

NEW HAVEN LAWN CLUB

2023 Summer Camp and Tennis Program



Summer Camp:
June 19–August 11

NHLC Tennis:
June 5–August 11

Schedule at a Glance: NHLC Summer Program 2023

Beforecare and Aftercare available Monday–Friday by **advance** registration **only**.

Beforecare: 8:30–9 am (\$40 per week, ages 3–11) **Aftercare:** 3–5:30 pm (\$120 per week, entering grades 1–6)

Additional fees for early drop-off or late pick-up apply (see page 2)



| Week | NHLC Summer Program Ages 3–entering K 9 am to 12 noon | NHLC Summer Program Entering grades 1–6 9 am to 3 pm | Split-Day Camp Entering grades 1–6 9 am to 3 pm | Swim Camps and Specialty Camps |
|------------------------------------|--|--|---|--|
| June 19–23 | Safari Season Ages 3–entering K 9 am–12 noon \$190 (must be potty trained) <i>*extended day option, see below</i> | Safari Season Entering grades 1–6 9 am–3 pm \$355 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:55 am + Summer Program 11:55 am–3 pm \$445 | Split-Day Squash Camp Ages 6–9 NHLC Squash 9 am–12 noon + Summer Program 12 noon– 3 pm \$380 |
| June 26–30 | Creative Play! Ages 3–entering K 9 am–12 noon \$190 (must be potty trained) <i>*extended day option, see below</i> | Creative Creatures Entering grades 1–6 9 am–3 pm \$355 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:55 am + Summer Program 11:55 am–3 pm \$445 | Split-Day Squash Camp Ages 6–9 NHLC Squash 9 am–12 noon + Summer Program 12 noon– 3 pm \$380 |
| | | | | Baking Camp Ages 7 and up, options: Baking Camp 9 am–12 noon \$215 or Baking Camp 9 am–12 noon + Summer Program 12–3 pm \$395 |
| July 3, 5–7 (no camp July 4) | Superheroes Save the Day! Ages 3–entering K 9 am–12 noon \$155 (must be potty trained) <i>*extended day option, see below</i> | Superhero Adventures Entering grades 1–6 9 am–3 pm \$285 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:55 am + Summer Program 11:55 am–3 pm \$360 | No Specialty Camp this week |
| July 10–14 | Jiggle and Wiggle Week! Ages 3–entering K 9 am–12 noon \$190 (must be potty trained) <i>*extended day option, see below</i> | NHLC Camp's Got Talent! Entering grades 1–6 9 am–3 pm \$355 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:55 am + Summer Program 11:55 am–3 pm \$445 | Novice Swim Camp 9 am–3 pm \$390 |
| July 17–21 | Science, Slime and Sludge! Ages 3–entering K 9 am–12 noon \$190 (must be potty trained) <i>*extended day option, see below</i> | Mad Scientist Week Entering grades 1–6 9 am–3 pm \$355 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:55 am + Summer Program 11:55 am–3 pm \$445 | Intermediate Swim Camp 9 am–3 pm \$390 |
| July 24–28 | Little Inventors Ages 3–entering K 9 am–12 noon \$190 (must be potty trained) <i>*extended day option, see below</i> | Club Camp Invention Entering grades 1–6 9 am–3 pm \$355 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:55 am + Summer Program 11:55 am–3 pm \$445 | Advanced Swim Camp options: NHLC Tennis (morning) + Swim Camp (afternoon) \$440 or Summer Program (morning) + Swim Camp (afternoon) \$400 |
| July 31–Aug 4 | Wonderful Wizards! Ages 3–entering K 9 am–12 noon \$190 (must be potty trained) <i>*extended day option, see below</i> | Magic Madness! Entering grades 1–6 9 am–3 pm \$355 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:55 am & Summer Program 11:55 am–3 pm \$445 | No Specialty Camp this week |
| August 7–11 | Delightful Drama Days Ages 3–entering K 9 am–12 noon \$190 (must be potty trained) <i>*extended day option, see below</i> | Theater Themes Entering grades 1–6 9 am–3 pm \$355 | Split-Day Tennis Camp Entering grades 1–6 NHLC Tennis 9–11:55 am & Summer Program 11:55 am–3 pm \$445 | Creative Theater Laboratory Entering grades 1–6 9 am–3 pm \$395 |

***extended day option:**

**Afternoon Fives program for
children entering K only:**
12 noon–3 pm: \$175/per week
(July 3, 5–7: \$140/week)
no camp July 4)

Welcome to the New Haven Lawn Club Summer Program 2023!

At the New Haven Lawn Club, we offer programs for children ranging from ages 3 to 11. Our general summer program, specialty camps, and before-and-after care programs provide children with engaging and exciting summer days embedded in New Haven's prestigious private club atmosphere. Over the course of the summer, each week focuses on different thematic activities that include crafts, science, and sports. Our specialty camps focus on a specific topic of interest, with a wide range of choices. Early registration is encouraged to ensure space, as enrollment is limited and assigned on a "first-come, first-serve" model. We incorporate flexibility, creativity and structure along with the intimacy provided by a small, professional staff. All of our head counselors are certified, practicing educators in Connecticut. Our assistant counselors are trained to work with children of all ages as well.

Programming is dependent upon enrollment. Please support our new and exciting initiatives!



Specialty Camps for Summer 2023

BAKING CAMP *Ages 7 and up*

June 26–30, from 9 am to 12 noon

Back by popular demand! If you have a sweet tooth- this is the camp for you! Led by Head Counselor Laura Lawlor, an experienced baker and veteran teacher, children will have the opportunity to create a different sweet treat each day. Campers will also learn the art of cake decorating. This camp will run from 9 am–12 noon, with an option to enroll in regular NHLC camp for the afternoon. Space is limited—register today! *Programming is dependent upon enrollment.

SPECIALTY SWIM CAMPS *Children entering grades 1–6*

Novice: July 10–14; **Intermediate:** July 17–21 ; **Advanced:** July 24–28

Per members' request, the Advanced Swim Camp will run differently. Children have the option to enroll in either NHLC Tennis in the morning session. Swim Camp will take place after lunch for the afternoon with breaks in between. This program will max out at 8 campers. Please register right away to ensure a spot in this program. All registrations must receive approval from our Pool Director.

CREATIVE THEATRE LABORATORY *Children entering grades 1–6*

August 7–11, from 9 am to 3 pm

Join us for another week filled with imagination, games, storytelling, and of course a performance. Get ready to move, dance, sing, write, direct, and act with our experienced Theater staff. Campers will participate in improv games, creating their own script, set design, and more. The week concludes with a performance by our theater ensemble.

Welcome to the NHLC Summer Program 2023!

