option to enroll in the NHLC Tennis Academy in the morning as a Split-Day Tennis option, Regular camp, or LEGO camp. Children who enroll in either program will participate in their program of choice and then eat lunch with the whole camp group. After lunch, they will be given time to change and unwind before heading to the pool at 12:45 pm for Advanced Swim Camp.

Children need to bring and wear goggles during all swim lessons. Those with shoulder length hair or longer should bring and wear a bathing cap during the lesson to promote proper head position and to deter from habits formed by hair getting in the way.

Week of July 14–18: Novice

Typically, this child cannot swim one lap of the pool, lengthwise. The deep end of the pool is not their most comfortable place in the pool. Children will learn the basics of the front crawl (freestyle) and the back crawl (backstroke) and be introduced to breaststroke and butterfly. *Novice level will, in general, be for ages 5 to 7, but children sign up according to their ability level.*

Week of July 21–25: Intermediate

This swimmer can swim multiple laps, but needs to work on rotary breathing and proper stroke technique. Children will be taught multiple drills that will improve technique and stamina. Typically, this child is on the swim team, is close to making that decision, or is just motivated to improve their strokes. In addition to helping hone the four strokes, we will discuss the entire “swim team experience”—their expectations, their coach’s expectations, and those of their parents. *Young Competitor level, in general, ranges from ages 6–8, but children sign up according to their ability level.*

Week of July 7–11: Advanced

This swimmer will have been on the NHLC swim team during past summers, or swims competitively during the winter months. During this week, each participant will have an opportunity to work on specialty strokes in small groups, with instruction tailored specifically to their strengths and weaknesses. This will give participants a wonderful opportunity to perfect strokes just before the Connecticut Private Club Championships, scheduled for the following week.



SQUASH

Split-Day Squash Clinics are offered from June 23 to August 1, during these weeks of the summer program. Children ages 6–9 can register for Squash in the morning from 9 am–12 noon, and then join us for lunch and regular camp for the afternoon. Children will gain experience with many aspects of squash: drives, drop-shots and cross-courts among others, along with keen competition, good sportsmanship, mental toughness, physical agility, and having fun with squash-mates!

During the weeks of June 9, June 16 and August 25, Squash will also be offered for the 9 am–12 noon option, however regular afternoon camp is NOT offered during these weeks.



NHLC Swim Lesson Program and Swim Team 2025



Swim Lesson Program

This summer, our swim lesson program will run from the middle of June until the beginning of August before the kids go back to school. Every participant's first swim lesson will be an evaluation with the instructor to gain knowledge of the swimmer's current abilities and decide what steps and goals are appropriate for the swimmer. Our program will be open for swimmers that are age 5 years and older. Some exceptions may apply—however no one is ever too old to improve their swimming ability! We will closely follow the American Red Cross six-level water safety lesson guide and will judge and evaluate swimmers based on similar credentials. Swim lessons will be scheduled Monday through Friday from open until 5 pm on most afternoons, weather permitting.

Pricing: 30 minute lesson: \$38 / 15 minute lesson: \$22

NHLC Swim Team Program

Participants must be members of the NHLC

Last summer, our NHLC Swim Team placed fourth in the League Championship with a total of 25 athletes competing during the season. The coaching staff is very excited to get this summer started! We are looking for athletes who love to swim and are interested in racing with their friends, as well as making new friends. The swim team practices Monday through Friday with competitions taking place on the weekends. The practice schedule varies depending on the age group, and exceptions may apply based on schedule conflicts. We have a lot of fun training, and really enjoy competing with other clubs in the area! At the end of May, the coaching staff will host an informational meeting regarding the expectations and requirements for the season. If your swimmer can swim at least one lap of one or more strokes in the pool without stopping—we want them on our team!

Practice Time:

8 & Under: Tuesday and Thursday, from 3:45– 4:30 pm

9 & 10: Monday, Wednesday and Friday, from 3:45–4:30 pm

11+: Monday through Friday, from 4:30–5:30 pm

Meet Schedule for Summer 2025 (Rough Draft)

June 21: at Bronson Country Club

June 28: at NHLC vs Old Saybrook Racquet Club

July 5: at Pine Orchard Yacht & Country Club

July 12: at Milford Yacht Club

July 19: at NHLC vs Farms Country Club Division 2

TBD: Championships

Pricing:

First child: \$75 / Second child: \$50 / Third child: \$25



Tyler Castellone, *NHLC Pool Director*, returns to NHLC for his second summer. He received a bachelor's degree in Sports Management from Southern Connecticut State University, a masters degree in Sports Leadership with a concentration in Collegiate Administration from Northeastern University, and is pursuing his second masters degree in Middle School Mathematics in Education from Western Governors University. During the school year, Tyler teaches seventh grade Mathematics in Waterbury, and coaches high school swimming and diving in Southington. In his spare time, Tyler enjoys being outside—in the sun or snow. He is determined to maintain safety and fun on the pool deck and to have a successful season with the NHLC Swim Team and lesson programs!



Registration Policies | NHLC Summer Program 2025

- Email this **Summer Program** Registration Form to **camp@nhlawnclub.com** (Jennifer Silva)
- Register for **NHLC Tennis Academy** by contacting Michaela at **tennis@nhlawnclub.com**
- Register for **Squash Camps** by contacting Scott Young at **squash@nhlawnclub.com**
- If you are registering for **Split-Day NHLC Tennis Academy/Summer Program Camp**, please send your registration, emergency contacts, health information and lunch forms to Jen at camp@nhlawnclub.com.
- If you are registering for **Split-Day NHLC Squash Program/Summer Program Camp**, please send your registration, emergency contacts, health information and lunch forms to Jen at camp@nhlawnclub.com.
- Full-day camp (9 am–3 pm) may sign up for Beforecare beginning at 8:30 am and Aftercare from 3–5:30 pm.
- Half-day camp (9 am–12 noon) may sign up for Beforecare beginning at 8:30 am.
- Early drop-off (prior to 8:45 am) will be charged to the family as Beforecare.
- Late pick-up (past 3:15 pm) will be charged to the family as Aftercare.
- Late pick-up from Aftercare will be charged \$10 until 5:45 pm; \$20 will be charged after 5:45 pm.
- Please make sure that staff has current cell phone numbers and names on file for all people who may pick up your child or who may be contacted in case of emergency.
- Please make sure the Summer Program has an EpiPen and updated health information/emergency health action plan on file for your child if they have a severe allergy.
- **“PROOF OF PHYSICAL” FORM MUST BE RECEIVED PRIOR TO YOUR CHILD’S START DATE.**
Failure to provide this form will result in a delay in your child’s start date. We cannot allow them to attend camp until this form is received. Physical must be within the last three years.
- **REGISTRATIONS ARE NON-REFUNDABLE.** We will try to accommodate changes by applying payments towards other weeks of REGULAR CAMP, as long as the program your child signed up for has filled up past its required minimum number of participants.
- **A \$25 change fee applies to all registration changes** made once enrollment has been processed.
- At the New Haven Lawn Club, we foster an environment of mutual respect. It is our expectation that both staff and children exude respect and appropriate behavior towards others. Should a repetitive issue arise wherein disrespect or harm to another child is displayed, the child may be dismissed from camp to ensure the wellbeing of others.
- **A minimum enrollment is required to run all programs. Spaces are allocated on a “first-come, first served” basis.**
The program may not enroll past its limits due to safety considerations. **Please enroll early to ensure space in the program your child wishes to attend.**
- Please submit Emergency Contacts, Health Information and Lunch Forms at the time of registration along with your child’s Summer Program registration. Both paper and electronic copies are gladly accepted. Emergency Contacts and Lunch Forms must be received at least two weeks prior to when your child begins camp.

