

Schedule at a Glance: NHLC Summer Program 2024

Beforecare and Aftercare available Monday-Friday by advance registration only.

Beforecare: 8:30–9 am, ages 3–11: \$45 per week (\$40 week of July 1–5)

Aftercare: 3–5:30 pm, entering grades 1–6: \$130 per week (\$105 week of July 1–5) Additional fees for early drop-off or late pick-up apply (see info on page 2)

*Afternoon Fives (extended day program for children entering kindergarten ONLY): 12 noon-3 pm: \$190 (week of July 1: \$155)



| Week | NHLC Summer I | Program | Tennis Split-Day Camp | Squash Split-Day Camp, |
|--|--|--|--|---|
| | Ages 3-entering K 9 am to 12 noon | Entering grades 1–6 9 am to 3 pm | Entering grades 1–6 9 am to 3 pm | Swim and Specialty Camps |
| June 17–21 | New! Nickelodeon ages 3—entering K 9 am—12 noon \$205 (must be potty trained) *Afternoon Fives, see above | New! Nickelodeon entering grades 1–6 9 am–3 pm \$385 | Split-Day Tennis Camp entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$465 | Split-Day Squash Camp ages 6-9 NHLC Squash (morning) + Summer Program (afternoon) \$395 |
| June 24–28 | Full STEAM Ahead ages 3-entering K 9 am-12 noon \$205 (must be potty trained) | Full STEAM Ahead entering grades 1–6 9 am-3 pm \$385 | Split-Day Tennis Camp entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$465 | Split-Day Squash Camp ages 6–9 NHLC Squash (morning) + Summer Program (afternoon) \$395 |
| | *Afternoon Fives, see above | | | Baking Camp ages 7 and up, options: Baking Camp ONLY (morning) \$215 OR Baking Camp (morning) + Summer Program (afternoon) \$410 |
| July 1–5 (no camp July 4) | The Wild, Wild West ages 3-entering K 9 am-12 noon \$165 (must be potty trained) | The Wild, Wild West entering grades 1–6 9 am-3 pm \$310 | Split-Day Tennis Camp entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$376 | Split-Day Squash Camp ages 6–9 NHLC Squash (morning) + Summer Program (afternoon) \$340 |
| | *Afternoon Fives, see above | | + 3uiiiiiei Fiografii 11.45 aiii-3 piii 33/0 | LEGO® Camp ages 7 and up LEGOs (morning) + Summer Program (afternoon) \$345 |
| July 8–12 | Camp Hollywood ages 3-entering K 9 am-12 noon \$205 (must be potty trained) | Camp Hollywood entering grades 1–6 9 am-3 pm \$385 | Split-Day Tennis Camp entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$465 | Split-Day Squash Camp ages 6–9 NHLC Squash (morning) + Summer Program (afternoon) \$395 |
| | *Afternoon Fives, see above | | + 3uiiiiiei Fiograiii 11.45 aiii–3 piii 3405 | Novice Swim Camp entering grades 1–6 9 am–3 pm \$420 |
| July 15–19 | Cool Chemistry ages 3-entering K 9 am-12 noon \$205 (must be potty trained) | Cool Chemistry entering grades 1–6 9 am–3 pm \$385 | Split-Day Tennis Camp entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$465 | Split-Day Squash Camp ages 6–9 NHLC Squash (morning) + Summer Program (afternoon) \$395 |
| | *Afternoon Fives, see above | | + 3uiiiiiei Fiograiii 11.45 aiii–3 piii 3405 | Intermediate Swim Camp entering grades 1–6 9 am–3 pm \$420 |
| July 22–26 | Enchanted Forest ages 3—entering K 9 am—12 noon \$205 | Enchanted Forest entering grades 1–6 9 am–3 pm \$385 | Split-Day Tennis Camp entering grades 1–6 NHLC Tennis 9–11:45 am | Split-Day Squash Camp ages 6–9 NHLC Squash (morning) + Summer Program (afternoon) \$395 |
| | (must be potty trained) *Afternoon Fives, see above | options: NHLC Ten | | Advanced Swim Camp entering grades 1–6 options: NHLC Tennis (morning) + Swim Camp (afternoon) \$460 |
| | | | | OR Summer Program (morning) + Swim Camp (afternoon) \$420 |
| July 29-Aug 2 | Magic Madness ages 3-entering K 9 am-12 noon \$205 (must be potty trained) *Afternoon Fives, see above | Magic Madness entering grades 1–6 9 am–3 pm \$385 | Split-Day Tennis Camp entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$465 | Split-Day Squash Camp ages 6–9 NHLC Squash (morning) + Summer Program (afternoon) \$395 |
| August 5–9 | Drama Days ages 3-entering K 9 am-12 noon \$205 (must be potty trained) *Afternoon Fives, see above | Drama Days entering grades 1–6 9 am–3 pm \$385 | Split-Day Tennis Camp entering grades 1–6 NHLC Tennis 9–11:45 am + Summer Program 11:45 am–3 pm \$465 | Creative Theater Laboratory entering grades 1–6 9 am–3 pm \$425 |

Welcome to the New Haven Lawn Club Summer Program 2024!

At the New Haven Lawn Club, we offer programs for children ages 3 to 13. Our general summer program, specialty camps, and before-and-after care programs provide children with engaging and exciting summer days embedded in New Haven's prestigious private club atmosphere. Over the course of the summer, each week focuses on different thematic activities that include crafts, science, and sports. Our specialty camps focus on a specific topic of interest, with a wide range of choices. Early registration is encouraged to ensure space, as enrollment is limited and assigned on a "first-come, first-serve" model. We incorporate flexibility, creativity and structure along with the intimacy provided by a small, professional staff. All of our head counselors are certified, practicing educators in Connecticut. Our assistant counselors are trained to work with children of all ages as well.

Programming
is dependent
upon enrollment.
Please support our
new and exciting
initiatives!



Specialty Camps for Summer 2024

BAKING CAMP Ages 7 and up

June 24-28, from 9 am to 12 noon

Back by popular demand! If you have a sweet tooth, this is the camp for you! Children will have the opportunity to create a different sweet treat each day. Campers will also learn the art of cake decorating. This camp will run from 9 am–12 noon, with an option to enroll in regular NHLC camp for the afternoon. Space is limited—register today!

$\textbf{LEGO} \$ \ \textbf{CAMP} \ \textit{Ages 7} \ \textit{and up}$

July 1-5 (no camp July 4), from 9 am to 12 noon

This LEGO®-based engineering specialty program will give our NHLC kiddos an opportunity to use creativity, problem-solving, and building skills to create spectacular and innovative creations. Space is limited in this program- register fast! On the registration form, there is an option to enroll in regular camp for the afternoon. *Programming is dependent upon enrollment.

SPECIALTY SWIM CAMPS *Children entering grades 1–6* **Novice**: *July 8–12*; **Intermediate**: *July 15–19*; **Advanced**: *July 22–26*

Per members' request, the Advanced Swim Camp will run differently. Children will have the option to enroll in either NHLC Tennis or regular camp in the morning session. Swim Camp will take place after lunch for the afternoon with breaks in between. This program will max out at 8 campers. Please register right away to ensure a spot in this program. All registrations must receive approval from our Pool Director.

CREATIVE THEATRE LABORATORY Children entering grades 1–6

August 5-9, from 9 am to 3 pm

Join us for another week filled with imagination, games, storytelling, and of course a performance. Get ready to move, dance, sing, write, direct, and act with our experienced theater staff. Campers will participate in improv games, creating their own script, set design, and more. The week concludes with a performance by our theater ensemble.

Welcome to the NHLC Summer Program 2024!

New Haven Lawn Club Summer Program offers:

- Caring, competent, responsive, child-oriented supervision.
- A mixed age group camp with a relaxed, friendly atmosphere.
- An educational, fun activity related to the weekly theme.
- An age-appropriate, skill-building tennis clinic taught by the NHLC Tennis Program, offered by Michaela Kratochvilova and her staff.
- The Split-Day Squash clinics for children ages 6–9 will be offered by Scott Young during the weeks of:

June 17-June 21

July 8-July 12

June 24-June 28

July 15-July 19

July 1-July 5 (prorated, July 22-July 26

no camp July 4)

July 29-August 2

With this programming option, children enroll in the squash morning clinic from 9 am-12 noon, then join regular camp for lunch and the afternoon. Scott is also offering the morning squash session during the weeks of June 10–14, as well as August 26–30. Please note that there is no regular afternoon camp during those weeks. Contact Scott Young at squash@nhlawnclub.com for Squash Camp questions and registrations for full day camps.

- Swim sessions overseen by NHLC Pool Director and lifeguards.
- Sports and athletic games designed for your child's age/interests.
- Free swim supervised by playful, engaged counselors.
- Menus that offer fresh fruit and include healthy choices.
- During the "free choice" time block, children can choose among free swim, creative play, LEGO® and arts & crafts.
- Specialty camps offer intensive instruction in a small group setting and geared towards our upper elementary and middle school aged campers (Swim Camp, Baking Camp, LEGO® Camp and Creative Theatre Workshop).
- Rainy day programming offers arts and crafts, theme-related projects, LEGO®, board games, Peabody Museum field trips and active indoor play in the squash courts.
- Flexible scheduling adapts to extreme heat and/or thundershowers to ensure a safe, enjoyable camp experience regardless of weather conditions.