New Haven Lawn Club Summer Program offers:

- Caring, competent, responsive, child-oriented supervision.
- A mixed age group camp with a relaxed, friendly atmosphere.
- An educational, fun activity related to the weekly theme.
- An age-appropriate, skill-building tennis clinic taught by the NHLC Tennis Program, offered by Michaela Kratochvilova and her staff.
- Squash clinics for children ages 6–9 will be offered by Scott Young during the weeks of June 19–23 and June 26–30 as a morning session option from 9 am–12 noon. Campers are welcome to join regular camp for lunch and the afternoon. Contact Scott Young at squash@nhlawnclub.com for Squash Camp questions and registrations for full day camps.
- Swim sessions overseen by NHLC Pool Director and lifeguards.
- Sports and athletic games designed for your child's age/interests.
- Free swim supervised by playful, engaged counselors.
- Menus that offer fresh fruit and include healthy choices.
- During the "Free Choice" time block, children can choose among free swim, creative play, LEGOs and arts & crafts.
- Specialty camps offer intensive instruction in a small group setting and geared towards our upper elementary and middle school aged campers. (*Swim Camp, Baking Camp and Creative Theatre Workshop*)
- Rainy day programming offers arts and crafts, theme-related projects, LEGOs, board games, Peabody Museum field trips and active indoor play in the squash courts.
- Flexible scheduling adapts to extreme heat and/or thundershowers to ensure a safe, enjoyable camp experience regardless of weather conditions.

Beforecare and Aftercare: Information and Fees

Before-care and after-care consists of a smaller group of children together with a counselor. Board games, playground time, swimming, arts and crafts, and LEGOs are daily activities. Snacks must be purchased by the member child at the Snack Bar. In case of thunderstorms or rain, the staff member brings the children inside and notifies the NHLC Front Desk about the group's location. *Aftercare has a limited amount of space. **Please register a minimum of two weeks in advance to ensure your spot.** We cannot accept Aftercare registrations the week of or the day of.

- Full-day (9 am–3 pm camp) may sign up for Beforecare beginning at 8:30 am and Aftercare from 3–5:30 pm, billed at a weekly fee of \$40/Beforecare and \$120/Aftercare
- Children ages three to five (in the 9 am–12 noon camp) may sign up for Beforecare beginning at 8:30 am. However, Aftercare from 3–5:30 pm is ONLY for children entering grades 1–6.
- An extended day option until 3 pm is available for children who are turning five during the summer of 2023 or who are entering Kindergarten in the fall.
- Early drop-off prior to 8:45 am will be charged to the family as Beforecare.
- Late pick-up past 3:15 pm will be charged to the family as Aftercare.
- Late pick-up from Aftercare will be charged \$10 until 5:45 pm; \$20 will be charged after 5:45 pm and every 15 minutes after that. Parents MUST phone pool deck to notify staff of unscheduled/unintended late pickup.
- Please make sure that staff has current cell phones and names on file for all people who may pick up your child or who may be contacted in case of emergency.
- Please make sure the Summer Program has an epipen for your child if they have a severe allergy.

PROGRAM HOURS BY AGE GROUP

Ages 3 to 4+:

Beforecare 8:30–9 am, Camp 9 am–12 noon.

Turning 5 or entering K:

Beforecare 8:30–9 am, Camp 9 am–12 noon,
Afternoon Fives 12–3 pm (no aftercare available for this age group)

Entering grades 1–6:

Beforecare 8:30–9 am, Camp 9 am–3 pm, Aftercare 3–5:30 pm.

Prorating at NHLC

We encourage all campers to attend each day of the weeks that they sign up for here at camp. Regular attendance allows campers to experience the full amount of thematic activities and promotes social friendships with other children. The NHLC Summer Program has a policy in place for prorating.

- We do not offer a prorated amount for camp aside from preschool camp, due to some local schools' policies on maintaining attendance during the summer months. See next item below.
- We understand that many preschools require attendance in the summer to hold spots for the fall. In this case, we will prorate for your child's camp attendance. If you choose to sign up for 2 days of camp, you will be billed half the amount of the full week's cost of camp.
- We do not prorate for specialty camps, due to the culminating activities and the individualized instruction provided by the specialist.
- We do offer prorating for both Beforecare and Aftercare: If you need to sign up your child for Beforecare or Aftercare, we can prorate the amount for the week based on the number of days needed.

Thank you for your understanding and continued support of the NHLC Summer Programs.





Children ages 3–Entering K (9 am–12 noon) and Afternoon Fives (12 noon–3 pm)

All children attending the Summer Program **MUST** be potty trained as this group swims daily in the “big pool”!

- Our youngest summer program members meet on a deck “just their size”.
- Each day children have a group tennis clinic and a group swim clinic designed for the needs of this age group.
**Children who use a swim bubble must do so while in the big pool. As their skill and comfort level increases, children transition to swimming without a bubble based on the assessment of the Pool Director and lifeguard staff.*
- Children's daily activities follow a weekly theme; opportunities are provided for children to create individual projects and to work collaboratively.
- NHLC squash courts and the Grill Room Rotunda are used as alternative spaces in case of rain or extreme heat.
- We believe in the power of friendship and the power of fun!

Sample Daily Camp Schedule (ages 3–5): 9 am–12 noon

| | |
|------------------|---|
| 8:30–9 am | Beforecare |
| 9–9:25 am | Welcome activities (free play and games) |
| 9:25–9:55 am | Tennis (PLEASE arrive wearing tennis whites and apply sunscreen at home!) |
| 9:55–10:15 am | Healthy snack, story |
| 10:15–10:45 am | Swim session (Always pack swimsuit, goggles and towel!) |
| 10:45–11:30 am | Playground and Kiddie Pool games (Pack play clothes!) |
| 11:30 am–12 noon | Theme-related activity (weekly themes listed separately) |

“Afternoon Fives” (age 5 or entering K): 12 noon–3 pm

Children turning five or entering Kindergarten in the fall may register for our “Afternoon Fives” program, which extends their program day until 3 pm. There is no aftercare option for this age group.

Sample Daily Schedule (PreK age group): 12 noon–3 pm

| | |
|------------------|---|
| 12 noon–12:30 pm | Lunch |
| 12:30–12:45 pm | Storytime (Squash Court Lounge) |
| 12:45–1:15 pm | Active Games (Squash Courts) |
| 1:15–1:30 pm | Storytime and drink (Squash Court Lounge) |
| 1:30–2 pm | Pool Play/Kiddie Pool (Please bring swimsuit, goggles and towel) |
| 2–2:30 pm | Playground |
| 2:30–3 pm | Deck Activities |

Summer Program Weekly Themes

June 19–23 | Safari Season

It's time to go exploring in the Safari! We kick off the summer with a brand new camp theme. We will be learning all about jungle animals as we explore and create projects based on the African Savanna! Monkeys, lions, and elephants, oh my! We can't wait to start the summer off with a wild ride!

June 26–30 | Creative Creatures

Pablo Picasso believed that “Every child is an artist.” Here at the New Haven Lawn Club, we feel the same way! This week is ALL about art. From painting to printmaking, sculpture and more—campers will engage in lots of creative projects that will surely be relaxing, educational, and fun!

July 3, 5–7 | Superhero Adventures

Avengers assemble! Calling all superheroes to the New Haven Lawn Club! This week is all about learning about our favorite superheroes. We will be playing a lot of games inspired by these heroes, and creating fun, wearable art to represent our favorite ones! Campers will also work together to create their own superhero comic. Don't miss this new and exciting week!

July 10–14 | NHLC Camp's Got Talent

We all know just how talented our campers are here at the New Haven Lawn Club...and this week, we are showcasing these talents! Campers will participate in group dances, freeze dance, and musical chairs throughout the week. We end the week with our annual

showcase, where children will perform a dance as a group, and have the option of performing a solo should they choose to. We are looking forward to moving and grooving to the music this week!