I have read and agree to the New Haven Lawn Club Summer Program Registration Policies:

Member name _____

Member # _____

Member signature: _____

Registration and Emergency Contact Information | NHLC Summer Program 2025

Please check off each week your child(ren) will attend NHLC Summer Program:

June 23–27 June 30–July 3 July 7–11 July 14–18 July 21–25 July 28–August 1 August 4–8 August 11–15

Families w/multiple children participating will receive 10% discount on each additional child.

Please fill out one emergency contact form for EACH child who will attend the NHLC Summer Program.

Member name: _____ **Member #:** _____

Child name: _____

Child age: _____ Child DOB: _____

Grade entering in the fall: _____ T-shirt size: _____

Parent/Guardian 1 name: _____

Parent/Guardian 1 phone (home): _____ (work): _____ (cell): _____

Parent/Guardian 1 email: _____

Parent/Guardian 2 name: _____

Parent/Guardian 2 phone (home): _____ (work): _____ (cell): _____

Parent/Guardian 2 email: _____

Asthma, allergies or other health concerns? Yes No (If yes, complete separate **Emergency Health Care Plan.**)

Please list health concerns here: _____

Pediatrician name: _____ **Pediatrician phone:** _____

Pediatrician address: _____

Hospital of choice: _____

Hospital address: _____

Emergency Contacts:

Name: _____ phone: _____

Name: _____ phone: _____

Name: _____ phone: _____

People permitted to pick up my child (family, babysitters, friends) and telephone numbers:

Name: _____ phone (cell): _____ (other phone): _____

Name: _____ phone (cell): _____ (other phone): _____

Name: _____ phone (cell): _____ (other phone): _____



Registration Information Form | NHLC Summer Program 2025

| | | |
|----------------------------|-----------------------|------------|
| Member name: _____ | Member#: _____ | |
| Child's name: _____ | Age: _____ | DOB: _____ |
| Child's name: _____ | Age: _____ | DOB: _____ |
| Child's name: _____ | Age: _____ | DOB: _____ |

Please initial your agreement and permission to the following:

- _____ It is understood that all exercise and use of all facilities shall release NHLC TENNIS and New Haven Lawn Club from any and all claims, demands, injuries, damages, actions or causes of actions to person or property arising out of, or connected with the use of any services or facilities of New Haven Lawn Club at the premises where the same are located; including those arising from the acts of active or passive negligence; and therefore discharged from all such claims, demands, injuries, damages and punitive proceedings from alleged causes of action.
- _____ For tennis, all campers should wear smooth sole tennis shoes (no running or cross trainers) and white clothing, bring a racket (available through tennis shop) a towel, extra t-shirt and/or outfit, sunscreen, and a whole lot of energy!! For squash, squash footwear and eyewear is needed for the courts.
- _____ Staff may apply sunscreen as needed throughout the day.
- _____ Children may be transported by private car driven by NHLC staff or walk accompanied by NHLC staff as needed for off-site field trips.
- _____ Childrens' photos may used in camp publicity materials or posted in galleries on the NHLC website or Instagram page.

CHECK HERE IF YOUR CHILD IS **NOT A PROFICIENT SWIMMER.**

CHECK HERE IF YOU **DO NOT WANT** YOUR CHILDREN'S PHOTOS USED IN PUBLICITY MATERIALS.

Parent/Guardian electronic signature: _____ Date: _____

What to Wear and Bring to Camp | NHLC Summer Program 2025

Keep this page at home as a reference.

General reminders:

- Please label all items brought to camp with your child's name.
- Tennis whites must be worn in order to play on the tennis courts.
- Squash footwear and eyewear must be worn to play on the squash courts.
- *Emergency Forms, Pick-up Permissions, and Proof of Physical* must be completed fully and, if medically necessary, an EpiPen left with staff.
- Morning snack is provided as part of the NHLC Summer Program fee; Tennis Camp and Tennis Academy campers purchase their snack at the Snack Bar.
- Lunch is ordered through the Snack Bar. Lunch forms must be submitted prior to children attending camp. Each child's lunch form must be reviewed every Monday morning with camp staff prior to parent/caregiver departure to ensure that children and parents/caregivers have chosen foods that please *both* child and parent/caregiver.



All Summer Program Campers

Bring to camp:

- Sunscreen, sunstick, sunhat and coverup, water bottle
- Bathing suit, goggles, towel, hairbrush/hair ties as needed, poolside footwear (crocs, sandals, etc.)
- Rain jacket and/or sweatshirt (if rainy/cool weather)

Three to five year-olds (9 am–12 noon campers):

- Children must be potty trained to attend the NHLC Summer Program.
- *Arrive wearing tennis whites and athletic footwear.*
- Bring two sets of play clothes. (Please leave one in a Ziplock bag to have available as an extra change of clothes.)
- Bring your tennis racket and a filled water bottle.
- Bring sunscreen, sunstick, sunhat and coverup, water bottle.
- Bring your bathing suit, goggles, towel, hairbrush/hair ties as needed, poolside footwear (crocs, sandals, etc.)
- If rainy/cool weather, bring rain jacket and/or sweatshirt.

Five to 12 year-olds (9 am–3 pm campers):

- Arrive wearing play clothes and athletic footwear.
- *Bring your tennis whites* to change into.
- Bring your tennis racket and a filled water bottle.
- Bring sunscreen, sunstick, sunhat and coverup, water bottle.
- Bring your bathing suit, goggles, towel, hairbrush/hair ties as needed, poolside footwear (crocs, sandals, etc.)
- If rainy/cool weather, bring rain jacket and/or sweatshirt.

Aftercare/Beforecare Campers:

- Bring a book from home you like to read.



Permissions Form | NHLC Summer Program 2025

Complete a separate form for each child attending. Return to NHLC attn: Jen Silva *before* your child begins the Summer Program:

Permissions Form **Lunch Form** **Health Form**

Child's Name: _____

Food: Children receive a morning snack as part of their camp enrollment and should bring a refillable water bottle daily. Families submit weekly lunch orders from the Snack Bar Menu along with camp enrollment. Children must stay within a “healthy choices” menu during camp hours and wait until camp ends to order ice cream, chips, etc.. Children attending Aftercare purchase snacks directly from the Snack Bar; for children enrolled in Aftercare, families must communicate with Summer Program staff about the guidelines for their child’s choices at the Snack Bar. While we are not a peanut-free program, we do not provide children with snacks containing peanuts, tree nuts or other nut-containing products to limit the risk of exposure. However, families whose children have severe allergies need to leave EpiPen and antihistamine medication with the Summer Program and complete the Emergency Health Plan.