PROGRAM HOURS BY AGE GROUP

Ages 3 to 4+:

Beforecare 8:30–9 am, Camp 9 am–12 noon.

Turning 5 or entering K:

Beforecare 8:30–9 am, Camp 9 am–12 noon, Afternoon Fives 12–3 pm (no aftercare available for this age group)

Entering grades 1-6:

Beforecare 8:30–9 am, Camp 9 am–3 pm, Aftercare 3–5:30 pm.

Prorating at NHLC

We encourage all campers to attend each day of the weeks that they sign up for here at camp. Regular attendance allows campers to experience the full amount of thematic activities and promotes social friendships with other children. The NHLC Summer Program has a policy in place for prorating.

- We do not offer a prorated amount for camp aside from preschool camp, due to some local schools' policies on maintaining attendance during the summer months. See next item below.
- We understand that many preschools require attendance in the summer to hold spots for the fall. In this case, we will prorate for your child's camp attendance. If you choose to sign up for 2 days of camp, you will be billed half the amount of the full week's cost of camp.
- We do not prorate for specialty camps, due to the culminating activities and the individualized instruction provided by the specialist.
- We do offer prorating for both Beforecare and Aftercare: If you need to sign your child up for Beforecare or Aftercare, we can prorate the amount for the week based on the number of days needed.

Thank you for your understanding and continued support of the NHLC Summer Programs.

Beforecare and Aftercare: Information and Fees

Before-care and after-care consists of a smaller group of children together with a counselor. Board games, playground time, swimming, arts and crafts, and LEGOs are daily activities. Snacks must be purchased by the member child at the Snack Bar. In case of thunderstorms or rain, the staff member brings the children inside and notifies the NHLC Front Desk about the group's location. Aftercare has a limited amount of space. Please register a minimum of two weeks in advance to ensure your spot. We cannot accept Aftercare registrations the week of or the day of.

- Full-day (9 am-3 pm camp) may sign up for Beforecare beginning at 8:30 am and Aftercare from 3-5:30 pm, billed at a weekly fee of \$45/Beforecare and \$130/Aftercare.
- Children ages three to five (in the 9 am–12 noon camp) may sign up for Beforecare beginning at 8:30 am. However, Aftercare from 3–5:30 pm is ONLY for children entering grades 1–6.
- An extended day option until 3 pm is available for children who are turning five during the summer of 2024 or who are entering Kindergarten in the fall.
- Early drop-off prior to 8:45 am will be charged to the family as Beforecare.
- Late pick-up past 3:15 pm will be charged to the family as Aftercare.
- Late pick-up from Aftercare will be charged \$10 until 5:45 pm; \$20 will be charged after 5:45 pm.
- Please make sure that staff has current cell phones and names on file for all people who may pick up your child or who may be contacted in case of emergency.
- Please make sure the Summer Program has an EpiPen for your child if they have a severe allergy.



Children ages 3-Entering K (9 am-12 noon) and Afternoon Fives (12 noon-3 pm)

All children attending the Summer Program MUST be potty trained as this group swims daily in the "big pool".

- Our youngest summer program members meet on a deck "just their size".
- Each day children have a group tennis clinic and a group swim clinic designed for the needs of this age group.

 Children who use a swim bubble must do so while in the big pool. As their skill and comfort level increases, children transition to swimming without a bubble, based on the assessment of the Pool Director and lifequard staff.
- Children's daily activities follow a weekly theme; opportunities are provided for children to create individual projects and to work collaboratively.
- NHLC squash courts and the Grill Room Rotunda are used as alternative spaces in case of rain or extreme heat.
- We believe in the power of friendship and the power of fun!

| Sample Daily Camp Schedule (ages 3–5): 9 am–12 noon | | | | | | |
|---|---|--|--|--|--|--|
| 8:30-9 am | 8:30–9 am Beforecare | | | | | |
| 9-9:30 am | Welcome activities | | | | | |
| | (free play and games) | | | | | |
| 9:30-10 am | Tennis (PLEASE arrive wearing tennis whites and apply sunscreen at home!) | | | | | |
| 10–10:15 am | Healthy snack, story | | | | | |
| 10:15–10:45 am | Theme-based activity/project/craft | | | | | |
| 11–11:30 am | Swim Lessons with certified lifeguards (Always pack swimsuit, goggles and towel!) | | | | | |
| 11:30 am-12 noon | Playground and kiddie pool games (Pack play clothes!) | | | | | |

- Please arrive wearing tennis whites, with sunscreen having already been applied at home.
- Pack and bring daily: sunscreen, water bottle, towel, sun hat, bathing suit, goggles and play clothes.
- Please apply sunscreen at home in the morning. Summer Program staff will re-apply during the morning.
- This age group may sign up for Beforecare beginning at 8:30 am.
- The program day ends at 12 noon for three year-olds and younger four year-olds.
- Late pick-up past 12:15 pm will be charged \$10 until 12:30 pm; \$20 is charged after 12:30 pm.
- In case of rainy or extremely hot weather, please contact the NHLC Front Desk to find out where Summer Program campers are located.

"Afternoon Fives" (age 5 or entering K): 12 noon-3 pm

Children turning five or entering Kindergarten in the fall may register for our "Afternoon Fives" program, which extends their program day until 3 pm. There is no Aftercare option for this age group.

Sample Daily Schedule (PreK age group): 12 noon-3 pm

| • | |
|------------------|---|
| 12 noon–12:30 pm | Lunch |
| 12:30–12:45 pm | Playground time |
| 12:45–1:15 pm | Active Games (Squash Courts) |
| 1:15–1:30 pm | Storytime or deck crafts |
| 1:30–2 pm | Pool Play/Kiddie Pool (Please bring swimsuit, goggles and towel) |
| 2–2:30 pm | Free choice (crafts, LEGO®, bracelet-making, playground games) |
| 2:30-3 pm | Deck activities |

Summer Program Weekly Themes

June 17-21 | NEW! Nickelodeon

Have a blast this week with activities related to all of the Nickelodeon classics! From cool science projects based on Jimmy Neutron and friends, to bubble art with SpongeBob, get ready for a fun-filled week ahead!

June 24-28 | Full STEAM Ahead

Science, technology, engineering, art and math....each day this week will focus on one aspect of STEAM. Here at the New Haven Lawn Club, we encourage fun learning, games, and crafts to promote team building and learning in an exciting way!

July 1–5 (no camp July 4) │ The Wild, Wild West

From bandanas to boots, to farm animals galore, this week will surely be a party at the New Haven Lawn Club barnyard. Calling all cowboys and cowgirls to the western ranch!

July 8-12 | Camp Hollywood

We know how talented our campers are here at the New Haven Lawn Club. This week we are showcasing these talents—Hollywood style! Campers participate in group dances, Hollywood red carpet activities, and musical chairs. We end the week with our annual showcase, where children will perform a dance as a group, and have the option of performing a solo, should they so choose. We are looking forward to moving and grooving to the music this week!

July 15–19 | Cool Chemistry

Here at NHLC, we have a passion for slime, playdough, and all things gooey! Grab your chemist glasses and your lab coats and get ready to experience a week full of engaging experiments and creations...some even edible!

July 22-26 | Enchanted Forest

Take a walk through our enchanted forest and explore the sparkle and magic this week as we meet a few nosy gnomes, some special fairies, and even a few pirates lost at sea! We will also learn about the friendly woodland animals as we turn the camp deck into a magical enchanted forest!

July 29-August 2 | Magic Madness

"Magic is all around you... You just have to believe!" Come join us for a week of tricks, games, and fun challenges! Campers will create magic-themed crafts and learn a trick or two! We will end the week with a visit from our favorite magician! A magical camp carnival will also take place. Don't miss this awesome week at camp!

August 5-9 | Drama Days!

Get ready to explore your creative side during theater camp! Children will learn improv games, create props for scenery, and participate in a group performance. Every child will get to showcase their talents in their own way. We end the summer with our annual theater performance in the Ballroom.

Children Entering Grades 1-6 (9 am to 3 pm)

Our program is unique in our inclusion of children that range in age from 5 (turning 6) to 11. During certain segments of the day, activities and games are differentiated according to age and interests so that each child is guided through an age-appropriate activity while engaged with like-minded peers. As children span the age range in their design, development of and preferences in play, the age range present in our program enriches the children's day and provides a family-style atmosphere.

Please make sure that staff has current cell phone numbers and names on file for all people who may pick up your child as well as emergency contacts. Also, please make sure the Summer Program has an EpiPen for your child if they have a severe allergy.