July 17–21 | Mad Scientist Week

Calling all scientists! Get ready for slime-making, playdough-creating, experimental week here at the Lawn Club! Campers will engage in various science experiments...some of which might be edible! What crazy concoction will you create?!

July 24–28: | Club Camp Invention

Do you have a big imagination? Do you love to create, invent, and run with new ideas? If so, this camp is for you! Join us for a NEW action-filled week of STEAM activities, physics experiments, and riddles galore. So much to look forward to as we end the month of July!

July 31–August 4 | Magic Madness

“Magic is all around you... You just have to believe!” Come join us for a week of tricks, games, and fun challenges! Campers will create magic-themed crafts and learn a trick or two! We will end the week with a visit from our favorite magician! A magical camp carnival will also take place. Don't miss this awesome week at camp!

August 7–11 | Theater Themes

Get ready to explore your creative side during theater camp! Children will learn improv games, create props for scenery, and participate in a group performance. Every child will get to showcase their talents in their own way. We end the summer with our annual theater performance in the Ballroom.

Children Entering Grades 1–6 (9 am to 3 pm)

Our program is unique in our inclusion of children that range in age from 5 (turning 6) to 11. During certain segments of the day, activities and games are differentiated according to age and interests so that each child is guided through an age-appropriate activity while engaged with like-minded peers. As children span the age range in their design, development of and preferences in play, the age range present in our program enriches the children's day and provides a family-style atmosphere.

Please make sure that staff has current cell phones and names on file for all people who may pick up your child as well as emergency contacts. Also, please make sure the Summer Program has an epipen for your child if they have a severe allergy.

- Please apply sunscreen at home in the morning before arriving; staff will re-apply during the program day.
- When rain, thundershowers or extreme heat moves the Summer Program location indoors, call the NHLC Front Desk at 203-777-3494 to find out which room to pick up your child.
- This age group should arrive wearing play clothes as our morning activities are messy; children have time to change into tennis whites after morning snack.
- Pack and bring daily: tennis whites, water bottle, towel, sunhat, bathing suit, goggles and extra sunscreen/sunstick.
- The Peabody Museum, NHLC squash courts and other rooms in NHLC are used as alternative spaces on rainy days or in case of extreme heat. Alternate schedules are followed for rainy days, extreme heat, and field trips.



Sample Daily Schedule: Children ages 5+–11. 9 am–3 pm

| | |
|-------------------------|---|
| 9–9:10 am | Welcome, Deck Activities |
| 9:10–10:10 am | Theme programming (Wear playclothes/apply sunscreen at home) |
| 10:10–10:20 am | Snack, change (Always pack tennis whites!) |
| 10:20–11:05 am | Tennis Lesson |
| 11:05–11:45 am | Pool games, free swim (Pack swimsuit, goggles and towel) |
| 12 noon–12:30 pm | Lunch |
| 12:30–1:30 pm | Activity choice/centers (playground, arts+crafts, LEGOs, bracelet making, etc.) |
| 1:30–2:30 pm | Sports on the field or in the squash courts |
| 2:30–3 pm | Free swim |
| 3–5:30 pm | Aftercare |



Tennis and Squash during the Summer Program

Please read this information carefully as it explains choices NHLC families have regarding tennis and squash summer registration.

Please note that for tennis, white clothing is required to play, while for squash, squash footwear and eyewear is required for play. The Squash & Tennis Shops of NHLC sell gear needed to participate in the respective sport and the Directors may be contacted with any questions and/or to obtain additional information or to register for their own athletic camps which are held at the New Haven Lawn Club.

NHLC Tennis: Michaela Kratochvilova, tennis@nhlawnclub.com

Squash Camps: Scott Young, squash@nhlawnclub.com

Summer program instruction at NHLC in both tennis and squash offers a fun introduction to each sport so children can develop a love of the game and build a foundation upon which to grow. Daily summer program tennis clinics are taught by the professional staff of NHLC TENNIS, while squash clinics are taught by Scott Young's pros. Both Michaela and Scott work closely with their pros to ensure that instruction is appropriate for children's growing athletic abilities and provides young stars with some key fundamentals that will "serve" them well for the rest of their lives.

TENNIS

For the 3 to 5 year olds, tennis is offered daily beginning at 9:15 am, and children must wear all white when they arrive at the summer program, and bring a set of play clothes to wear later in the morning.

For children entering grades 1–6, tennis is offered from 10:20–11:05 am; for this age group, children are encouraged to arrive in play clothes but must pack tennis whites daily and will be given time to change prior to playing tennis, as our morning theme-related activities are frequently filled with paint, clay, and glue galore.

NHLC Families may also register for a Tennis Split-Day Camp (NHLC Tennis Academy + NHLC Summer Program), where children attend NHLC Tennis Academy from 9 am–11:55 am, then join the Summer Program campers for the remainder of the afternoon until 3 pm. Children who follow this program will join the summer program for lunch, afternoon sports, swim lesson, and free choice time block (arts and crafts, free swim, LEGOs,



imaginative play), but will be at NHLC Tennis Academy during the time of the day when most theme-related programming takes place.

Families enrolling in NHLC Tennis but who need child care coverage on the Friday afternoons when NHLC Tennis ends at 1 pm may enroll in the NHLC Summer Program on these Fridays from 1–3 pm.

Michaela Kratochvilova, NHLC Director of Tennis, is originally from Czech Republic, and her lifetime passion is tennis and all racquet sports in general. She has successfully run tennis and paddle programs in Fairfield County for more than 15 years and was the Director of Racquet Sports at Innis Arden Golf Club in Old Greenwich, CT. Michaela spent her last summer as a Director of Adult programming at SPORTIME Amagansett in the Hamptons.

Formerly she has worked as a Director of Tennis at New Canaan Racquet Club in New Canaan, CT. Other positions include working at the Belle Haven Club in Greenwich, CT, and New Canaan Field Club in New Canaan, CT. Michaela has a master's degree in Sports Management and is a USPTA and

PPTA Elite certified professional, in addition to being certified in platform tennis (paddle) and pickleball.



Michaela Kratochvilova, NHLC Director of Tennis (continued)

Her playing background is equally impressive, being among the top ten players in all junior age groups as she grew up in the Czech Republic. During 1996–1998 she played the highest tennis competition in the Czech Republic, called Extra League (national and international participation), competing against players like Martina Hingis and Jana Novotna. In 1999 she received an athletic scholarship from AASU (Armstrong Atlantic State University), where she was an All-American for four consecutive years in singles and doubles. Michaela is an Athletics Hall of Fame inductee at AASU, the former No. 1 tennis program in NCAA Division II. She has recently taken up the fun sport of POP Tennis and reached the singles, doubles and mixed doubles finals in the 2017 POP Tennis Open!

Her mission is to help promote the game of tennis and help others improve and make tennis their lifetime sport.

SQUASH

Split-Day Squash Clinics are offered during the weeks of June 19 and June 26. During these two weeks of the summer program, children ages 6–9 can register for Squash in the morning from 9 am–12 noon, and then join us for lunch and regular camp for the afternoon. Children will gain experience with many aspects of squash: drives, drop-shots and cross-courts among others, along with keen competition, good sportsmanship, mental toughness, physical agility, and having fun with squash-mates!