____ **Initial here to confirm you have read and understand the Summer Program food policies.**

____ **Initial here to give permission for your child to order an afternoon snack** from a list of “healthy” choices open to camp children.

Sunscreen: Children should arrive at camp already wearing sunscreen. However, they will need it applied throughout the day.

Please initial the box to allow camp staff to apply additional sunscreen to your child during the camp day.

____ **Initial here to give permission for camp staff to apply sunscreen to your child.**

Photo Permission:

____ **Initial here if you do** give permission for photos of your child to be posted on the NHLC website photo galleries, used in *Clippings* (NHLC member newsletter), or used for camp publicity materials.

____ **Initial here if you do not** give permission for photos of your child to be posted on the NHLC website photo galleries or used for camp publicity materials.

____ **Initial here if you do** give permission for your child to be featured in NHLC social media platforms (Facebook/ Instagram).

____ **Initial here if you do not** give permission for your child to be featured in NHLC social media platforms (Facebook/Instagram).

Transport (walking, automobile, bus):

____ **Initial here to give permission** for your child to be escorted and/or transported by Lawn Club staff in the event of field trips or medical emergencies.

Allergies/Asthma/Other Medical: Family whose child has an allergy requiring medication must fill out **Emergency Medical Form**.

____ **Initial here if your child has allergies/asthma/other medical concerns and you have filled out the Emergency Medical Form.**

____ **Initial here to allow camp staff to give the following medication(s) to your child:**

medication _____ dosage _____ call _____

medication _____ dosage _____ call _____

medication _____ dosage _____ call _____

____ **Initial here to acknowledge you are aware that while camp staff members are not medical professionals, they are trained to administer medication in the event that you request them to do so, or in a medical emergency.**

____ **Initial here if you have filled out the required Emergency Medical Form.**

It is understood that all exercise and use of all facilities, as well as escort and transport to and from off-site field trips and in the case of medical emergencies shall release New Haven Lawn Club and its staff from any and all claims, demands, injuries, damages, actions or causes of actions to person or property arising out of, or connected with the use of any services or facilities of New Haven Lawn Club at the premises where the same are located; including those arising from the acts of active or passive negligence; and New Haven Lawn Club and its staff are therefore discharged from all such claims, demands, injuries, damages and punitive proceedings from alleged causes of action.

Parents'/Guardians' Names: _____

Parents'/Guardians' Signatures: _____

Health Exam/Record for Campers and Staff | NHLC Summer Program 2025

Please return completed form to the Camp.

Camper Staff

Name: _____ Date of birth: _____ Telephone: _____

Guardian: _____

Address: _____

Emergency Contact: _____ Telephone: _____

Date of arrival at camp: _____ Departure date: _____

To be completed by the specified Medical Practitioner:

May participate in all camp activities Date of exam: _____

May participate except for: _____

Medical information pertinent to routine care and emergencies: _____

Is this individual taking prescription or over the counter medication(s)? Yes No

If yes, indicate names of medication(s): _____

Does the individual have allergies? Yes No Explain: _____

Is the individual on a special diet? Yes No Explain: _____

Does the individual have special needs? Yes No Explain: _____

This camper/staff is up-to-date on all the following routine childhood immunizations currently recommended by the American Academy of Pediatrics and National Advisory Committee on Immunization Practices:

| | YES | NO |
|------------|-----|----|
| Measles | | |
| Mumps | | |
| Rubella | | |
| Chickenpox | | |
| Tetanus | | |

| | YES | NO |
|------------------------|-----|----|
| Hepatitis B | | |
| Diphtheria | | |
| Pertussis | | |
| Pneumococcal conjugate | | |
| Polio | | |

Comments: _____

Print name of medical care provider: _____

Medical care provider's address: _____

Medical care provider's city/town: _____ State: _____ Zip code: _____

Signature of Physician, PA, APRN or RN: _____

Date form signed: _____ Telephone: _____

Lunch Form | NHLC Summer Program 2025

Member Name: _____ Member # _____

Child's Name: _____ Child's age: _____ Allergies: _____

Lunch for Week of: June 16 June 23 June 30 July 7 July 14 July 21 July 28 August 4 August 11

Camp attending: Summer Program NHLC Tennis Split-Day: Tennis/Summer Prog. Split-Day: Squash/Summer Prog. Specialty Camp

Check one sandwich and one beverage for each day OR choose weekly special for that week. For families with food allergies, please note that peanut butter is served at the Snack Bar. All children with allergies must provide an Emergency Health Plan and EpiPen to Summer Program staff. (If your child stays for Aftercare, please communicate with Summer Program staff about Snack Bar selections made for that time period.)

Camp Menu Weekly Special: \$9 includes beverage choice of milk, chocolate milk, apple juice, or fruit punch

- | | |
|--|---|
| <input type="checkbox"/> week 1 (June 16–20): Meatball sub, apple slices | <input type="checkbox"/> week 6 (July 21–25): Mac and cheese, broccoli, fruit cup |
| <input type="checkbox"/> week 2 (June 23–27): Mac and cheese, broccoli, fruit cup | <input type="checkbox"/> week 7 (July 28–Aug 1): Mozzarella sticks, tomato sauce, grapes |
| <input type="checkbox"/> week 3 (June 30–July 3): Mozzarella sticks, tomato sauce, grapes | <input type="checkbox"/> week 8 (Aug 4–8): Mini waffles, syrup, sliced banana, breakfast sausage |
| <input type="checkbox"/> week 4 (July 7–11): French toast sticks, syrup, bacon, strawberries | <input type="checkbox"/> week 9 (Aug 11–15): Meatball sub, apple slices |
| <input type="checkbox"/> week 5 (July 14–18): Mini waffles, syrup, sliced banana, breakfast sausage | <input type="checkbox"/> option (all weeks) : Popcorn chicken, fries, fruit cup |