- Please apply sunscreen at home in the morning before arriving; staff will re-apply during the program day.
- When rain, thunderstorms or extreme heat moves the Summer Program location indoors, call the NHLC Front Desk (203-777-3494) to find out which room to pick up your child.
- This age group should arrive wearing play clothes as our morning activities are messy; children have time to change into tennis whites after morning snack
- Pack and bring daily: tennis whites, water bottle, towel, sunhat, bathing suit, goggles and extra sunscreen/sunstick.
- The Peabody Museum, NHLC squash courts and other rooms in NHLC are used as alternative spaces on rainy days or in case of extreme heat. Alternate schedules are followed for rainy days, extreme heat, and field trips.





| Sample Daily Schedule: Children ages 5+-11, 9 am-3 pm | | | | |
|---|---|--|--|--|
| 9-9:15 am | Welcome, Deck Activities | | | |
| 9:15–10 am | Theme programming (Wear playclothes/apply sunscreen at home) | | | |
| 10–10:30 am | Snack, Change for tennis (Always pack tennis whites!) | | | |
| 10:30–11:15 am | Tennis lesson given by tennis pros | | | |
| 11:15–11:45 am | Pool games, free swim (Pack swimsuit, goggles and towel) | | | |
| 12 noon–12:30 pm | Lunch | | | |
| 12:30–1:30 pm | Activity choice/centers (playground, arts+crafts, LEGO®, bracelet making, etc.) | | | |
| 1:30-2:30 pm | Organized sports and games on the field or in the squash courts | | | |
| 2:30-3 pm | Free swim or playground | | | |
| 3-5:30 pm | Aftercare | | | |



Tennis and Squash during the Summer Program



Please read this information carefully as it explains choices NHLC families have regarding tennis and squash summer registration.

Please note that for tennis, white clothing is required for play, while for squash, squash footwear and eyewear is required for play. The Squash & Tennis Shops of NHLC sell gear needed to participate in the respective sport and the Directors may be contacted with any questions and/or to obtain additional information or to register for their own athletic camps which are held at the New Haven Lawn Club.

NHLC Tennis: Michaela Kratochvilova, tennis@nhlawnclub.com **Squash Camps:** Scott Young, squash@nhlawnclub.com

Summer program instruction at NHLC in both tennis and squash offers a fun introduction to each sport so children can develop a love for the game and build a foundation upon which to grow. Daily summer program tennis clinics are taught by the professional staff of NHLC TENNIS, while squash clinics are taught by Scott Young's pros. Both Michaela and Scott work closely with their pros to ensure that instruction is appropriate for children's growing athletic abilities and provides young stars with some key fundamentals that will "serve" them well for the rest of their lives.

TENNIS

For the 3 to 5 year olds, tennis is offered daily beginning at 9:30 am, and children <u>must wear all white</u> when they arrive at the summer program, and bring a set of play clothes to wear later in the morning.

For children entering grades 1–6, tennis is offered from 10:30 to 11:15 am. For this age group, children are encouraged to arrive in play clothes but must pack tennis whites daily and will be given time to change prior to playing tennis, as our morning theme-related activities are frequently filled with paint, clay, and glue galore.

NHLC Families may also register for a Tennis Split-Day Camp (NHLC Tennis Academy + NHLC Summer Program), where children attend NHLC Tennis Academy from 9 am to 11:45 am, then join the Summer Program campers for the remainder of the afternoon until 3 pm. Children who follow this program will join the summer program for lunch, afternoon sports, swim lesson, and free choice time block (arts and crafts, free swim, LEGOs, imaginative play), but will be at NHLC Tennis Academy during the time of the day when most themerelated programming takes place.

Families enrolling in NHLC Tennis but who need child care coverage on the Friday afternoons when NHLC Tennis ends at 1 pm may enroll in the NHLC Summer Program on these Fridays from 1–3 pm.

Michaela Kratochvilova, *NHLC Director of Tennis*, is originally from the Czech Republic, and her lifetime passion is tennis and all racquet sports in general. She has successfully run tennis and paddle programs in Fairfield County for over 15 years, and she continues to articulate her vision of a positive club culture to members and staff as the Director of Outdoor Racquets here at NHLC

Formerly, she has worked as a Director of Adult programming at SPORTIME Amagansett in the Hamptons, as Director of Tennis at New Canaan Racquet Club in New Canaan, CT, as Director of Racquets at Innis Arden Golf Club in Old Greenwich, CT and as a Head Tennis Professional in Belle Haven Club in Greenwich, CT.

Michaela's playing background is equally impressive. During 1996–1998, she played the highest tennis competition in the Czech Republic, called Extra League (national and international participation), competing against Martina Hingis and Jana Novotna. In 1999, she received an athletic scholarship from AASU (Armstrong Atlantic State University), where she was an All-American for four consecutive years in singles and doubles. Michaela is an Athletics Hall of Fame inductee at AASU, the former No.1 tennis program in NCAA Division II.

Michaela's mission is to help promote the game of tennis, a sport that transcends generations and promises a lifetime of enjoyment. Join the NHLC tennis community and embark on a journey that enhances your game and overall well-being.

SQUASH

Split-Day Squash Clinics are offered during the weeks of June 17–21, June 24–28, July 1–3, July 8–12, July 15–19, July 22–26 and July 29–August 2. During these weeks of the summer program, children ages 6–9 can register for Squash in the morning from 9 am-12 noon, and then join us for lunch and regular camp for the afternoon. Children will gain experience with many aspects of squash: drives, drop-shots and cross-courts among others, along with keen competition, good sportsmanship, mental toughness, physical agility, and having fun with squash-mates!

Scott Young, *Director of Squash,* spent his early years in southern Africa, growing up in a sport-mad culture where competition and excellence was expected from an early age. Playing all sports as a kid, Scott eventually discovered squash and did not look back, earning a scholarship to join a prestigious squash program in the UK. Some years later, he earned a scholarship to the University of Birmingham, where he was a double national champion, graduating with a degree in English Literature.

Scott has competed against some of the best players in the world and has been ranked as high as 23 in the world in doubles. In recent years coaching has been Scott's passion, completing his level 3 coaching certification under the mentorship of the UK's best and most knowledgeable coaches Scott enjoys sharing his knowledge and passion for the game and takes pride in being able to tailor his coaching to players of any level and distill down information for all.

Before joining the Lawn Club in September of 2022 Scott spent four years working at the Field Club of Greenwich learning in a demanding private club setting which caters for all levels throughout the year. Before that he worked with National junior champions in the United Kingdom and helped Fordham University to rise more than 10 places in the College Rankings.

Scott Brings a wealth of knowledge, experience and passion to this summer at the NHLC.

NHLC Specialty Swim Camps

Novice, Intermediate and Advanced Swim Camps

Novice: July 8–12 Intermediate: July 15–19 Advanced: July 22–26

The NHLC Swimming Camp is a way for moderate to avid swimmers to improve and excel under the direct instruction and supervision of the Pool Director, Tyler Castellone, and lifeguards.

Please read the descriptions carefully to select the level that is a correct match for your child. Applicants must be reviewed and accepted by our Pool Director to the levels within this program.

Novice and Intermediate Swim Camp participants will receive two individual lessons with the Director and lifeguards during the week as well as participating in two 45-minute block group lessons. These campers also participate in the theme-based activities that take place throughout the Summer Program day.

Advanced Swim Camp will run as an extended afternoon session with group lessons and individualized instruction, as in the past. This camp will be from 12:45–3 pm, with necessary breaks in between. Children will have the option to enroll in the NHLC Tennis Academy in the morning as a Split-Day Tennis option, Regular camp, or LEGO camp. Children who enroll in either program will participate in their program of choice, and then eat lunch with the whole camp group. They will then be given time after lunch to change and unwind before heading to the pool at 12:45 pm for Advanced Swim Camp.

Children need to bring and wear goggles <u>during all swim lessons</u>. Those with shoulder length hair or longer should bring and wear a bathing cap during the lesson to promote proper head position and to deter from habits formed by hair getting in the way.





Week of July 8-12: Novice

Typically, this child cannot swim one lap of the pool, lengthwise. The deep end of the pool is not their most comfortable place in the pool. Children will learn the basics of the front crawl (freestyle) and the back crawl (backstroke) and be introduced to breaststroke and butterfly. Novice level, in general, ranges from ages 5–7, but children sign up according to their ability level.

Week of July 15-19: Intermediate

This swimmer can swim multiple laps, but needs to work on rotary breathing and proper stroke technique. Children will be taught multiple drills that will improve technique and stamina. Typically, this child is on the swim team, is close to making that decision, or is just motivated to improve their strokes. In addition to helping hone the four strokes, we will discuss the entire "swim team experience" — their expectations, their coach's expectations, and those of their parents. Young Competitor level, in general, ranges from ages 6–8, but children sign up according to their ability level.

Week of July 22-26: Advanced

This group is comprised of swimmers who have been on the NHLC swim team during past summers, or swim competitively during the winter months. This week's program of instruction will give each participant an opportunity to work on specialty strokes in small groups with instruction tailored specifically to the strengths and weaknesses of those that attend. Connecticut Private Club Championships are scheduled for the following week, giving participants a wonderful opportunity to perfect strokes just before the "big" meet.