Scott Young, Director of Squash, spent his early years in Southern Africa and grew up in a sport-mad culture where competition and excellence was expected from an early age. Playing all sports as a kid, Scott eventually discovered squash and did not look back, earning a scholarship to join a prestigious squash program in the UK and then some years later, another to the University of Birmingham with whom he was a double national champion and graduated with a degree in English Literature.

Scott has competed against some of the best players in the world and has been ranked as high as 23 in the world in doubles. In recent years, coaching has been Scott's passion, completing his level 3 coaching certification under the mentorship of the UK's best and most knowledgeable coaches. Scott enjoys sharing his knowledge and passion for the game and takes pride in being able to tailor his coaching to players of any level and distill down information for all.

Before joining the Lawn Club in September 2023, Scott spent four years working at the Field Club of Greenwich learning in a demanding private club setting which caters for all levels throughout the year. Before that he worked with National junior champions in the United Kingdom and helped Fordham University to rise more than 10 places in the College Rankings.

Scott Brings a wealth of knowledge, experience and passion to the New Haven Lawn Club this summer.



NHLC Specialty Swim Camps 2023

Novice, Intermediate and Advanced Swim Camps

Novice: July 10–14

Intermediate: July 17–21

Advanced: July 24–28

The NHLC Swimming Camp is a way for moderate to avid swimmers to improve and excel under the direct instruction and supervision of the Pool Director.

Please read the descriptions carefully to select the level that is a correct match for your child. Applicants must be reviewed and accepted by our Pool Director to the levels within this program.

Novice and Intermediate Swim Camp participants will receive two individual lessons with the Director and lifeguards during the week as well as participating in two 45 minute block group lessons. These campers also participate in the theme-based activities that take place throughout the Summer Program day.

Advanced Swim Camp will run as an extended afternoon session with group lessons and individualized instruction as in the past. This camp will be from 12:45 to 3 pm, with necessary breaks in between. Children will have the option to enroll in the NHLC Tennis Academy in the morning, as a Split-Day Tennis option, Regular camp, or LEGO camp. Children who enroll in either program will participate in their program of choice, and then eat lunch with the whole camp group. After lunch, they will be given time to change and unwind before heading to the pool at 12:45 pm for Advanced Swim Camp.

Children need to bring and wear goggles during all swim lessons. Those with shoulder length hair or longer should bring and wear a bathing cap during the lesson to promote proper head position and to deter from habits formed by hair getting in the way.

Week of July 10–14: Novice

Typically, this child cannot swim one lap of the pool, lengthwise. The deep end of the pool is not their most comfortable place in the pool. Children will learn the basics of the front crawl (freestyle) and the back crawl (backstroke) and be introduced to breaststroke and butterfly. *Novice level will, in general, be for ages 5 to 7, but children sign up according to their ability level.*

Week of July 17–21: Intermediate

This swimmer can swim multiple laps, but needs to work on rotary breathing and proper stroke technique. Children will be taught multiple drills that will improve technique and stamina. Typically, this child is on the swim team, is close to making that decision, or is just motivated to improve their strokes. In addition to helping hone the four strokes, we will discuss the entire “swim team experience”; including their expectations, their coach's expectations, and those of their parents. *Young Competitor level in general ranges from ages 6–8, but children sign up according to their ability level.*

Week of July 24–28: Advanced

Swimmers who have been on the NHLC swim team during past summers, or swim competitively during the winter months. The program of instruction this week will give each participant an opportunity to work on specialty strokes in small groups, with instruction tailored specifically to the strengths and weaknesses of those that attend. With the Connecticut Private Club Championships scheduled for the following week, this will give participants a wonderful opportunity to perfect strokes just before the ‘big’ meet.

Registration Policies | NHLC Summer Program 2023

- Email this **Summer Program** Registration Form to **camp@nhlawnclub.com** (Jennifer Silva)
- Register for **NHLC Tennis Academy** by contacting Michaela at **tennis@nhlawnclub.com**
- Register for **Squash Camps** by contacting Scott Young at **squash@nhlawnclub.com**
- If you are registering for **NHLC Tennis Academy Split-Day/Summer Program Split-Day Camp**, please send your registration, emergency contacts, health information and lunch forms to Jen at camp@nhlawnclub.com.
- If you are registering for **NHLC Squash Program Split-Day/Summer Program Split-Day Camp**, please send your registration, emergency contacts, health information and lunch forms to Jen at camp@nhlawnclub.com.
- Full-day camp (9 am–3 pm) may sign up for Beforecare beginning at 8:30 am and Aftercare from 3–5:30 pm.
- Half-day camp (9 am–12 noon) may sign up for Beforecare beginning at 8:30 am.
- Early drop-off (prior to 8:45 am) will be charged to the family as Beforecare.
- Late pick-up (past 3:15 pm) will be charged to the family as Aftercare.
- Late pick-up from Aftercare will be charged \$10 until 5:45 pm; \$20 will be charged after 5:45 pm, and every 15 minutes after that until pick up. Parents **MUST** phone pool deck to notify staff of unscheduled/unintended lateness.
- Please make sure that staff has current cell phone numbers and names on file for all people who may pick up your child or who may be contacted in case of emergency.
- Please make sure the Summer Program has an epipen and updated health information/emergency health action plan on file for your child if they have a severe allergy.
- **“PROOF OF PHYSICAL” FORM MUST BE RECEIVED PRIOR TO YOUR CHILD’S START DATE.**
Failure to provide this form will result in a delay in your child’s start date. We cannot allow them to attend camp until this form is received. Physical must be within the last three years.
- **REGISTRATIONS ARE NON-REFUNDABLE.** We will try to accommodate changes by applying payments towards other weeks of **REGULAR CAMP**, as long as the program your child signed up for has filled up past its required minimum number of participants.
- A \$25 change fee applies to all registration changes made once enrollment has been processed.
- At the New Haven Lawn Club, we foster an environment of mutual respect. It is our expectation that both staff and children exude respect and appropriate behavior towards others. Should a repetitive issue arise wherein disrespect or harm to another child is displayed, the child may be dismissed from camp to ensure the wellbeing of others.
- **A minimum enrollment is required to run all programs. Spaces are allocated on a “first-come, first served” basis.**
The program may not enroll past its limits due to safety considerations. **Please enroll early to ensure space in the program your child wishes to attend.**
- Please submit Emergency Contacts, Health Information and Lunch Forms at the time of registration along with your child’s Summer Program registration. Both paper and electronic copies are gladly accepted. Emergency Contacts and Lunch Forms must be received at least two weeks prior to when your child begins camp.

I have read and agree to the New Haven Lawn Club Summer Program Registration Policies:

Member name

Member #

Member signature:

Registration and Emergency Contact Information | NHLC Summer Program 2023

Please check off each week your child(ren) will attend NHLC Summer Program:

☐ June 19–23 ☐ June 26–30 ☐ July 3, 5–7 ☐ July 10–14 ☐ July 17–21 ☐ July 24–28 ☐ July 31–August 4 ☐ August 7–11

Families w/multiple children participating will receive 10% discount on each additional child.

Please fill out one emergency contact form for EACH child who will attend the NHLC Summer Program.