| DAY | Option 1 | Option 2 | Option 3 | Beverage |
|------------------|---|---|--|---|
| MONDAY | <input type="checkbox"/> Weekly special or <input type="checkbox"/> option \$9 <input type="checkbox"/> BLT \$6.25 <input type="checkbox"/> Bacon egg cheese \$6 <input type="checkbox"/> PB and grape jelly \$4.75 <input type="checkbox"/> Hamburger \$8.50 <input type="checkbox"/> Hamburger w/cheese \$8.75 <input type="checkbox"/> Veggie burger \$8 | <input type="checkbox"/> Veggie burger w/cheese \$8.25 <input type="checkbox"/> Impossible burger \$8.25 <input type="checkbox"/> Impossible burger w/cheese \$8.50 <input type="checkbox"/> Grilled cheese \$4.75 <input type="checkbox"/> Grilled cheese w/bacon & tomato \$5.75 <input type="checkbox"/> Grilled chicken breast \$8.25 <input type="checkbox"/> Grilled chicken breast w/cheese \$8.50 | <input type="checkbox"/> Hummels hot dog \$4.75 <input type="checkbox"/> Cesar salad \$8 <input type="checkbox"/> Cesar salad w/chicken \$12 <input type="checkbox"/> Chicken fingers \$6.75 <input type="checkbox"/> Cheese quesadilla \$5 <input type="checkbox"/> Cheese quesadilla w/chicken \$7.50 <input type="checkbox"/> Fruit salad with mini-yogurt \$5.75 | <input type="checkbox"/> Lemonade \$2.50 <input type="checkbox"/> Apple juice (10 oz) \$2.50 <input type="checkbox"/> Milk/low fat choc. milk \$1.50 <input type="checkbox"/> Orange juice \$2.75 <input type="checkbox"/> Gatorade (20 oz) \$2.50 color/flavor: _____ |
| TUESDAY | <input type="checkbox"/> Weekly special or <input type="checkbox"/> option \$9 <input type="checkbox"/> BLT \$6.25 <input type="checkbox"/> Bacon egg cheese \$6 <input type="checkbox"/> PB and grape jelly \$4.75 <input type="checkbox"/> Hamburger \$8.50 <input type="checkbox"/> Hamburger w/cheese \$8.75 <input type="checkbox"/> Veggie burger \$8 | <input type="checkbox"/> Veggie burger w/cheese \$8.25 <input type="checkbox"/> Impossible burger \$8.25 <input type="checkbox"/> Impossible burger w/cheese \$8.50 <input type="checkbox"/> Grilled cheese \$4.75 <input type="checkbox"/> Grilled cheese w/bacon & tomato \$5.75 <input type="checkbox"/> Grilled chicken breast \$8.25 <input type="checkbox"/> Grilled chicken breast w/cheese \$8.50 | <input type="checkbox"/> Hummels hot dog \$4.75 <input type="checkbox"/> Cesar salad \$8 <input type="checkbox"/> Cesar salad w/chicken \$12 <input type="checkbox"/> Chicken fingers \$6.75 <input type="checkbox"/> Cheese quesadilla \$5 <input type="checkbox"/> Cheese quesadilla w/chicken \$7.50 <input type="checkbox"/> Fruit salad with mini-yogurt \$5.75 | <input type="checkbox"/> Lemonade \$2.50 <input type="checkbox"/> Apple juice (10 oz) \$2.50 <input type="checkbox"/> Milk/low fat choc. milk \$1.50 <input type="checkbox"/> Orange juice \$2.75 <input type="checkbox"/> Gatorade (20 oz) \$2.50 color/flavor: _____ |
| WEDNESDAY | <input type="checkbox"/> Weekly special or <input type="checkbox"/> option \$9 <input type="checkbox"/> BLT \$6.25 <input type="checkbox"/> Bacon egg cheese \$6 <input type="checkbox"/> PB and grape jelly \$4.75 <input type="checkbox"/> Hamburger \$8.50 <input type="checkbox"/> Hamburger w/cheese \$8.75 <input type="checkbox"/> Veggie burger \$8 | <input type="checkbox"/> Veggie burger w/cheese \$8.25 <input type="checkbox"/> Impossible burger \$8.25 <input type="checkbox"/> Impossible burger w/cheese \$8.50 <input type="checkbox"/> Grilled cheese \$4.75 <input type="checkbox"/> Grilled cheese w/bacon & tomato \$5.75 <input type="checkbox"/> Grilled chicken breast \$8.25 <input type="checkbox"/> Grilled chicken breast w/cheese \$8.50 | <input type="checkbox"/> Hummels hot dog \$4.75 <input type="checkbox"/> Cesar salad \$8 <input type="checkbox"/> Cesar salad w/chicken \$12 <input type="checkbox"/> Chicken fingers \$6.75 <input type="checkbox"/> Cheese quesadilla \$5 <input type="checkbox"/> Cheese quesadilla w/chicken \$7.50 <input type="checkbox"/> Fruit salad with mini-yogurt \$5.75 | <input type="checkbox"/> Lemonade \$2.50 <input type="checkbox"/> Apple juice (10 oz) \$2.50 <input type="checkbox"/> Milk/low fat choc. milk \$1.50 <input type="checkbox"/> Orange juice \$2.75 <input type="checkbox"/> Gatorade (20 oz) \$2.50 color/flavor: _____ |
| THURSDAY | <input type="checkbox"/> Weekly special or <input type="checkbox"/> option \$9 <input type="checkbox"/> BLT \$6.25 <input type="checkbox"/> Bacon egg cheese \$6 <input type="checkbox"/> PB and grape jelly \$4.75 <input type="checkbox"/> Hamburger \$8.50 <input type="checkbox"/> Hamburger w/cheese \$8.75 <input type="checkbox"/> Veggie burger \$8 | <input type="checkbox"/> Veggie burger w/cheese \$8.25 <input type="checkbox"/> Impossible burger \$8.25 <input type="checkbox"/> Impossible burger w/cheese \$8.50 <input type="checkbox"/> Grilled cheese \$4.75 <input type="checkbox"/> Grilled cheese w/bacon & tomato \$5.75 <input type="checkbox"/> Grilled chicken breast \$8.25 <input type="checkbox"/> Grilled chicken breast w/cheese \$8.50 | <input type="checkbox"/> Hummels hot dog \$4.75 <input type="checkbox"/> Cesar salad \$8 <input type="checkbox"/> Cesar salad w/chicken \$12 <input type="checkbox"/> Chicken fingers \$6.75 <input type="checkbox"/> Cheese quesadilla \$5 <input type="checkbox"/> Cheese quesadilla w/chicken \$7.50 <input type="checkbox"/> Fruit salad with mini-yogurt \$5.75 | <input type="checkbox"/> Lemonade \$2.50 <input type="checkbox"/> Apple juice (10 oz) \$2.50 <input type="checkbox"/> Milk/low fat choc. milk \$1.50 <input type="checkbox"/> Orange juice \$2.75 <input type="checkbox"/> Gatorade (20 oz) \$2.50 color/flavor: _____ |
| FRIDAY | <input type="checkbox"/> Weekly special or <input type="checkbox"/> option \$9 <input type="checkbox"/> BLT \$6.25 <input type="checkbox"/> Bacon egg cheese \$6 <input type="checkbox"/> PB and grape jelly \$4.75 <input type="checkbox"/> Hamburger \$8.50 <input type="checkbox"/> Hamburger w/cheese \$8.75 <input type="checkbox"/> Veggie burger \$8 | <input type="checkbox"/> Veggie burger w/cheese \$8.25 <input type="checkbox"/> Impossible burger \$8.25 <input type="checkbox"/> Impossible burger w/cheese \$8.50 <input type="checkbox"/> Grilled cheese \$4.75 <input type="checkbox"/> Grilled cheese w/bacon & tomato \$5.75 <input type="checkbox"/> Grilled chicken breast \$8.25 <input type="checkbox"/> Grilled chicken breast w/cheese \$8.50 | <input type="checkbox"/> Hummels hot dog \$4.75 <input type="checkbox"/> Cesar salad \$8 <input type="checkbox"/> Cesar salad w/chicken \$12 <input type="checkbox"/> Chicken fingers \$6.75 <input type="checkbox"/> Cheese quesadilla \$5 <input type="checkbox"/> Cheese quesadilla w/chicken \$7.50 <input type="checkbox"/> Fruit salad with mini-yogurt \$5.75 | <input type="checkbox"/> Lemonade \$2.50 <input type="checkbox"/> Apple juice (10 oz) \$2.50 <input type="checkbox"/> Milk/low fat choc. milk \$1.50 <input type="checkbox"/> Orange juice \$2.75 <input type="checkbox"/> Gatorade (20 oz) \$2.50 color/flavor: _____ |