Registration Policies | NHLC Summer Program 2024

- Email this **Summer Program** Registration Form to **camp@nhlawnclub.com** (Jennifer Silva)
- Register for NHLC Tennis Academy by contacting Michaela at tennis@nhlawnclub.com
- Register for Squash Camps by contacting Scott Young at squash@nhlawnclub.com
- If you are registering for **NHLC Tennis Academy/Summer Program Split-Day Camp**, please send your registration, emergency contacts, health information form and lunch form to Jen at camp@nhlawnclub.com.
- If you are registering for **NHLC Squash Program/Summer Program Split-Day Camp**, please send your registration, emergency contacts, health information form and lunch form to Jen at camp@nhlawnclub.com.
- Full-day camp (9 am-3 pm) may sign up for Beforecare beginning at 8:30 am and Aftercare from 3-5:30 pm.
- Half-day camp (9 am-12 noon) may sign up for Beforecare beginning at 8:30 am.
- Early drop-off (prior to 8:45 am) will be charged to the family as Beforecare.
- Late pick-up (past 3:15 pm) will be charged to the family as Aftercare.
- Late pick-up from Aftercare will be charged \$10 until 5:45 pm; \$20 will be charged after 5:45 pm.
- Please make sure that staff has current cell phone numbers and names on file for all people who may pick up your child or who may be contacted in case of emergency.
- Please make sure the Summer Program has an EpiPen and updated health information/emergency health action plan on file for your child if they have a severe allergy.
- "PROOF OF PHYSICAL" FORM MUST BE RECEIVED PRIOR TO YOUR CHILD'S START DATE.

 Failure to provide this form will result in a delay in your child's start date. We cannot allow them to attend camp until this form is received. Physical must be within the last 3 years.
- **REGISTRATIONS ARE NON-REFUNDABLE.** We will try to accommodate changes by applying payments towards other weeks of REGULAR CAMP, as long as the program your child signed up for has filled up past its required minimum number of participants.
- A \$25 change fee applies to all registration changes made once enrollment has been processed.
- At the New Haven Lawn Club, we foster an environment of mutual respect. It is our expectation that both staff and children exude respect and appropriate behavior towards others. Should a repetitive issue arise where disrespect or harm to another child is displayed, the child may be dismissed from camp to ensure the wellbeing of others.
- A minimum enrollment is required to run all programs. Spaces are allocated on a "first-come, first served" basis.

 The program may not enroll past its limits due to safety considerations. Please enroll early to ensure space in the program your child wishes to attend.
- Please submit Emergency Contacts, Health Information and Lunch Forms at the time of registration along with your child's Summer Program registration. Both paper and electronic copies are gladly accepted. Emergency Contacts and Lunch Forms must be received at least two weeks prior to when your child begins camp.

| I ha | ve read | and | l agree | to th | e New | Haven | Lawn | Clu | b S | Summer | Prograi | n Re | gis | tratio | n F | olicie | es: |
|------|---------|-----|---------|-------|-------|-------|------|-----|-----|--------|---------|------|-----|--------|-----|---------------|-----|
|------|---------|-----|---------|-------|-------|-------|------|-----|-----|--------|---------|------|-----|--------|-----|---------------|-----|

| Member name | Member # |
|-------------------|----------|
| | |
| | |
| Member signature: | |

Registration and Emergency Contact Information | NHLC Summer Program 2024

| Please check off each week your child(ren) | will attend NHLC Summer Program: | | |
|--|--|------------------------------------|--|
| ☐ June 17—21 ☐ June 24—28 ☐ July 1—5 | □ July 8–12 □ July 15–19 □ July 22–2 | 26 🖵 July 29–August 2 🖵 August 5–9 | |
| Families w/multiple children participating will rece | rive 10% discount on each additional child. | | |
| Please fill out one emergency contact form for EA | ACH child who will attend the NHLC Summe | er Program. | |
| Member name: | | Member #: | |
| Child's name: | | | |
| Child's age: | Child's DOB: | | |
| Grade entering in the fall: | T-shirt size: | | |
| Mother/Guardian's name: | | | |
| Mother/Guardian's phone (home): | (work): | (cell): | |
| Mother/Guardian's email: | | | |
| Father/Guardian's name: | | | |
| Father/Guardian's phone (home): | (work): | (cell): | |
| Father/Guardian's email: | | | |
| Asthma, allergies or other health concerns? Yes Please list health concerns here: | □ No □ (If yes, complete separate Eme | rgency Health Care Plan.) | |
| Pediatrician name: | | Pediatrician phone: | |
| Pediatrician address: | | | |
| Hospital of choice: | | | |
| Hospital address: | | | |
| Emergency Contacts: | | | |
| Name: | phone: | | |
| Name: | phone: | | |
| Name: | phone: | | |
| People permitted to pick up my child (family, bab | pysitters, friends) and telephone numbers: | | |
| Name: | phone (cell): | (other phone): | |
| Name: | phone (cell): | (other phone): | |
| Name | nhone (cell) | (other phone) | |



Registration Information Form | NHLC Summer Program 2024

| Member name: | Member#: | | | | | |
|---|---|---|--|--|--|--|
| Child's name: | Age: | DOB: | | | | |
| Child's name: | Age: | DOB: | | | | |
| Child's name: | Age: | DOB: | | | | |
| Please initial your agreement and permission to the following: | | | | | | |
| ■ It is understood that all exercise and use of all facilities shall rand all claims, demands, injuries, damages, actions or causes of actions the use of any services or facilities of New Haven Lawn Club at the prarising from the acts of active or passive negligence; and therefore damages and punitive proceedings from alleged causes of action. | ons to person or property a remises where the same are | rising out of, or connected with located; including those | | | | |
| For tennis, all campers should: wear smooth-soled tennis shoes (no running or cross trainers) and white clothing, bring a racket (available through tennis shop), a towel, extra t-shirt and/or outfit, sunscreen, and a whole lot of energy! For squash, squash footwear and eyewear is needed for the courts. | | | | | | |
| ■Staff may apply sunscreen as needed throughout the day. | | | | | | |
| ■ Children may be transported by private car driven by NHLC states for off-site field trips. | aff or walk accompanied by | NHLC staff as needed | | | | |
| Children's photos may used in camp publicity materials, or po Facebook page. | sted in galleries on the NHI | LC website or | | | | |
| ☐ CHECK HERE IF YOUR CHILD IS NOT A PROFICIENT SWIMMER. | | | | | | |
| ☐ CHECK HERE IF YOU DO NOT WANT YOUR CHILDREN'S PHOTOS USE | ED IN PUBLICITY MATERIALS | 5. | | | | |
| Parent/Guardian electronic signature: | | Date: | | | | |

What to Wear and Bring to Camp | NHLC Summer Program 2024

Keep this page at home as a reference.

General reminders:

- Please label all items brought to camp with your child's name.
- Tennis whites must be worn in order to play on the tennis courts.
- Squash footwear and eyewear must be worn to play on the squash courts.
- Emergency Forms, Pick up Permissions, and Proof of Physical must be completed fully and, if medically necessary, an EpiPen left with staff.
- Morning snack is provided as part of the NHLC Summer Program fee; Tennis Camp and Tennis Academy campers purchase their snack at the Snack Bar.
- Lunch is ordered through the Snack Bar. Lunch forms must be submitted prior to children attending camp. Each child's lunch form must be reviewed every Monday morning with camp staff prior to parent/caregiver departure to ensure that children and parents/caregivers have chosen foods that please <u>both</u> child and parent/caregiver.





All Summer Program Campers (including Internship Programs)
Bring to camp:

- Sunscreen, sunstick, sunhat and coverup, water bottle
- Bathing suit, goggles, towel, hairbrush/hair ties as needed, poolside footwear (crocs, sandals, etc.)
- Rain jacket and/or sweatshirt (if rainy/cool weather)

Three to five year-olds (9 am-12 noon campers):

- Children must be potty trained to attend the NHLC Summer Program.
- Arrive wearing tennis whites and athletic footwear.
- Bring two sets of play clothes. (Please leave one in a Ziplock bag to have available as an extra change of clothes.)
- Bring your tennis racket and a filled water bottle.
- Bring sunscreen, sunstick, sunhat and coverup, water bottle.
- Bring your bathing suit, goggles, towel, hairbrush/hair ties as needed, poolside footwear (crocs, sandals, etc).
- If rainy/cool weather, bring rain jacket and/or sweatshirt.

Five to 12 year-olds (9 am-3 pm campers):

- Arrive wearing play clothes and athletic footwear.
- *Bring your tennis whites* to change into.
- Bring your tennis racket and a filled water bottle.
- Bring sunscreen, sunstick, sunhat and coverup, water bottle.
- Bring your bathing suit, goggles, towel, hairbrush/hair ties as needed, poolside footwear (crocs, sandals, etc).
- If rainy/cool weather, bring rain jacket and/or sweatshirt.

Aftercare/Beforecare Campers:

Bring a book from home you like to read.