Member name:

Member #:

Child's name:

Child's age:

Child's DOB:

Grade entering in the fall:

T-shirt size:

Mother/Guardian's name:

Mother/Guardian's phone (home):

(work):

(cell):

Mother/Guardian's email:

Father/Guardian's name:

Father/Guardian's phone (home):

(work):

(cell):

Father/Guardian's email:

Asthma, allergies or other health concerns? Yes ☐ No ☐ (If yes, complete separate **Emergency Health Care Plan.**)

Please list health concerns here:

Pediatrician name:

Pediatrician phone:

Pediatrician address:

Hospital of choice:

Hospital address:

Emergency Contacts:

Name:

phone:

Name:

phone:

Name:

phone:

People permitted to pick up my child (family, babysitters, friends) and telephone numbers:

Name:

phone (cell):

(other phone):

Name:

phone (cell):

(other phone):

Name:

phone (cell):

(other phone):



Registration Information Form | NHLC Summer Program 2023

| | | |
|----------------------|-----------------|------|
| Member name: | Member#: | |
| Child's name: | Age: | DOB: |
| Child's name: | Age: | DOB: |
| Child's name: | Age: | DOB: |

Please initial your agreement and permission to the following:

- _____ It is understood that all exercise and use of all facilities shall release NHLC TENNIS and New Haven Lawn Club from any and all claims, demands, injuries, damages, actions or causes of actions to person or property arising out of, or connected with the use of any services or facilities of New Haven Lawn Club at the premises where the same are located; including those arising from the acts of active or passive negligence; and therefore discharged from all such claims, demands, injuries, damages and punitive proceedings from alleged causes of action.
- _____ For tennis, all campers should wear smooth sole tennis shoes (no running or cross trainers), white clothing, bring a racket (available through tennis shop) a towel, extra t-shirt and/or outfit, sunscreen, and a whole lot of energy!! For squash, squash footwear and eyewear is needed for the courts.
- _____ Staff may apply sunscreen as needed throughout the day.
- _____ Children may be transported by private car driven by NHLC staff or walk accompanied by NHLC staff as needed for off-site field trips.
- _____ Childrens' photos may used in camp publicity materials, or posted in galleries on the NHLC website or Facebook/Instagram page.

☐ CHECK HERE IF YOUR CHILD IS **NOT A PROFICIENT SWIMMER**.

☐ CHECK HERE IF YOU **DO NOT WANT** YOUR CHILDREN'S PHOTOS USED IN PUBLICITY MATERIALS.

Parent/Guardian electronic signature: _____ Date: _____

What to Wear and Bring to Camp | NHLC Summer Program 2023

Keep this page at home as a reference.

General reminders:

- Please label all items brought to camp with your child's name.
- Tennis whites must be worn in order to play on the tennis courts.
- Squash footwear and eyewear must be worn to play on the squash courts.
- *Emergency Forms, Pick up Permissions, and Proof of Physical* must be completed fully and, if medically necessary, an epipen left with staff.
- Morning snack is provided as part of the NHLC Summer Program fee; Tennis Camp and Tennis Academy campers purchase their snack at the Snack Bar.
- Lunch is ordered through the Snack Bar. Lunch forms must be submitted prior to children attending camp. Each child's lunch form must be reviewed every Monday morning with camp staff prior to parent/caregiver departure to ensure that children and parents/caregivers have chosen foods that please both child and parent/caregiver.



All Summer Program Campers (including Internship Programs)

Bring to camp:

- Sunscreen, sunstick, sunhat and coverup, water bottle
- Bathing suit, goggles, towel, hairbrush/hair ties as needed, poolside footwear (crocs, sandals, etc.)
- Rain jacket and/or sweatshirt (if rainy/cool weather)

Three to five year-olds (9 am–12 noon campers):

- Children must be potty trained to attend the NHLC Summer Program.
- *Arrive wearing tennis whites and athletic footwear.*
- Bring two sets of play clothes. (Please leave one in a ziplock bag to have available as an extra change of clothes.)
- Bring your tennis racket and a filled water bottle.
- Bring sunscreen, sunstick, sunhat and coverup, water bottle.
- Bring your bathing suit, goggles, towel, hairbrush/hair ties as needed, poolside footwear (crocs, sandals, etc.).
- If rainy/cool weather, bring rain jacket and/or sweatshirt.

Five to 12 year-olds (9 am–3 pm campers):

- Arrive wearing play clothes and athletic footwear.
- *Bring your tennis whites to change into.*
- Bring your tennis racket and a filled water bottle.
- Bring sunscreen, sunstick, sunhat and coverup, water bottle.
- Bring your bathing suit, goggles, towel, hairbrush/hair ties as needed, poolside footwear (crocs, sandals, etc.).
- If rainy/cool weather, bring rain jacket and/or sweatshirt.

Aftercare/Beforecare Campers:

- Bring a book from home you like to read.



Permissions Form | NHLC Summer Program 2023

Complete a separate form for each child attending. Return to NHLC attn: Jen Silva before your child begins the Summer Program:

☐ **Permissions Form** ☐ **Lunch Form** ☐ **Health Form**

Child's Name: _____

Food: Children receive a morning snack as part of their camp enrollment and should bring a refillable water bottle daily. Families submit weekly lunch orders from the Snack Bar Menu along with camp enrollment. Children must stay within a “healthy choices” menu during camp hours and wait until camp ends to order ice cream, chips, etc.. Children attending Aftercare purchase snacks directly from the Snack Bar; for children enrolled in Aftercare, families must communicate with Summer Program staff about the guidelines for their child’s choices at the Snack Bar. While we are not a peanut-free program, we do not provide children with snacks containing peanuts, tree nuts or other nut-containing products to limit the risk of exposure. However, families whose children have severe allergies need to leave epipen and antihistamine medication with the Summer Program and complete the Emergency Health Plan.

_____ **Initial here to confirm you have read and understand the Summer Program food policies.**

_____ **Initial here to give permission for your child to order an afternoon snack** from a list of “healthy” choices open to camp children.

Sunscreen: Children should arrive at camp already wearing sunscreen. However, they will need it applied throughout the day. Please initial the box to allow camp staff to apply additional sunscreen to your child during the camp day.

_____ **Initial here to give permission for camp staff to apply sunscreen to your child.**

Photo Permission:

_____ **Initial here if you do** give permission for photos of your child to be posted on the NHLC website photo galleries, used in *Clippings* (NHLC member newsletter), or used for camp publicity materials.

_____ **Initial here if you do not** give permission for photos of your child to be posted on the NHLC website photo galleries or used for camp publicity materials.

_____ **Initial here if you do** give permission for your child to be featured in NHLC social media platforms (Facebook and Instagram).

_____ **Initial here if you do not** give permission for your child to be featured in NHLC social media platforms (Facebook and Instagram).

Transport (walking, automobile, bus):

_____ **Initial here to give permission** for your child to be escorted and/or transported by Lawn Club staff in the event of field trips or medical emergencies.

Allergies/Asthma/Other Medical: Any family whose child has an allergy requiring medication must also fill out the **Emergency Medical Form**.

_____ **Initial here if your child has allergies/asthma/other medical concerns and you have filled out the Emergency Medical Form.**

_____ **Initial here to allow camp staff to give the following medication(s) to your child:**

medication _____ dosage _____ call _____

medication _____ dosage _____ call _____

medication _____ dosage _____ call _____

_____ **Initial here if you have filled out the required Emergency Medical Form.**

It is understood that all exercise and use of all facilities, as well as escort and transport to and from off-site field trips and in the case of medical emergencies shall release New Haven Lawn Club and its staff from any and all claims, demands, injuries, damages, actions or causes of actions to person or property arising out of, or connected with the use of any services or facilities of New Haven Lawn Club at the premises where the same are located; including those arising from the acts of active or passive negligence; and New Haven Lawn Club and its staff are therefore discharged from all such claims, demands, injuries, damages and punitive proceedings from alleged causes of action.