Camp Selection Form for weeks **June 23–27, June 30–July 3** | NHLC Summer Program 2025

Use this form for these programs:

- Full and half-day Summer Program
- Swim/Specialty Camps/Internships
- Beforecare/Aftercare/Afternoon Fives
- Friday after 1 pm (only for those taking NHLC Tennis Academy full-day camp, which ends at 1 pm on Fridays)

To register for NHLC Tennis Academy:

Michaela Kratochvilova, tennis@nhlawnclub.com

To register for Squash Camps:

Scott Young, squash@nhlawnclub.com

Questions/register for Summer Program,

Swim and Specialty Camps:

Jennifer Silva, camp@nhlawnclub.com

To register for Split-Day Camp

(NHLC Tennis Academy morning +

Summer Program afternoon): Please send your:

- Registration
 - Emergency Contacts
 - Health Information
 - Lunch Forms
- to Jen at camp@nhlawnclub.com

NHLC Squash and NHLC Tennis Campers attending “Add-on” afternoon hours or Aftercare MUST submit an Emergency Contact Form and Health Form to Jen at camp@nhlawnclub.com.

Member name: _____ Member # _____ Date: _____

Child(ren)’s name: _____

Child(ren)’s age: _____ Child(ren)’s date of birth: _____

Please check each week your child(ren) will attend NHLC Summer Program:

June 23–27 June 30–July 3 July 7–11 July 14–18 July 21–25 July 28–August 1 August 4–8 August 11–15

(Families w/multiple children participating will receive a 10% discount for each additional child.)

| | Program | Fee | ✓ | Child/Children’s names |
|--|---|--------------------------|--------------------------|------------------------|
| June 23–27 NEW! Castaways Adventure | BEFORECARE: 8:30–9 am, ages 3–11 | \$45 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$205 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$190 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm, entering grades 1–6 | \$385 | <input type="checkbox"/> | |
| | Split-Day Tennis Camp: entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$275) + Summer Program 11:45 am–3 pm (\$195) | \$470 | <input type="checkbox"/> | |
| | Split-Day Squash Camp: ages 6–9 NHLC Squash 9–11:45 am (\$220) + Summer Program 11:45 am–3 pm (\$195) | \$415 | <input type="checkbox"/> | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm) | \$40 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | <input type="checkbox"/> | |
| June 30–July 3 *No camp July 4 Kooky Chemistry | BEFORECARE: 8:30–9 am, ages 3–11 | \$40 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$165 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$160 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm, entering grades 1–6 | \$310 | <input type="checkbox"/> | |
| | Split-Day Tennis Camp: entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$270) + Summer Program 11:45 am–3 pm (\$160) | \$430 | <input type="checkbox"/> | |
| | Split-Day Squash Camp: ages 6–9 NHLC Squash 9–11:45 am (\$220) + Summer Program 11:45 am–3 pm (\$160) | \$380 | <input type="checkbox"/> | |
| | LEGO® Camp 9 am–12 noon, ages 7 and up | \$200 | <input type="checkbox"/> | |
| | LEGO® Camp 9 am–12 noon (\$200) + Summer Program 12 noon– 3 pm (\$160) | \$360 | <input type="checkbox"/> | |
| AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$110 | <input type="checkbox"/> | | |

Camp Selection Form for weeks July 7–11 | NHLC Summer Program 2025

Use this form for these programs:

- Full and half-day Summer Program
- Swim/Specialty Camps/Internships
- Beforecare/Aftercare/Afternoon Fives
- Friday after 1 pm (only for those taking NHLC Tennis Academy full-day camp, which ends at 1 pm on Fridays)

To register for NHLC Tennis Academy:

Michaela Kratochvilova, tennis@nhlawnclub.com

To register for Squash Camps:

Scott Young, squash@nhlawnclub.com

Questions/register for Summer Program, Swim and Specialty Camps:

Jennifer Silva, camp@nhlawnclub.com

To register for Split-Day Camp

(NHLC Tennis Academy morning + Summer Program afternoon): Please send your:

- Registration
 - Emergency Contacts
 - Health Information
 - Lunch Forms
- to Jen at camp@nhlawnclub.com

NHLC Squash and NHLC Tennis Campers attending “Add-on” afternoon hours or Aftercare MUST submit an Emergency Contact Form and Health Form to Jen at camp@nhlawnclub.com.

Member name: _____ Member # _____ Date: _____

Child(ren)’s name: _____

Child(ren)’s age: _____ Child(ren)’s date of birth: _____

Please check each week your child(ren) will attend NHLC Summer Program:

- June 23–27 June 30–July 3 July 7–11 July 14–18 July 21–25 July 28–August 1 August 4–8 August 11–15

(Families w/multiple children participating will receive a 10% discount for each additional child.)

| | Program | Fee | ✓ | Child/Children’s names |
|--|---|--------------------------|--------------------------|------------------------|
| July 7–11 | BEFORECARE: 8:30–9 am, ages 3–11 | \$45 | <input type="checkbox"/> | |
| Medieval Times | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$205 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$190 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm, entering grades 1–6 | \$385 | <input type="checkbox"/> | |
| | Split-Day Tennis Camp: entering grades 1–6 <u>NHLC Tennis Academy</u> 9–11:45 am (\$275) + <u>Summer Program</u> 11:45 am–3 pm (\$195) | \$470 | <input type="checkbox"/> | |
| | Split-Day Squash Camp: ages 6–9 <u>NHLC Squash</u> 9–11:45 am (\$220) + <u>Summer Program</u> 11:45 am–3 pm (\$195) | \$415 | <input type="checkbox"/> | |
| | Baking Camp 9 am–12 noon, ages 7 and up | \$215 | <input type="checkbox"/> | |
| | Baking Camp 9 am–12 noon (\$215) + Summer Program 12 noon– 3 pm (\$195) | \$425 | <input type="checkbox"/> | |
| | <u>Summer Program</u> (morning) + Advanced Swim Camp (afternoon), ages 10 and up | \$420 | <input type="checkbox"/> | |
| | <u>NHLC Tennis Academy</u> (morning) + Advanced Swim Camp (afternoon), ages 10 and up | \$460 | <input type="checkbox"/> | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$40 | <input type="checkbox"/> | |
| AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | <input type="checkbox"/> | | |

Camp Selection Form for weeks **July 14–18, July 21–25** | NHLC Summer Program 2025

Use this form for these programs:

- Full and half-day Summer Program
- Swim/Specialty Camps/Internships
- Beforecare/Aftercare/Afternoon Fives
- Friday after 1 pm (only for those taking NHLC Tennis Academy full-day camp, which ends at 1 pm on Fridays)

To register for NHLC Tennis Academy:

Michaela Kratochvilova, tennis@nhlawnclub.com

To register for Squash Camps:

Scott Young, squash@nhlawnclub.com

Questions/register for Summer Program, Swim and Specialty Camps:

Jennifer Silva, camp@nhlawnclub.com

To register for Split-Day Camp

(NHLC Tennis Academy morning + Summer Program afternoon): Please send your:

- Registration
 - Emergency Contacts
 - Health Information
 - Lunch Forms
- to Jen at camp@nhlawnclub.com

NHLC Squash and NHLC Tennis Campers attending “Add-on” afternoon hours or Aftercare MUST submit an Emergency Contact Form and Health Form to Jen at camp@nhlawnclub.com.