Permissions Form | NHLC Summer Program 2024

| Complete a separate f | orm for each child | attending. Return to NHLC attn: Jen S | Silva <u>before</u> your child begins the Summer Program: |
|---|--|--|---|
| ☐ Permissions Form | Lunch Form | ☐ Health Form | |
| Child's Name: | | | |
| submit weekly luchoices" menu de purchase snacks Program staff ab not provide child exposure. However the Summer Program initial here to co | unch orders from to luring camp hours directly from the out the guidelines lren with snacks cover, families whos gram and complet onfirm you have re | he Snack Bar menu along with camp and wait until camp ends to order ice Snack Bar. For children enrolled in Af s for their child's choices at the Snack ontaining peanuts, tree nuts or other e children have severe allergies need the Emergency Health Plan. | should bring a refillable water bottle daily. Families enrollment. Children must stay within a "healthy e cream, chips, etc Children attending Aftercare tercare, families must communicate with Summer a Bar. While we are not a peanut-free program, we do nut-containing products to limit the risk of to leave EpiPen and antihistamine medication with gram food policies. |
| Please initial the | box to allow cam | np already wearing sunscreen. Howe p staff to apply additional sunscreen camp staff to apply sunscreen to yo | , , , |
| Photo Permission: | | | |
| - | - ' | on for photos of your child to be post er), or used for camp publicity materi | ed on the NHLC website photo galleries, used in ials. |
| Initial here if you for camp publicit | - , | ission for photos of your child to be p | posted on the NHLC website photo galleries or used |
| Initial here if you | do give permission | on for your child to be featured in NHI | LC social media platforms (Facebook and Instagram) |
| Initial here if you | do not give permis | sion for your child to be featured in NF | ILC social media platforms (Facebook and Instagram). |
| Transport (walking, as Initial here to gi | ve permission for | your child to be escorted and/or trar | nsported by Lawn Club staff in the event of field trips |
| Allergies/Asthma/Otl Medical Form. | ner Medical: Any | amily whose child has an allergy requ | uiring medication must also fill out the Emergency |
| Initial here if your | child has allergio | es/asthma/other medical concerns ar | nd you have filled out the Emergency Medical Form. |
| Initial here to all | ow camp staff to s | give the following medication(s) to y | our child: |
| | | | call |
| | | | call |
| medication | | dosage | call |
| Initial here if you | have filled out th | e required Emergency Medical Form | • |
| medical emergenc causes of actions t the premises wher | ies shall release Ne to person or proper te the same are loca | w Haven Lawn Club and its staff from any ry arising out of, or connected with the us ted; including those arising from the acts | ransport to and from off-site field trips and in the case of and all claims, demands, injuries, damages, actions or e of any services or facilities of New Haven Lawn Club at of active or passive negligence; and New Haven Lawn ies, damages and punitive proceedings from alleged |
| Parents'/Guardians' N | ames: | | |
| Parents'/Guardians' S | ignatures: | | |

Health Exam/Record for Campers and Staff | NHLC Summer Program 2024

| Please Return Comple | eted Form to | the Ca | mp. | | | | | | |
|--|--------------------|-----------|---------------|---|--------------------|--------------|--|--|--|
| Camper Staff | | | | | | | | | |
| Name: | | | | Date of birth: | Telephone: | | | | |
| Guardian: | | | | | | | | | |
| Address: | | | | | | | | | |
| Emergency Contact: | | | | Telephone: | | | | | |
| | | | | | | | | | |
| Date of arrival at camp: | | | | Departure date: | | | | | |
| To be Completed by tl | he Specified | Medic | al Practiti | oner: | | | | | |
| May participate in all cam | np activities | | | Date of exam: | | | | | |
| May participate except fo | or: | | | | | | | | |
| Medical information pertinen | t to routine care | and eme | rgencies: | | | | | | |
| , | | | | | | | | | |
| Is this individual taking presc | ription or over th | ne counte | r medication(| s)? | | | | | |
| If yes, indicate names of med | | | · | | | | | | |
| ir yes, indicate names of med | iication(3). | | | | | | | | |
| | | _ | | | | | | | |
| Does the individual have alle | rgies? | Yes | ☐ No | Explain: | | | | | |
| Is the individual on a special | diet? | Yes | ☐ No | Explain: | Explain: | | | | |
| Does the individual have spe | cial needs? | Yes | ☐ No | Explain: | Explain: | | | | |
| This camper/staff is up-to-da Pediatrics and National Advis | | - | | d immunizations currently recommend ces: | ded by the America | n Academy of | | | |
| | YES | | NO | | YES | NO | | | |
| Measles | | | | Hepatitis B | | | | | |
| Mumps | | | | Diphtheria | | | | | |
| Rubella | | | | Pertussis | | | | | |
| Chickenpox | | | | Pneumococcal conjugate | | | | | |
| Tetanus | | | | Polio | | | | | |
| Comments: | | | | | | | | | |
| Print name of medical care | e provider: | | | | | | | | |
| Medical care provider's ad | dress: | | | | | | | | |
| Medical care provider's cit | y/town: | | | State: | Zip co | ode: | | | |
| | | | | | | | | | |
| Signature of Physician, PA | , APRN or RN: | | | | | | | | |
| Date form signed: | | | | Telephone: | | | | | |

Lunch Form | NHLC Summer Program 2024

| | Member Name: | | Member # | |
|---------------------------------------|--|--|---|---|
| | Child's Name: | | Child's age: Allerg | jies: |
| | | June 17 🗔 June 24 🗔 July 1 🗔 Jul | | ů ů |
| | Camp attending: Summer Prograi | m 🗖 NHLC Tennis 🗖 Split-Day: Tennis/S | Summer Prog. 🚨 Split-Day: Squash/Su | mmer Prog. Specialty Camp |
| | please note that peanut butter is serv | ach day OR choose weekly special for tha red at the Snack Bar. All children with allerg r Aftercare, please communicate with Sumr | jies <u>must provide an Emergency Health F</u> | Plan and EpiPen to Summer |
| | NEW! Camp Menu Weekly Special: | \$8.50 includes beverage choice milk, cho | ocolate milk, apple juice, fruit punch | |
| | week 1—June 10–14: Chicken so week 2—June 17–21: Pasta and week 3—June 24–28: Mac and c week 4—July 1–5: Cheeseburger week 5—July 8–12: French toast week 6—July 15–19: Beef soft ta | off taco, Spanish rice, fruit cup meatballs, apple slices heese, broccoli, fruit cup sliders, carrots sticks, grapes sticks, syrup, bacon, strawberries | week 7—July 22–26: Mac and cheese, b week 8—July 29–Aug 2: Mozzarella stic week 9—Aug 5–9: Mini waffles, syrup, s week 10—Aug 12–16: Chicken sliders, s option (all weeks): Popcorn chicken, frie | ks, tomato sauce, grapes liced banana, breakfast sausage liced cucumbers, grapes |
| _ | ☐ Weekly special or ☐option \$8.50 | ☐ Veggie burger w/cheese \$8.25 | ☐ Hummels hot dog \$4.75 | Beverage |
| | □ BLT \$6.25 □ Bacon egg cheese \$5.75 □ PB and grape jelly \$4.50 □ Hamburger \$8 □ Hamburger w/cheese \$8.50 □ Veggie burger \$7.75 | ☐ Impossible burger \$8 ☐ Impossible burger w/cheese \$8.50 ☐ Grilled cheese \$4.50 ☐ Grilled cheese w/bacon & tomato \$5.75 ☐ Grilled chicken breast \$8 ☐ Grilled chicken breast w/cheese \$8.50 | ☐ Cesar salad \$7.75 ☐ Cesar w/ chicken \$11 ☐ Chicken fingers \$6.25 | □ Lemonade \$2.50 □ Apple juice (10 oz) \$2.50 □ Milk/low fat choc milk \$2.50 □ Orange juice \$2.75 □ Gatorade (11 oz) \$2.50 color/flavor: |
| IOCODA | □ Weekly special or □option \$8.50 □ BLT \$6.25 □ Bacon egg cheese \$5.75 □ PB and grape jelly \$4.50 □ Hamburger \$8 □ Hamburger w/cheese \$8.50 □ Veggie burger \$7.75 | □ Veggie burger w/cheese \$8.25 □ Impossible burger \$8 □ Impossible burger w/cheese \$8.50 □ Grilled cheese \$4.50 □ Grilled cheese w/bacon & tomato \$5.75 □ Grilled chicken breast \$8 □ Grilled chicken breast w/cheese \$8.50 | ☐ Hummels hot dog \$4.75 ☐ Cesar salad \$7.75 ☐ Cesar w/ chicken \$11 ☐ Chicken fingers \$6.25 ☐ Cheese quesadilla \$4.75 ☐ Cheese quesadilla w/ chicken \$7 ☐ Fruit salad w/ mini-yogurt \$5.50 | Beverage Lemonade \$2.50 Apple juice (10 oz) \$2.50 Milk/low fat choc milk \$2.50 Orange juice \$2.75 Gatorade (11 oz) \$2.50 color/flavor: |
| WEDNESDA | Weekly special or □option \$8.50 □ BLT \$6.25 □ Bacon egg cheese \$5.75 □ PB and grape jelly \$4.50 □ Hamburger \$8 □ Hamburger w/cheese \$8.50 □ Veggie burger \$7.75 | □ Veggie burger w/cheese \$8.25 □ Impossible burger \$8 □ Impossible burger w/cheese \$8.50 □ Grilled cheese \$4.50 □ Grilled cheese w/bacon & tomato \$5.75 □ Grilled chicken breast \$8 □ Grilled chicken breast w/cheese \$8.50 | ☐ Hummels hot dog \$4.75 ☐ Cesar salad \$7.75 ☐ Cesar w/ chicken \$11 ☐ Chicken fingers \$6.25 ☐ Cheese quesadilla \$4.75 ☐ Cheese quesadilla w/ chicken \$7 ☐ Fruit salad w/ mini-yogurt \$5.50 | Beverage Lemonade \$2.50 Apple juice (10 oz) \$2.50 Milk/low fat choc milk \$2.50 Orange juice \$2.75 Gatorade (11 oz) \$2.50 color/flavor: |
| INGCADIL | □ Weekly special or □option \$8.50 □ BLT \$6.25 □ Bacon egg cheese \$5.75 □ PB and grape jelly \$4.50 □ Hamburger \$8 □ Hamburger w/cheese \$8.50 □ Veggie burger \$7.75 | □ Veggie burger w/cheese \$8.25 □ Impossible burger \$8 □ Impossible burger w/cheese \$8.50 □ Grilled cheese \$4.50 □ Grilled cheese w/bacon & tomato \$5.75 □ Grilled chicken breast \$8 □ Grilled chicken breast w/cheese \$8.50 | ☐ Hummels hot dog \$4.75 ☐ Cesar salad \$7.75 ☐ Cesar w/ chicken \$11 ☐ Chicken fingers \$6.25 ☐ Cheese quesadilla \$4.75 ☐ Cheese quesadilla w/ chicken \$7 ☐ Fruit salad w/ mini-yogurt \$5.50 | Beverage Lemonade \$2.50 Apple juice (10 oz) \$2.50 Milk/low fat choc milk \$2.50 Orange juice \$2.75 Gatorade (11 oz) \$2.50 color/flavor: |
| T T T T T T T T T T T T T T T T T T T | □ Weekly special or □option \$8.50 □ BLT \$6.25 □ Bacon egg cheese \$5.75 □ PB and grape jelly \$4.50 □ Hamburger \$8 □ Hamburger w/cheese \$8.50 □ Veggie burger \$7.75 | ☐ Veggie burger w/cheese \$8.25 ☐ Impossible burger \$8 ☐ Impossible burger w/cheese \$8.50 ☐ Grilled cheese \$4.50 ☐ Grilled cheese w/bacon & tomato \$5.75 ☐ Grilled chicken breast \$8 ☐ Grilled chicken breast w/cheese \$8.50 | ☐ Hummels hot dog \$4.75 ☐ Cesar salad \$7.75 ☐ Cesar w/ chicken \$11 ☐ Chicken fingers \$6.25 ☐ Cheese quesadilla \$4.75 ☐ Cheese quesadilla w/ chicken \$7 ☐ Fruit salad w/ mini-yogurt \$5.50 | Beverage Lemonade \$2.50 Apple juice (10 oz) \$2.50 Milk/low fat choc milk \$2.50 Orange juice \$2.75 Gatorade (11 oz) \$2.50 color/flavor: |