Parents’/Guardians’ Names: _____

Parents’/Guardians’ Signatures: _____

Health Exam/Record for Campers and Staff | NHLC Summer Program 2023

Please Return Completed Form to the Camp.

☐ Camper ☐ Staff

Name: _____ Date of birth: _____ Telephone: _____

Guardian: _____

Address: _____

Emergency Contact: _____ Telephone: _____

Date of arrival at camp: _____ Departure date: _____

To be Completed by the Specified Medical Practitioner:

☐ May participate in all camp activities _____ Date of exam: _____

☐ May participate except for: _____

Medical information pertinent to routine care and emergencies: _____

Is this individual taking prescription or over the counter medication(s)? ☐ Yes ☐ No

If yes, indicate names of medication(s): _____

Does the individual have allergies? ☐ Yes ☐ No Explain: _____

Is the individual on a special diet? ☐ Yes ☐ No Explain: _____

Does the individual have special needs? ☐ Yes ☐ No Explain: _____

This camper/staff is up-to-date on all the following routine childhood immunizations currently recommended by the American Academy of Pediatrics and National Advisory Committee on Immunization Practices:

| | YES | NO |
|------------|-----|----|
| Measles | | |
| Mumps | | |
| Rubella | | |
| Chickenpox | | |
| Tetanus | | |

| | YES | NO |
|------------------------|-----|----|
| Hepatitis B | | |
| Diphtheria | | |
| Pertussis | | |
| Pneumococcal conjugate | | |
| Polio | | |

Comments: _____

Print name of medical care provider: _____

Medical care provider's address: _____

Medical care provider's city/town: _____ State: _____ Zip code: _____

Signature of Physician, PA, APRN or RN: _____

Date form signed: _____ Telephone: _____

Lunch Form | NHLC Summer Program 2023

Member Name:

Member #

Child's Name:

Child's age:

Allergies:

Lunch for Week of: ☐ June 5 ☐ June 12 ☐ June 19 ☐ June 26 ☐ July 3 ☐ July 10 ☐ July 17 ☐ July 24 ☐ July 31 ☐ August 7

Camp attending: ☐ Summer Program ☐ NHLC Tennis ☐ Split-Day: Tennis/Summer Prog. ☐ Split-Day: Squash/Summer Prog. ☐ Specialty Camp

Check one sandwich and one beverage for each day. For families with food allergies, please note that **peanut butter* is served at the Snack Bar.**

All children with allergies **must provide an Emergency Health Plan and epipen** to Summer Program staff.

(If your child stays for Aftercare, please communicate with Summer Program staff about Snack Bar selections made during Aftercare.)

MONDAY

- ☐ BLT \$6
- ☐ Bacon egg cheese \$5
- ☐ PB and grape jelly* \$4.25
- ☐ Turkey sandwich \$7.75
- ☐ Tuna salad sandwich \$7.75
- ☐ Hamburger \$7.50
- ☐ Hamburger with cheese \$8
- ☐ Veggie burger \$7.25

- ☐ Veggie burger with cheese \$7.75
- ☐ Impossible burger \$7.50
- ☐ Impossible burger with cheese \$8
- ☐ Grilled cheese \$4.25
- ☐ Grilled cheese w/bacon & tomato \$5.50
- ☐ Grilled chicken breast \$7.50
- ☐ Grilled chicken breast w/cheese \$8
- ☐ Hummels hot dog \$4

- ☐ Cesar salad \$7.25
- ☐ Cesar with chicken \$10.50
- ☐ Chicken fingers \$5.50
- ☐ Cheese quesadilla \$4.25
- ☐ Cheese quesadilla with chicken \$7
- ☐ Hummus with baby carrots \$3.50
- ☐ Hummus with pita chips \$3.75
- ☐ Fruit salad with mini-yogurt \$5
- ☐ Side salad \$2.50

Beverage

- ☐ Lemonade \$2
- ☐ Apple juice (10 oz) \$2.25
- ☐ Milk/low fat choc milk \$2.50
- ☐ Orange juice \$2.50
- ☐ Gatorade (11 oz) \$2
- color/flavor: _____

TUESDAY

- ☐ BLT \$6
- ☐ Bacon egg cheese \$5
- ☐ PB and grape jelly* \$4.25
- ☐ Turkey sandwich \$7.75
- ☐ Tuna salad sandwich \$7.75
- ☐ Hamburger \$7.50
- ☐ Hamburger with cheese \$8
- ☐ Veggie burger \$7.25

- ☐ Veggie burger with cheese \$7.75
- ☐ Impossible burger \$7.50
- ☐ Impossible burger with cheese \$8
- ☐ Grilled cheese \$4.25
- ☐ Grilled cheese w/bacon & tomato \$5.50
- ☐ Grilled chicken breast \$7.50
- ☐ Grilled chicken breast w/cheese \$8
- ☐ Hummels hot dog \$4

- ☐ Cesar salad \$7.25
- ☐ Cesar with chicken \$10.50
- ☐ Chicken fingers \$5.50
- ☐ Cheese quesadilla \$4.25
- ☐ Cheese quesadilla with chicken \$7
- ☐ Hummus with baby carrots \$3.50
- ☐ Hummus with pita chips \$3.75
- ☐ Fruit salad with mini-yogurt \$5
- ☐ Side salad \$2.50

Beverage

- ☐ Lemonade \$2
- ☐ Apple juice (10 oz) \$2.25
- ☐ Milk/low fat choc milk \$2.50
- ☐ Orange juice \$2.50
- ☐ Gatorade (11 oz) \$2
- color/flavor: _____

WEDNESDAY

- ☐ BLT \$6
- ☐ Bacon egg cheese \$5
- ☐ PB and grape jelly* \$4.25
- ☐ Turkey sandwich \$7.75
- ☐ Tuna salad sandwich \$7.75
- ☐ Hamburger \$7.50
- ☐ Hamburger with cheese \$8
- ☐ Veggie burger \$7.25

- ☐ Veggie burger with cheese \$7.75
- ☐ Impossible burger \$7.50
- ☐ Impossible burger with cheese \$8
- ☐ Grilled cheese \$4.25
- ☐ Grilled cheese w/bacon & tomato \$5.50
- ☐ Grilled chicken breast \$7.50
- ☐ Grilled chicken breast w/cheese \$8
- ☐ Hummels hot dog \$4

- ☐ Cesar salad \$7.25
- ☐ Cesar with chicken \$10.50
- ☐ Chicken fingers \$5.50
- ☐ Cheese quesadilla \$4.25
- ☐ Cheese quesadilla with chicken \$7
- ☐ Hummus with baby carrots \$3.50
- ☐ Hummus with pita chips \$3.75
- ☐ Fruit salad with mini-yogurt \$5
- ☐ Side salad \$2.50

Beverage

- ☐ Lemonade \$2
- ☐ Apple juice (10 oz) \$2.25
- ☐ Milk/low fat choc milk \$2.50
- ☐ Orange juice \$2.50
- ☐ Gatorade (11 oz) \$2
- color/flavor: _____