Member name: _____ Member # _____ Date: _____

Child(ren)’s name: _____

Child(ren)’s age: _____ Child(ren)’s date of birth: _____

Please check each week your child(ren) will attend NHLC Summer Program:

- June 23–27 June 30–July 3 July 7–11 July 14–18 July 21–25 July 28–August 1 August 4–8 August 11–15

(Families w/multiple children participating will receive a 10% discount for each additional child.)

| | Program | Fee | ✓ | Child/Children’s names |
|---|---|-------|--------------------------|------------------------|
| July 14–18 Popstar Palooza | BEFORECARE: 8:30–9 am, ages 3–11 | \$45 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$205 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$190 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm, entering grades 1–6 | \$385 | <input type="checkbox"/> | |
| | Split-Day Tennis Camp: entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$275) + Summer Program 11:45 am–3 pm (\$195) | \$470 | <input type="checkbox"/> | |
| | Split-Day Squash Camp: ages 6–9 NHLC Squash 9–11:45 am (\$220) + Summer Program 11:45 am–3 pm (\$195) | \$415 | <input type="checkbox"/> | |
| | Novice Swim Camp: 9 am–3 pm | \$420 | <input type="checkbox"/> | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$40 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | <input type="checkbox"/> | |
| July 21–25 Beach Bash! | BEFORECARE: 8:30–9 am, ages 3–11 | \$45 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$205 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$190 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm, entering grades 1–6 | \$385 | <input type="checkbox"/> | |
| | Split-Day Tennis Camp: entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$275) + Summer Program 11:45 am–3 pm (\$195) | \$470 | <input type="checkbox"/> | |
| | Split-Day Squash Camp: ages 6–9 NHLC Squash 9–11:45 am (\$220) + Summer Program 11:45 am–3 pm (\$195) | \$415 | <input type="checkbox"/> | |
| | Intermediate Swim Camp 9 am–3 pm | \$420 | <input type="checkbox"/> | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$40 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | <input type="checkbox"/> | |

Camp Selection Form for weeks **July 28–August 1, August 4–8** | NHLC Summer Program 2025

Use this form for these programs:

- Full and half-day Summer Program
- Swim/Specialty Camps/Internships
- Beforecare/Aftercare/Afternoon Fives
- Friday after 1 pm (only for those taking NHLC Tennis Academy full-day camp, which ends at 1 pm on Fridays)

To register for NHLC Tennis Academy:

Michaela Kratochvilova, tennis@nhlawnclub.com

To register for Squash Camps:

Scott Young, squash@nhlawnclub.com

Questions/register for Summer Program,

Swim and Specialty Camps:

Jennifer Silva, camp@nhlawnclub.com

To register for Split-Day Camp

(NHLC Tennis Academy morning +

Summer Program afternoon): Please send your:

- Registration
 - Emergency Contacts
 - Health Information
 - Lunch Forms
- to Jen at camp@nhlawnclub.com

NHLC Squash and NHLC Tennis Campers attending “Add-on” afternoon hours or Aftercare MUST submit an Emergency Contact Form and Health Form to Jen at camp@nhlawnclub.com.

Member name: _____ Member # _____ Date: _____

Child(ren)’s name: _____

Child(ren)’s age: _____ Child(ren)’s date of birth: _____

Please check each week your child(ren) will attend NHLC Summer Program:

June 23–27 June 30–July 3 July 7–11 July 14–18 July 21–25 July 28–August 1 August 4–8 August 11–15

(Families w/multiple children participating will receive a 10% discount for each additional child.)

| | Program | Fee | ✓ | Child/Children’s names |
|--|---|-------|--------------------------|------------------------|
| July 28–August 1 The Academy of the Arts | BEFORECARE: 8:30–9 am, ages 3–11 | \$45 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$205 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$190 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm, entering grades 1–6 | \$385 | <input type="checkbox"/> | |
| | Split-Day Tennis Camp: entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$275) + Summer Program 11:45 am–3 pm (\$195) | \$470 | <input type="checkbox"/> | |
| | Split-Day Squash Camp: ages 6–9 NHLC Squash 9–11:45 am (\$220) + Summer Program 11:45 am–3 pm (\$195) | \$415 | <input type="checkbox"/> | |
| | Add-on Friday (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$40 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | <input type="checkbox"/> | |
| August 4–8 The Wonderful World of Wizards | BEFORECARE: 8:30–9 am, ages 3–11 | \$45 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$205 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$190 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm: entering grades 1–6 | \$385 | <input type="checkbox"/> | |
| | Split-Day Tennis Camp: entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$275) + Summer Program 11:45 am–3 pm (\$195) | \$470 | <input type="checkbox"/> | |
| | Add-on Friday (Friday only) 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$40 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | <input type="checkbox"/> | |

Camp Selection Form for week **August 11–15** | NHLC Summer Program 2025

Use this form for these programs:

- Full and half-day Summer Program
- Swim/Specialty Camps/Internships
- Beforecare/Aftercare/Afternoon Fives
- Friday after 1 pm (only for those taking NHLC Tennis Academy full-day camp, which ends at 1 pm on Fridays)

To register for NHLC Tennis Academy:

Michaela Kratochvilova, tennis@nhlawnclub.com

To register for Squash Camps:

Scott Young, squash@nhlawnclub.com

Questions/register for Summer Program, Swim and Specialty Camps:

Jennifer Silva, camp@nhlawnclub.com

To register for Split-Day Camp

(NHLC Tennis Academy morning +

Summer Program afternoon): Please send your:

- Registration
 - Emergency Contacts
 - Health Information
 - Lunch Forms
- to Jen at camp@nhlawnclub.com

NHLC Squash and NHLC Tennis Campers attending “Add-on” afternoon hours or Aftercare MUST submit an Emergency Contact Form and Health Form to Jen at camp@nhlawnclub.com.