Camp Selection Form for weeks June 17-21, June 24-28 | NHLC Summer Program 2024

Use this form for these programs:

- Full and half-day Summer Program
- Swim/Specialty Camps/Internships
- Beforecare/Aftercare/Afternoon Fives
- Friday after 1 pm (only for those taking NHLC Tennis Academy full-day camp, which ends at 1 pm on Fridays)

To register for NHLC Tennis Academy:

Michaela Kratochvilova, tennis@nhlawnclub.com

To register for Squash Camps:

Scott Young, squash@nhlawnclub.com

Questions/register for Summer Program, Swim and Specialty Camps:

Jennifer Silva, camp@nhlawnclub.com

To register for Split-Day Camp (NHLC Tennis Academy morning +

Summer Program afternoon): Please send your

- Registration
- Emergency Contacts
- Health Information
- Lunch Forms

to Jen at camp@nhlawnclub.com

NHLC Squash and NHLC Tennis campers attending "Add-on" afternoon hours or Aftercare MUST submit an Emergency Contact Form and Health Form to Jen at camp@nhlawnclub.com.

| Member name: | Memb | Member # Date: | | | | |
|--------------------|--|----------------------------|---|--------------|---------------|--|
| Child(ren)'s name: | | | | | | |
| Child(ren)'s age: | Child(| hild(ren)'s date of birth: | | | | |
| ☐ June 17-21 ☐ Ju | week your child(ren) will attend NHLC Summer Program une 24–28 | ☐ July | | , , - | ☐ August 5–9 | |
| | Program | Fee | 1 | Child/Childr | ren's name(s) | |
| June 17–24 | BEFORECARE: 8:30–9 am, ages 3–11 | \$45 | | | | |
| New! Nickelodeon | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$205 | | | | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$190 | | | | |
| | Full Day Camp: 9 am-3 pm, entering grades 1–6 | \$385 | | | | |
| | Split-Day Camp (Tennis): entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$270) + Summer Program 11:45 am–3 pm (\$195) | \$465 | | | | |
| | Split-Day Camp (Squash): ages 6–9 NHLC Squash 9–11:45 am (\$200) + Summer Program 11:45 am–3 pm (\$195) | \$395 | | | | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm) | | | | | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | | | | |
| June 24–28 | BEFORECARE: 8:30-9 am, ages 3-11 | \$45 | | | | |
| Full STEAM Ahead | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$205 | | | | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$190 | | | | |
| | Full Day Camp: 9 am-3 pm, entering grades 1–6 | \$385 | | | | |
| | Split-Day Camp (Tennis): entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$270) + Summer Program 11:45 am–3 pm (\$195) | \$465 | | | | |
| | Split-Day Camp (Squash): ages 6–9 NHLC Squash –11:45 am (\$200) + Summer Program 11:45 am–3 pm (\$195) | | | | | |
| | Baking Camp 9 am–12 noon, ages 7 and up | \$215 | | | | |
| | Baking Camp 9 am-12 noon (\$215) + Summer Program 12 noon- 3 pm (\$195) | \$410 | | | | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm) | \$40 | | | | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | | | | |
| - | | | | | | |

Camp Selection Form for weeks July 1-5, July 8-12 | NHLC Summer Program 2024

Use this form for these programs:

- Full and half-day Summer Program
- Swim/Specialty Camps/Internships
- Beforecare/Aftercare/Afternoon Fives
- Friday after 1 pm (only for those taking NHLC Tennis Academy full-day camp, which ends at 1 pm on Fridays)

To register for NHLC Tennis Academy:

Michaela Kratochvilova, tennis@nhlawnclub.com

To register for Squash Camps:

Scott Young, squash@nhlawnclub.com

Questions/register for Summer Program, Swim and Specialty Camps:

Jennifer Silva, camp@nhlawnclub.com

To register for Split-Day Camp (NHLC Tennis Academy morning +

Summer Program afternoon): Please send your

- Registration
- Emergency Contacts
- Health Information
- Lunch Forms

to Jen at camp@nhlawnclub.com

NHLC Squash and NHLC Tennis campers attending "Add-on" afternoon hours or Aftercare MUST submit an Emergency Contact Form and Health Form to Jen at camp@nhlawnclub.com.

| Member name: | Memb | er# | | Date: | |
|--------------------|--|-----------|----------|-------------|--------------|
| Child(ren)'s name: | | | | | |
| Child(ren)'s age: | Child(| ren)'s da | ite of b | irth: | |
| □ June 17–21 □ Ju | week your child(ren) will attend NHLC Summer Program une 24–28 | ☐ July | | | ☐ August 5–9 |
| | Program | Fee | 1 | Child/Child | ren's names |
| July 1–5 | BEFORECARE: 8:30–9 am, ages 3–11 | \$40 | | | |
| The Wild, Wild | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$165 | | | |
| West | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$155 | | | |
| *No camp July 4 | Full Day Camp: 9 am-3 pm, entering grades 1–6 | \$310 | | | |
| | Split-Day Camp (Tennis): entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$216) + Summer Program 11:45 am–3 pm (\$160) | \$376 | | | |
| | Split-Day Camp (Squash): ages 6–9 NHLC Squash 9–11:45 am (\$180) + Summer Program 11:45 am–3 pm (\$160) | \$340 | | | |
| | LEGO® Camp 9 am-12 noon (\$185) + Summer Program 12 noon- 3 pm (\$160) | \$345 | | | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$40 | | | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$105 | | | |
| July 8–12 | BEFORECARE: 8:30–9 am, ages 3–11 | \$45 | | | |
| NHLC's Got | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$205 | | | |
| Talent! | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$190 | | | |
| | Full Day Camp: 9 am-3 pm, entering grades 1–6 | \$385 | | | |
| | Split-Day Camp (Tennis): entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$270) + Summer Program 11:45 am–3 pm (\$195) | \$465 | | | |
| | Split-Day Camp (Squash): ages 6–9 NHLC Squash 9–11:45 am (\$200) + Summer Program 11:45 am–3 pm (\$195) | \$395 | | | |
| | Novice Swim Camp: 9 am-3 pm | \$420 | | | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$40 | | | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | ٦ | | |
| | | | | | |

Camp Selection Form for weeks July 15-19, July 22-26 | NHLC Summer Program 2023

Use this form for these programs:

- Full and half-day Summer Program
- Swim/Specialty Camps/Internships
- Beforecare/Aftercare/Afternoon Fives
- Friday after 1 pm (only for those taking NHLC Tennis Academy full-day camp, which ends at 1 pm on Fridays)

To register for NHLC Tennis Academy:

Michaela Kratochvilova, tennis@nhlawnclub.com

To register for Squash Camps:

Scott Young, squash@nhlawnclub.com

Questions/register for Summer Program, Swim and Specialty Camps:

NHLC Squash and NHLC Tennis Campers attending "Add-on" afternoon hours or Aftercare MUST submit an Emergency Contact Form and

Jennifer Silva, camp@nhlawnclub.com

To register for Split-Day Camp (NHLC Tennis Academy morning +

Summer Program afternoon): Please send your

- Registration
- Emergency Contacts
- Health Information
- Lunch Forms

to Jen at camp@nhlawnclub.com

| Health Form to Jer | n at camp@nhlawnclub.com. | | | | |
|-------------------------|--|-----------|----------|------------------------|--|
| Member name: | Memb | oer# | | Date: | |
| Child(ren)'s name: | | | | | |
| Child(ren)'s age: | Child | ren)'s da | ate of | birth: | |
| ☐ June 17-21 ☐ J | week your child(ren) will attend NHLC Summer Progra une 24–28 | ☐ July | | | |
| | Program | Fee | / | Child/Children's names | |
| July 15–19 | BEFORECARE: 8:30–9 am, ages 3–11 | \$45 | ۵ | | |
| Cool Chemistry | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$205 | | | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$190 | | | |
| | Full Day Camp: 9 am-3 pm, entering grades 1-6 | \$385 | | | |
| | Split-Day Camp (Tennis): entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$270) + Summer Program 11:45 am–3 pm (\$195) | \$465 | | | |
| | Split-Day Camp (Squash): ages 6–9 NHLC Squash 9–11:45 am (\$200) + Summer Program 11:45 am–3 pm (\$195) | \$395 | | | |
| | Intermediate Swim Camp 9 am-3 pm | \$420 | ۵ | | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$40 | | | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | | | |
| July 22–26 | BEFORECARE: 8:30-9 am, ages 3-11 | \$45 | | | |
| Enchanted Forest | Preschool Camp: 9 am-12 noon, ages 3-entering K | \$205 | | | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$190 | ۵ | | |
| | Full Day Camp: 9 am-3 pm, entering grades 1-6 | \$385 | ۵ | | |
| | Split-Day Camp (Tennis): entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$270) + Summer Program 11:45 am–3 pm (\$195) | \$465 | | | |
| | Split-Day Camp (Squash): ages 6–9 NHLC Squash 9–11:45 am (\$200) + Summer Program 11:45–3 pm (\$195) | \$395 | | | |
| | Summer Program (morning) + Advanced Swim Camp (afternoon), ages 10 and up | \$420 | | | |
| | Tennis (morning) + Advanced Swim Camp (afternoon), ages 10 and up | \$460 | | | |
| | Add-on Friday (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$40 | | | |
| 18 | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | | | |

Camp Selection Form for weeks July 29-August 2, August 5-9 | NHLC Summer Program 2023

Use this form for these programs:

- Full and half-day Summer Program
- Swim/Specialty Camps/Internships
- Beforecare/Aftercare/Afternoon Fives
- Friday after 1 pm (only for those taking NHLC Tennis Academy full-day camp, which ends at 1 pm on Fridays)

To register for NHLC Tennis Academy:

Michaela Kratochvilova, tennis@nhlawnclub.com

To register for Squash Camps:

Scott Young, squash@nhlawnclub.com

Questions/register for Summer Program, Swim and Specialty Camps:

Jennifer Silva, camp@nhlawnclub.com

To register for Split-Day Camp (NHLC Tennis Academy morning +

Summer Program afternoon): Please send your

- Registration
- Emergency Contacts
- Health Information
- Lunch Forms

to Jen at camp@nhlawnclub.com

NHLC Squash and NHLC Tennis Campers attending "Add-on" afternoon hours or Aftercare MUST submit an Emergency Contact Form and Health Form to Jen at camp@nhlawnclub.com.

| Member name: | Memb | er# | | Date: | |
|--------------------|--|-----------|-----------|------------------|------------|
| Child(ren)'s name: | | | | | |
| Child(ren)'s age: | Child(| ren)'s da | ite of bi | rth: | |
| □ June 17–21 □ J | week your child(ren) will attend NHLC Summer Programune 24–28 | ☐ July | | | August 5–9 |
| | Program | Fee | ✓ | Child/Children's | names |
| July 29–August 2 | BEFORECARE: 8:30-9 am, ages 3-11 | \$45 | | | |
| Magic Madness | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$205 | | | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$190 | | | |
| | Full Day Camp: 9 am-3 pm: entering grades 1-6 | \$385 | | | |
| | Split-Day Camp (Tennis): entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$270) + Summer Program 11:45 am–3 pm (\$195) | \$465 | | | |
| | Split-Day Camp (Squash): ages 6–9 NHLC Squash 9–11:45 am (\$200) + Summer Program 11:45 am–3 pm (\$195) | \$395 | | | |
| • | Add-on Friday (Friday only) 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$40 | | | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | | | |
| August 5–9 | BEFORECARE: 8:30–9 am, ages 3–11 | \$45 | | | |
| Drama Days | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$205 | | | |
| | Afternoon Fives: 12 noon—3 pm, ages 5—entering K | \$190 | | | |
| | Full Day Camp: 9 am-3 pm: entering grades 1-6 | \$385 | | | |
| | Split-Day Camp (Tennis): entering grades 1–6 NHLC Tennis Academy 9–11:45 am (\$270) + Summer Program 11:45 am–3 pm (\$195) | \$465 | | | |
| | Creative Theater Laboratory: 9 am-3 pm | \$425 | | | |
| | Add-on Friday (Friday only) 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$40 | | | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$130 | | | |
| | | | | | |

NHLC Summer Program Staff

Jen Silva, NHLC Summer Program Director, returns to NHLC for her eleventh summer. She received a Bachelor of Science degree in art education and a master's degree in psychology from Southern Connecticut State University, as well as a sixth-year degree in special education. She also holds her doctoral degree in educational leadership through the University of Bridgeport. During the school year Jen enjoys teaching art, and is also a TEAM-trained mentor teacher. In her spare time, Jen loves creating her own artwork, exercising, and spending time with her husband and their two sons. She is committed to making your children's camp days fun, exciting, educational, and memorable at the NHLC Summer Program!

Amy Cordon, Assistant Director & Elementary Head Counselor, returns for her thirteenth summer at NHLC leading the 9 am-3 pm camp. She graduated from St. Joseph College with a bachelor's degree in biology in 2002 and received a master's degree in education from University of Bridgeport in 2004. Amy enjoys teaching middle school science in Wolcott CT. While teaching at the Waterbury Arts Magnet School, she was the advisor to the student council in which she encouraged kids to help their school and community. In her spare time, she enjoys hiking.

Magdalene Corradino, *Preschool Head Counselor,* is excited to return to NHLC for her seventh summer, and second as a head counselor! She is graduating from Sacred Heart University and is hoping to become an elementary school teacher in the fall. She is looking forward to spending the summer at camp!





ASSISTANT COUNSELORS

Assistant Counselors in the Summer Program have enthusiasm and delight for working with children as well as a motivated work ethic. Each Assistant Counselor brings a unique set of skills, athletic and/or artistic, which enrich the children's day and experiences.

Mia Coppola is super excited to return to NHLC for her third summer. She currently attends Central Connecticut State University. She is looking forward to another great summer!

Luke McMahon is excited to return to NHLC for his third summer! He currently attends the University of Connecticut at Storrs and is studying medical lab science. He is very happy to be back and is looking forward to seeing lots of new and familiar faces at camp!

Reece Hebert is excited for her second summer at the New Haven Lawn Club. She plans to attend Elms College in the fall where she will study communicative science disorders to become a speech and language pathologist. She is very excited to be surrounded by such an amazing community and all the kids this summer!

NHLC Squash Summer Camp 2024



Our Squash summer camp is designed to be a fun and competitive learning environment. Led by Head Pro Scott Young, with the help of several graduates of the Lawn Clubs squash program who now play for various colleges around the country.

The program is designed to foster competition, creativity, camaraderie and of course, skill acquisition, giving campers a grounding in what the game of squash is all about and helping them meet friends to experience it with.

Initially, focus will be on developing sound hand-eye coordination fundamentals before moving onto the essential technique required to play the game. Basic strategy and tactic will underpin it all, with an emphasis on fun competition in the form of both individual and team games. Coaches will use adaptive squash balls to accommodate level, as well as various other training aids to make the process streamlined and engaging for the camper.

Scott Young, Director of Squash

Spending his early years in Southern Africa, Scott grew up in a sport-mad culture where competition and excellence was expected from an early age. Playing all sports as a kid, Scott eventually discovered squash and did not look back, earning a scholarship to join a prestigious squash program in the UK and then some years later, another to the University of Birmingham where he was a double national champion, graduating with a degree in English Literature.