THURSDAY

- ☐ BLT \$6
- ☐ Bacon egg cheese \$5
- ☐ PB and grape jelly* \$4.25
- ☐ Turkey sandwich \$7.75
- ☐ Tuna salad sandwich \$7.75
- ☐ Hamburger \$7.50
- ☐ Hamburger with cheese \$8
- ☐ Veggie burger \$7.25

- ☐ Veggie burger with cheese \$7.75
- ☐ Impossible burger \$7.50
- ☐ Impossible burger with cheese \$8
- ☐ Grilled cheese \$4.25
- ☐ Grilled cheese w/bacon & tomato \$5.50
- ☐ Grilled chicken breast \$7.50
- ☐ Grilled chicken breast w/cheese \$8
- ☐ Hummels hot dog \$4

- ☐ Cesar salad \$7.25
- ☐ Cesar with chicken \$10.50
- ☐ Chicken fingers \$5.50
- ☐ Cheese quesadilla \$4.25
- ☐ Cheese quesadilla with chicken \$7
- ☐ Hummus with baby carrots \$3.50
- ☐ Hummus with pita chips \$3.75
- ☐ Fruit salad with mini-yogurt \$5
- ☐ Side salad \$2.50

Beverage

- ☐ Lemonade \$2
- ☐ Apple juice (10 oz) \$2.25
- ☐ Milk/low fat choc milk \$2.50
- ☐ Orange juice \$2.50
- ☐ Gatorade (11 oz) \$2
- color/flavor: _____

FRIDAY

- ☐ BLT \$6
- ☐ Bacon egg cheese \$5
- ☐ PB and grape jelly* \$4.25
- ☐ Turkey sandwich \$7.75
- ☐ Tuna salad sandwich \$7.75
- ☐ Hamburger \$7.50
- ☐ Hamburger with cheese \$8
- ☐ Veggie burger \$7.25

- ☐ Veggie burger with cheese \$7.75
- ☐ Impossible burger \$7.50
- ☐ Impossible burger with cheese \$8
- ☐ Grilled cheese \$4.25
- ☐ Grilled cheese w/bacon & tomato \$5.50
- ☐ Grilled chicken breast \$7.50
- ☐ Grilled chicken breast w/cheese \$8
- ☐ Hummels hot dog \$4

- ☐ Cesar salad \$7.25
- ☐ Cesar with chicken \$10.50
- ☐ Chicken fingers \$5.50
- ☐ Cheese quesadilla \$4.25
- ☐ Cheese quesadilla with chicken \$7
- ☐ Hummus with baby carrots \$3.50
- ☐ Hummus with pita chips \$3.75
- ☐ Fruit salad with mini-yogurt \$5
- ☐ Side salad \$2.50

Beverage

- ☐ Lemonade \$2
- ☐ Apple juice (10 oz) \$2.25
- ☐ Milk/low fat choc milk \$2.50
- ☐ Orange juice \$2.50
- ☐ Gatorade (11 oz) \$2
- color/flavor: _____

Camp Selection Form for weeks June 19–23, June 26–30 | NHLC Summer Program 2023

Use this form for these programs:

- Full and half-day Summer Program
- Swim/Specialty Camps/Internships
- Beforecare/Aftercare/Afternoon Fives
- Friday after 1 pm (only for those taking NHLC Tennis Academy full-day camp, which ends at 1 pm on Fridays)

To register for NHLC Tennis Academy:

Michaela Kratochvilova, tennis@nhlawnclub.com

To register for Squash Camps:

Scott Young, squash@nhlawnclub.com

Questions/register for Summer Program, Swim and Specialty Camps:

Jennifer Silva, camp@nhlawnclub.com

To register for Split-Day Camp

(NHLC Tennis Academy morning +

Summer Program afternoon): Please send your

- Registration
- Emergency Contacts
- Health Information
- Lunch Forms

to Jen at camp@nhlawnclub.com

NHLC Squash and NHLC Tennis Campers attending “Add-on” afternoon hours or Aftercare MUST submit an Emergency Contact Form and Health Form to Jen at camp@nhlawnclub.com.

Member name: _____ Member # _____ Date: _____

Child(ren)’s name: _____

Child(ren)’s age: _____ Child(ren)’s date of birth: _____

Please check each week your child(ren) will attend NHLC Summer Program:

☐ June 19–23 ☐ June 26–30 ☐ July 3, 5–7 ☐ July 10–14 ☐ July 17–21 ☐ July 24–28 ☐ July 31–August 4 ☐ August 7–11

(Families w/multiple children participating will receive a 10% discount for each additional child.)

| | Program | Fee | ✓ | Child/Children’s names |
|--|--|-------|--------------------------|------------------------|
| June 19–23 Safari Season | BEFORECARE: 8:30–9 am, ages 3–11 | \$40 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$190 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$175 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm, entering grades 1–6 | \$355 | <input type="checkbox"/> | |
| | Split-Day Camp: entering grades 1–6 NHLC Tennis Academy 9–11:55 am (\$265) + Summer Program 11:55 am–3 pm (\$180) | \$445 | <input type="checkbox"/> | |
| | Split-Day Squash Camp: ages 7–9 NHLC Squash 9 am–12 noon (\$200) + Summer Program 12 noon–3 pm (\$180) | \$380 | <input type="checkbox"/> | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm) | \$30 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$120 | <input type="checkbox"/> | |
| June 26–30 Creative Creatures | BEFORECARE: 8:30–9 am, ages 3–11 | \$40 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$190 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$175 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm, entering grades 1–6 | \$355 | <input type="checkbox"/> | |
| | Split-Day Camp: entering grades 1–6 NHLC Tennis Academy 9–11:55 am (\$265) + Summer Program 11:55 am–3 pm (\$180) | \$445 | <input type="checkbox"/> | |
| | Split-Day Squash Camp: ages 6–9 NHLC Squash 9 am–12 noon (\$200) + Summer Program 12 noon–3 pm (\$180) | \$380 | <input type="checkbox"/> | |
| | Baking Camp 9 am–12 noon, ages 7 and up | \$215 | <input type="checkbox"/> | |
| | Baking Camp 9 am–12 noon (\$215) + Summer Program 12 noon– 3 pm (\$180) | \$395 | <input type="checkbox"/> | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm) | \$30 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$120 | <input type="checkbox"/> | |

Camp Selection Form for weeks **July 3–7, July 10–14** | NHLC Summer Program 2023

Use this form for these programs:

- Full and half-day Summer Program
- Swim/Specialty Camps/Internships
- Beforecare/Aftercare/Afternoon Fives
- Friday after 1 pm (only for those taking NHLC Tennis Academy full-day camp, which ends at 1 pm on Fridays)

To register for NHLC Tennis Academy:

Michaela Kratochvilova, tennis@nhlawnclub.com

To register for Squash Camps:

Scott Young, squash@nhlawnclub.com

Questions/register for Summer Program, Swim and Specialty Camps:

Jennifer Silva, camp@nhlawnclub.com

To register for Split-Day Camp

(NHLC Tennis Academy morning +

Summer Program afternoon): Please send your

- Registration
- Emergency Contacts
- Health Information
- Lunch Forms

to Jen at camp@nhlawnclub.com

NHLC Squash and NHLC Tennis Campers attending “Add-on” afternoon hours or Aftercare MUST submit an Emergency Contact Form and Health Form to Jen at camp@nhlawnclub.com.