Member name: _____ Member # _____ Date: _____

Child(ren)’s name: _____

Child(ren)’s age: _____ Child(ren)’s date of birth: _____

Please check each week your child(ren) will attend NHLC Summer Program:

- June 23–27 June 30–July 3 July 7–11 July 14–18 July 21–25 July 28–August 1 August 4–8 August 11–15

(Families w/multiple children participating will receive a 10% discount for each additional child.)

| | Program | Fee | ✓ | Child/Children’s names |
|---|---|-------|--------------------------|------------------------|
| August 11–15 Lawn Club Cabaret | BEFORECARE: 8:30–9 am, ages 3–11 | \$45 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$205 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$190 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm: entering grades 1–6 | \$385 | <input type="checkbox"/> | |
| | Split-Day Tennis Camp: entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$275) + Summer Program 11:45 am–3 pm (\$195) | \$470 | <input type="checkbox"/> | |
| | Creative Theater Laboratory: 9 am–3 pm | \$425 | <input type="checkbox"/> | |
| | Add-on Friday (Friday only) 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$40 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | <input type="checkbox"/> | |

NHLC Summer Program Staff



SUMMER PROGRAM DIRECTOR

Jen Silva, *NHLC Summer Program Director*, returns to NHLC for her tenth summer. She received a Bachelor of Science degree in Art Education and a Master's degree in Psychology from Southern Connecticut State University, as well as a 6th Year degree in Special Education. She also holds her doctoral degree in Educational Leadership through the University of Bridgeport. During the school year, Jen enjoys being an elementary art teacher, and is also a TEAM-trained mentor teacher. In her spare time, Jen loves exercising, reading and spending time with her husband and their two sons. Jen loves working at the New Haven Lawn Club Summer Program, and is committed to making your children's camp days fun, exciting, educational, and memorable!

COUNSELORS

Amy Cordon, *Assistant Director*, returns to NHLC for her fourteenth summer. She received a Bachelor of Science degree in Biology from University of Saint Joseph and a Master's degree in Middle School Education from University of Bridgeport. During the school year, Amy teaches eighth grade science, coordinates after-school STEM programs and is Team Leader for the 8th grade. When not working, she enjoys spending time with her family, hiking with her dog and yoga. Her favorite part of summer camp is creating fun activities for the kids.

Magdalene Corradino, *Preschool Head Counselor*, is excited to return to NHLC for her seventh summer, and her second as a head counselor! She is a graduate of Sacred Heart University and is hoping to become an elementary school teacher in the fall. She is looking forward to spending the summer at camp!

Luke McMahon, *Elementary Head Counselor*, is excited to return to NHLC for his fourth summer! This is Luke's first summer as a head counselor. He currently attends the University of Connecticut at Storrs and is studying Medical Lab Science. He is very happy to be back and is looking forward to seeing many new and familiar faces at camp!

ASSISTANT COUNSELORS

Assistant Counselors in the Summer Program have enthusiasm and delight for working with children as well as a motivated work ethic. Each Assistant Counselor brings a unique set of skills, athletic and/or artistic, which enrich the children's day and experiences.

Mia Coppola returns for her fourth summer at the NHLC. She holds a Bachelor of Arts in Criminology from Central Connecticut State University and plans to pursue a Master's degree in Social Work at CCSU. Mia is passionate about working with children and is looking forward to another rewarding summer at the NHLC.

Lily Chicosky is very excited to be rejoining NHLC camp staff this Summer. She is currently a junior at Marist University studying Criminal Justice and Psychology with minors in Cognitive Science and Social Work. During the school year, she

volunteers with the local Habitat for Humanity and has received her certificate of emerging leaders through the school. This spring she is looking forward to interning with the Center for Prevention of Child Abuse. In her spare time, Lily enjoys playing rugby, watching Marvel movies, researching law and spending time at the gym. Lily loves the New Haven Lawn Club and is looking forward to having some fun in the sun with the campers!



Reece Hebert is excited for her third summer at the New Haven Lawn Club. Reece is currently a first year at Elms College where she is studying Communication Science Disorders to become a Speech and Language Pathologist. In her free time, Reece enjoys spending time with her friends and family. She is delighted to be spending another year with the children and the members of the New Haven Lawn Club.

Avery Rodeheffer is looking forward to her second summer at NHLC. She is currently a senior in high school attending Phillips Academy Andover and will graduate in the spring. Next year, Avery is committed to attend the University of Michigan for rowing. In her spare time, she enjoys lifting, running, cooking, and spending time with friends and family. She is passionate about nurturing a supportive community where participants can connect, grow, and create amazing summer memories that will last a lifetime.



NHLC Squash Camp and Split-Day Camp 2025

Our Squash summer camp is designed to be a fun and competitive learning environment. Led by Head Pro Scott Young, with the help of several graduates of the NHLC squash program who now play for various colleges around the country.

The program is designed to foster competition, creativity, camaraderie and, of course, skill acquisition, giving campers a grounding in what the game of squash is all about, and helping them meet friends to experience it with.

Initially, focus will be on developing sound hand-eye coordination fundamentals before moving onto the essential technique required to play the game. Basic strategy and tactic will underpin it all, with an emphasis on fun competition in the form of both individual and team games. Coaches will use adaptive squash balls to accommodate level, as well as various other training aids to make the process streamlined and engaging for the camper.

Squash Camp ONLY (9 am–12 noon)
\$220/week

Offered the following weeks:

Week 1: June 9–13

Week 2: June 16–20

and

Week 9: August 25–29

Split-Day Camp:
Squash Camp (9 am–12 noon)
+ Summer Program (12 noon–3 pm)
\$415/week

Offered the following camp weeks:

Week 3: June 23–27

Week 4: June 30–July 3 (pro rated)

Week 5: July 7–11

Week 6: July 14–18

Week 7: July 21–25

Week 8: July 28–August 1

SQUASH AT THE NEW HAVEN LAWN CLUB

The Lawn Club has a storied history of producing squash players that have gone on to play in tournaments all over the world and recruited to some of the best schools in the country. It is my ambition that we will continue to produce these players at the Lawn Club but, beyond that, my goal is to give them a lifelong sport where they can meet people and stay healthy the rest of their lives. This all begins by coming to camp in the summer, having a great time with friends and learning the fundamentals of the game.

Scott Young, Director of Squash

Spending his early years in southern Africa, Scott grew up in a sport-mad culture where competition and excellence were expected from an early age. Playing all sports as a kid, Scott eventually discovered squash and did not look back. He earned a scholarship to a prestigious squash program in the UK and then some years later, earned another to the University of Birmingham where he was a double national champion, graduating with a degree in English Literature.

Scott has competed against some of the best players in the world and has been ranked as high as 23 in the world in doubles. In recent years, coaching has been Scott's passion, completing his level 3 coaching certification under the mentorship of the UK's best and most knowledgeable coaches. Scott enjoys sharing his knowledge and passion for the game and takes pride in being able to tailor his coaching to players of any level, and distill down information for all.

Before joining the New Haven Lawn Club in September of 2022, Scott spent four years working at the Field Club of Greenwich learning in a demanding private club setting, catering to all levels throughout the year. Prior to that, he worked with national junior champions in the United Kingdom and helped Fordham University rise more than 10 places in the College rankings.

Scott Brings a wealth of knowledge, experience and passion to his summers at the NHLC.

Maury Escalona, Assistant Summer Pro

Maury Escalona began his squash career with City Squash in the Bronx and used it as a vehicle to make his way to The Berkshire School and now St Lawrence University, where he plays on the varsity team. Maury has many years of coaching experience both at the Lawn Club and at the Field Club of Greenwich. Working with the younger juniors is a particular strength, having fantastic rapport with those he has been working with for almost 2 years. He is a wonderful addition to the squash program here at the Lawn Club.