Scott has competed against some of the best players in the world and has been ranked as high as 23 in the world in doubles. In recent years, coaching has been Scott's passion, completing his level 3 coaching certification under the mentorship of the UK's best and most knowledgeable coaches. Scott enjoys sharing

his knowledge and passion for the game and takes pride in being able to tailor his coaching and distill down information for players of any level.

Before joining the Lawn Club in September of 2022, Scott spent four years working at the Field Club of Greenwich, learning in a demanding private club setting, which caters to all levels throughout the year. Prior to his time at the Field Club, he worked with National junior champions in the United Kingdom, and helped Fordham University to rise more than 10 places in the College Rankings.

Scott Brings a wealth of knowledge, experience and passion to this summer at the NHLC.



Split-day Camp:

Squash camp (9 am-12 noon) + Summer Program (12 noon-3 pm) \$395/week

Weeks of:

June 17-June 21

June 24-June 28

July 1-July 3 (prorated)

July 8-July 12

July 15-July 19

July 22-July 26

July 29-August 2

Squash camp ONLY (9 am-12 noon) \$200/week

Weeks of:

June 10-June 14

August 26-August 30

SQUASH AT THE NEW HAVEN LAWN CLUB

The Lawn club has a storied history of producing squash players that have gone on to play in tournaments all over the world and get recruited to some of the best schools in the country. It is my ambition that we at the Lawn Club will keep producing these players but beyond that my goal is to give these kids a lifelong sport that they can use to meet people and stay healthy the rest of their lives. This all starts with coming along to camp in the summer, having a

> great time with friends and learning the games fundamentals.

-Scott Young

NHLC Tennis



Greetings, everyone! I'm thrilled to welcome you to the 2024 Tennis Season at the New Haven Lawn Club. This marks my fifth year as your Outdoor Racquets Director, and what a journey it's been! We've enjoyed a plethora of engaging activities, from our successful Pro's Exhibition to the vibrant Margarita Nights. Your ongoing involvement and zeal have been truly inspiring!

This summer promises to be exciting as I bring new ideas to our Tennis Program. The NHLC is steeped in a rich tennis heritage, and I am dedicated to further enhancing our program in every aspect.

Our youth program will introduce an extensive "quick start" initiative, aligning with the United States Tennis Association (USTA)

"10 and under initiative" now a standard in national coaching. The USTA's extensive research has paved the way for the most efficient junior player development, and I'm eager to implement these coaching methods for you and your families. This teaching model is designed to quickly equip students with the skills to play independently, without a pro. Ultimately, our aim is to see kids engaging in friendly tennis matches and relishing the game. My commitment is to uphold this educational approach, positioning the NHLC's junior program as a leader in instructional excellence.

Our Junior Interclub matches last season were fantastic, and we're keen to enhance this experience in the upcoming summer! For kids who are either intermediate or advanced tennis players, our interclub team offers a wonderful competitive opportunity. The team is diverse in skill levels and exhibits fantastic spirit. Junior players participating should be able to serve, keep score, and play from the baseline. Matches are scheduled every Thursday from 1–3 pm, hosted either at our Club or at various local clubs, with practices for these matches every Friday from 1–2:30 pm.

I eagerly anticipate a season filled with learning and growth alongside each one of you. It's a great honor to work with you and your families this summer at NHLC.

Michaela Kratochvilova, Director of Outdoor Racquets
Armstrong Atlantic University Hall of Fame Inductee
Extra league competition Czech Republic
USPTA Elite certified (United States Professional Association)
PPTA Elite certified (Professional Platform Tennis Association)
IPTPA-certified Level II (International Pickleball Teaching
Professional Association)
10 & UNDER Tennis Certified
LEVEL 2 Paddle Certification

Mark Your Calendars!

April 30: Pre-Registration Deadline for NHLC Tennis Academy

Higher Performance Training (registration form pg.23)

June 17–August 16; Monday–Friday, 1–3 pm

Weekly: \$325; Daily: \$70 Pre-register: \$300 weekly

This is the competitive component of our junior development program during the season. It is targeted toward our tournament/competitive juniors (Yellow Ball). We will be guiding our players to the next level of being their best. This program is intended to prep our players for a collegiate level tennis.

NHLC Tennis Academy 2024 (registration form pg.23)
Monday-Thursday: 9 am-3 pm and Friday: 9 am-1 pm

NHLC Split-Day Camp 2024 (registration form pg.23) June 17-August 16, Monday-Friday

check-in 9-9:15 am | tennis 9:15-11:45 am lunch and day camp 11:45 am-3 pm



Registration Form | NHLC Tennis Academy and NHLC Split-Day Camp 2024

| Member last name: | Member #: | | | | | | |
|---|-----------------------|------------------|-----------------------|------------------|---------------|-----------------|--|
| Mother/Father name: | phone (hon | ne): | | (cell): | | | |
| Guardian/Au Pair/Sitter name: | phone (hon | ne): | | (cell): | | | |
| NHLC Tennis Academy 2024 | | | | | | | |
| Monday–Thursday from 9 am to 3 pm; Friday from 9 am to 1 pm | | | | | | | |
| Pre-registration deadline is April 30, 2024: \$385 (full day) or \$295 (partia | l day); Regi s | stration aft | er May 1: \$4 | 25 (full day |) or \$330 | (partial day) | |
| Junior member name: | | ag | ge: | date of birth | 1: | | |
| check week(s) desired: June 10 (daily) June 17 June 24 July 1 (no camp | July 4) 📮 Ju | ly 8 🖵 July | 15 🖵 July 22 | ☐ July 29 | ☐ Aug 5 | ☐ Aug 12 | |
| Junior member name: | | ag | ge: | date of birtl | 1: | | |
| check week(s) desired: 🗖 June 10 (daily) 📮 June 17 📮 June 24 📮 July 1 (no camp | July 4) 📮 Ju | ly 8 📮 July | 15 🗖 July 22 | ☐ July 29 | ☐ Aug 5 | ☐ Aug 12 | |
| ■ Pre-registration deadline is April 30, 2024: \$385 (full day) or \$295 (partial day) | | | | | | | |
| ■ \$140 daily registration is possible (with pre-approval of Tennis Director). | | | | | | | |
| Morning Snack will be charged directly to your account. 10% discount extended for families with multiple children enrolled in Academy ea | sh wook Disc | count applica | anly after fir | st shild on ful | Il rata of Ac | adamu | |
| If used in conjunction w/pre-registration incentive, additional child = \$347 full da | | | only after in | st cilia on la | ii rate or Ac | auemy. | |
| ■ Juniors are required to wear appropriate white attire, smooth soled tennis shoes (| | |). Please appl | y sunscreen | at home pri | or to | |
| Academy. On Friday afternoons, Academy Kids have the option to join Day Campe please contact Summer Program Director, Jen Silva. | ers for activitie | es in the afte | rnoon. <i>Regis</i> i | tration is req | uired for th | is option— | |
| ■ Pre-registration must be completed by April 30th, 2024. All weeks pre-registered | d will be billed | l in advance. | In the event | of cancellatio | n of any we | eks, | |
| after being billed, applied discount of 10% will be deducted from amount placed i | | | | | , | | |
| Devent/Cuardian signature | المممم | | | data | | | |
| Parent/Guardian signature: ce | ll phone: | | | date: | | | |
| NHLC Split-Day Camp 2024 | | | | | | | |
| NHLC Tennis Mini-Academy + NHLC Summer Program: Monday–Friday, ag | res 6–9 | | | | | | |
| Check in: 9–9:15 am; Tennis: 9:15–11:55 am; Lunch + NHLC Summer Progra | m: 11:55 am | | | | | | |
| Cost for NHLC Split-Day Camp: \$465 (morning tennis: \$270 + afternoon Nh | HLC Summe | Program: S | \$195) | | | | |
| Junior member name: | | aş | ge: | date of bir | th: | | |
| check week(s) desired: June 17 June 24 July 1 (no camp July 4) | ☐ July 8 | July 15 | ☐ July 22 | ☐ July 29 | ☐ Aug 5 | ☐ Aug 12 | |
| | | | | | | | |
| Junior member name: | | | ge: | date of bir | | | |
| check week(s) desired: June 17 June 24 July 1 (no camp July 4) | 山 July 8 | 山 July 15 | 山 July 22 | 山 July 29 | ☐ Aug 5 | 山 Aug 12 | |
| Morning Snack will be charged directly to your account. | | | | | | | |
| Registration and billing for Split-Day Camp (Tennis + Summer Program) Michaela Kratochvilova, NHLC Tennis Director: tennis@nhlawnclub.com a | | • | _ | | | | |
| Parent/Guardian signature: | cell | phone: | | | date: | | |
| Higher Performance Training | | | | | | | |
| Monday–Friday 1–3 pm; Cost: \$325/week or \$70/day; Pre-registration deadline is April 30, 2023: \$300 (weekly) | | | | | | | |
| Member name: | | М | ember #: | | | | |
| check week(s) desired: June 17 June 24 July 1 (no camp July 4) | ☐ July 8 | ☐ July 15 | ☐ July 22 | ☐ July 29 | ☐ Aug 5 | ☐ Aug 12 | |