NHLC Tennis Academy and Split-Day Camp 2025

Greetings, NHLC Members!

As I step into my sixth year as your Outdoor Racquets Director, I'm filled with both excitement and gratitude. Over the years, we've shared so many incredible moments—from the Pro's Exhibition to lively Margarita Nights—and your passion continues to inspire me every day.

This summer, I'm thrilled to introduce exciting updates to our Tennis Program, building on NHLC's rich tennis tradition. First up, we're launching the USTA-aligned **"Quick Start" initiative** for players under 10. This program is designed to teach essential skills quickly while encouraging independent play. Our goal is to help young players thrive in friendly matches and, most importantly, fall in love with the game, setting a new standard for junior development.

Our **Tennis Academy** remains a favorite among young players, with more junior members joining each year. With top-notch coaching, a supportive environment, and exciting opportunities for skill improvement, it's the perfect place for juniors looking to take their game to the next level. Don't miss out on being part of this vibrant tennis community!

The **Junior Interclub Matches** from last season were a huge success, and we're excited to continue building on that momentum! Open to intermediate and advanced players, these matches provide a competitive and spirited atmosphere. Participants should be able to serve, keep score, and rally from the baseline. Matches will be held Thursdays from 1 to 3 pm, with practices on Fridays from 1 to 2:30 pm.

Finally, I'm excited to introduce our **NEW Tennis & Swim Program**, perfect for kids aged 7 and up. This program is ideal for children new to the game or those looking to improve their skills while making new friends.

I look forward to a fantastic season of learning, growth, and fun. It's an honor to work with all of you and your families at NHLC!

Michaela Kratochvilova, *Director of Outdoor Racquets*
Armstrong Atlantic University Hall of Fame Inductee
Extra league competition Czech Republic
USPTA Elite certified (United States Professional Tennis Association)
PPTA Elite certified (Professional Platform Tennis Association)
IPTPA-certified Level II (International Pickleball Teaching Professional Association)
10 & UNDER Tennis Certified
LEVEL 2 Padel Certification

Tennis & Swim

June 23–August 15

Monday–Thursday: 1–3 pm

weekly: \$220 / daily: \$60

Pre-register price: \$200 weekly

Our new Tennis & Swim Junior Program is perfect for kids aged seven and up! This exciting program combines tennis skill-building with refreshing swim breaks, making it both fun and engaging. It's ideal for children who are new to the game or those looking to improve their skills while making new friends.

Mark Your Calendars!

April 30: Pre-Registration Deadline for NHLC Tennis Academy

NHLC Tennis Academy 2025 (*registration form pg.27*)

June 16–August 15

Monday–Thursday, 9 am–3 pm and

Friday, 9 am–1 pm

NHLC Split-Day Camp 2025 (*registration form pg.27*)

NHLC Tennis Mini-Academy + NHLC Summer Program

June 23–August 15, ages 6–9

Monday–Friday, 9 am–3 pm



Registration Form | NHLC Tennis Academy and NHLC Split-Day Tennis Camp 2025

Member last name: _____ Member #: _____

Mother/Father name: _____ phone (home): _____ (cell): _____

Guardian/Au Pair/Sitter name: _____ phone (home): _____ (cell): _____

NHLC Tennis Academy 2025

Monday–Thursday from 9 am to 3 pm; Friday from 9 am to 1 pm

Pre-registration deadline is April 30, 2025: \$390 (full day) or \$300 (partial day); **Registration after May 1:** \$430 (full day) or \$330 (partial day)

Junior member name: _____ age: _____ date of birth: _____

check week(s) desired: June 16 (daily) June 23 June 30 (no camp July 4) July 7 July 14 July 21 July 28 Aug 4 Aug 11

Junior member name: _____ age: _____ date of birth: _____

check week(s) desired: June 16 (daily) June 23 June 30 (no camp July 4) July 7 July 14 July 21 July 28 Aug 4 Aug 11

- **Pre-registration deadline is April 30, 2025: \$390 (full day) or \$300 (partial day)**
- \$140 daily registration is possible (with pre-approval of Tennis Director).
- Morning snack will be charged directly to your account.
- 10% discount extended for families with multiple children enrolled in Academy each week. Discount applies only after first child on full rate of Academy. If used in conjunction w/pre-registration incentive, additional child = \$351 full day / \$270 partial day.
- Juniors are required to wear appropriate white attire, smooth sole tennis shoes (no running/cross trainers). Please apply sunscreen at home prior to Academy. On Friday afternoons, Academy Kids have the option to join Day Campers for activities in the afternoon. Registration is required for this option—please contact Summer Program Director, Jen Silva.
- **Pre-registration must be completed by April 30th, 2025.** All weeks pre-registered will be billed in advance. In the event of cancellation of any weeks after being billed, applied discount of 10% will be deducted from amount placed in members credit.

Parent/Guardian signature: _____ cell phone: _____ date: _____

NHLC Split-Day Tennis Camp 2025

NHLC Tennis Mini-Academy + NHLC Summer Program: Monday–Friday, ages 6–9

Check in: 9–9:15 am; Tennis: 9:15–11:45 am; Lunch + NHLC Summer Program: 11:45 am–3 pm

Cost for NHLC Split-Day Camp: \$470 (morning tennis: \$275 + afternoon NHLC Summer Program: \$195)

Junior member name: _____ age: _____ date of birth: _____

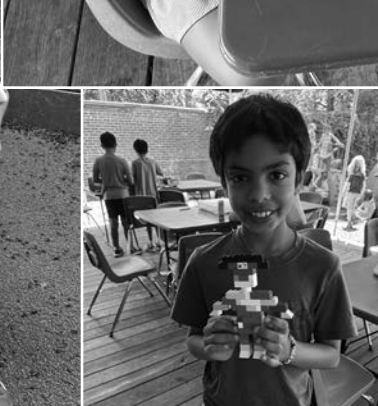
check week(s) desired: June 23 June 30 (no camp July 4) July 7 July 14 July 21 July 28 Aug 4 Aug 11

Junior member name: _____ age: _____ date of birth: _____

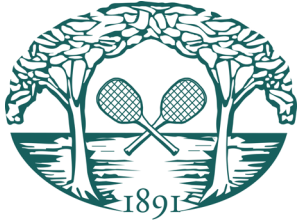
check week(s) desired: June 23 June 30 (no camp July 4) July 7 July 14 July 21 July 28 Aug 4 Aug 11

- Morning Snack will be charged directly to your account.
- **Registration and billing for Split-Day Camp** (Tennis + Summer Program) are separate—please confirm registration with *both* directors: Michaela Kratochvilova, *NHLC Tennis Director*: tennis@nhlawnclub.com and Jen Silva, *NHLC Summer Program Director*: camp@nhlawnclub.com

Parent/Guardian signature: _____ cell phone: _____ date: _____







New Haven Lawn Club
193 Whitney Avenue
New Haven, Connecticut 06511