Member name: _____ Member # _____ Date: _____

Child(ren)’s name: _____

Child(ren)’s age: _____ Child(ren)’s date of birth: _____

Please check each week your child(ren) will attend NHLC Summer Program:

☐ June 19–23 ☐ June 26–30 ☐ July 3, 5–7 ☐ July 10–14 ☐ July 17–21 ☐ July 24–28 ☐ July 31–August 4 ☐ August 7–11

(Families w/multiple children participating will receive a 10% discount for each additional child.)

| | Program | Fee | ✓ | Child/Children’s names |
|--|--|-------|--------------------------|------------------------|
| July 3, 5–7 Superhero Adventures *No camp July 4 | BEFORECARE: 8:30–9 am, ages 3–11 | \$30 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$155 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$140 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm, entering grades 1–6 | \$285 | <input type="checkbox"/> | |
| | Split-Day Camp: entering grades 1–6 NHLC Tennis Academy 9–11:55 am (\$225) + Summer Program 11:55 am–3 pm (\$165) | \$360 | <input type="checkbox"/> | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$40 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$95 | <input type="checkbox"/> | |
| July 10–14 NHLC’s Got Talent! | BEFORECARE: 8:30–9 am, ages 3–11 | \$40 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$190 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$175 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm, entering grades 1–6 | \$355 | <input type="checkbox"/> | |
| | Split-Day Camp: entering grades 1–6 NHLC Tennis Academy 9–11:55 am (\$265) + Summer Program 11:55 am–3 pm (\$180) | \$445 | <input type="checkbox"/> | |
| | Novice Swim Camp: 9 am–3 pm | \$390 | <input type="checkbox"/> | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$30 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$120 | <input type="checkbox"/> | |

Camp Selection Form for weeks July 17–21, July 24–28 | NHLC Summer Program 2023

Use this form for these programs:

- Full and half-day Summer Program
- Swim/Specialty Camps/Internships
- Beforecare/Aftercare/Afternoon Fives
- Friday after 1 pm (only for those taking NHLC Tennis Academy full-day camp, which ends at 1 pm on Fridays)

To register for NHLC Tennis Academy:

Michaela Kratochvilova, tennis@nhlawnclub.com

To register for Squash Camps:

Scott Young, squash@nhlawnclub.com

Questions/register for Summer Program, Swim and Specialty Camps:

Jennifer Silva, camp@nhlawnclub.com

To register for Split-Day Camp

(NHLC Tennis Academy morning +

Summer Program afternoon): Please send your

- registration
- emergency contacts
- health information
- lunch forms

to Jen at Camp@nhlawnclub.com

NHLC Squash and NHLC Tennis Campers attending “Add-on” afternoon hours or Aftercare MUST submit an Emergency Contact Form and Health Form to Jen at camp@nhlawnclub.com.

Member name: _____ Member # _____ Date: _____

Child(ren)’s name: _____

Child(ren)’s age: _____ Child(ren)’s date of birth: _____

Please check each week your child(ren) will attend NHLC Summer Program:

☐ June 19–23 ☐ June 26–30 ☐ July 3, 5–7 ☐ July 10–14 ☐ July 17–21 ☐ July 24–28 ☐ July 31–August 4 ☐ August 7–11

(Families w/multiple children participating will receive a 10% discount for each additional child.)

| | Program | Fee | ✓ | Child/Children’s names |
|---|--|-------|--------------------------|------------------------|
| July 17–21 Mad Scientist | BEFORECARE: 8:30–9 am, ages 3–11 | \$40 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$190 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$175 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm, entering grades 1–6 | \$355 | <input type="checkbox"/> | |
| | Split-Day Camp: entering grades 1–6 NHLC Tennis Academy 9–11:55 am (\$265) + Summer Program 11:55 am–3 pm (\$180) | \$445 | <input type="checkbox"/> | |
| | Intermediate Swim Camp 9 am–3 pm | \$390 | <input type="checkbox"/> | |
| | Add-on (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$30 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$120 | <input type="checkbox"/> | |
| July 24–28 Club Camp Invention | BEFORECARE: 8:30–9 am, ages 3–11 | \$40 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$190 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$175 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm, entering grades 1–6 | \$355 | <input type="checkbox"/> | |
| | Split-Day Camp: entering grades 1–6 NHLC Tennis Academy 9–11:55 am (\$265) + Summer Program 11:55 am–3 pm (\$180) | \$445 | <input type="checkbox"/> | |
| | Summer Program (morning) + Advanced Swim Camp (afternoon), ages 10 and up | \$400 | <input type="checkbox"/> | |
| | Split-Day Tennis (morning) + Advanced Swim Camp (afternoon), ages 10 and up | \$445 | <input type="checkbox"/> | |
| | Add-on Friday (Friday only): 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$30 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$120 | <input type="checkbox"/> | |

Camp Selection Form for weeks **July 31–August 4, August 7–11** | NHLC Summer Program 2023

Use this form for these programs:

- Full and half-day Summer Program
- Swim/Specialty Camps/Internships
- Beforecare/Aftercare/Afternoon Fives
- Friday after 1 pm (only for those taking NHLC Tennis Academy full-day camp, which ends at 1 pm on Fridays)

To register for NHLC Tennis Academy:

Michaela Kratochvilova, tennis@nhlawnclub.com

To register for Squash Camps:

Scott Young, squash@nhlawnclub.com

Questions/register for Summer Program, Swim and Specialty Camps:

Jennifer Silva, camp@nhlawnclub.com

To register for Split-Day Camp

(NHLC Tennis Academy morning +

Summer Program afternoon): Please send your

- registration
- emergency contacts
- health information
- lunch forms

to Jen at Camp@nhlawnclub.com

NHLC Squash and NHLC Tennis Campers attending “Add-on” afternoon hours or Aftercare MUST submit an Emergency Contact Form and Health Form to Jen at camp@nhlawnclub.com.

Member name: _____ Member # _____ Date: _____

Child(ren)’s name: _____

Child(ren)’s age: _____ Child(ren)’s date of birth: _____

Please check each week your child(ren) will attend NHLC Summer Program:

☐ June 19–23 ☐ June 26–30 ☐ July 3, 5–7 ☐ July 10–14 ☐ July 17–21 ☐ July 24–28 ☐ July 31–August 4 ☐ August 7–11

(Families w/multiple children participating will receive a 10% discount for each additional child.)

| | Program | Fee | ✓ | Child/Children’s names |
|---|--|-------|--------------------------|------------------------|
| July 31–August 4 Magic Madness | BEFORECARE: 8:30–9 am, ages 3–11 | \$40 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$190 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$175 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm: entering grades 1–6 | \$355 | <input type="checkbox"/> | |
| | Split-Day Camp: entering grades 1–6 NHLC Tennis Academy 9–11:55 am (\$265) + Summer Program 11:55 am–3 pm (\$180) | \$445 | <input type="checkbox"/> | |
| | Add-on Friday (Friday only) 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$30 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$120 | <input type="checkbox"/> | |
| August 7–11 Theater Themes | BEFORECARE: 8:30–9 am, ages 3–11 | \$40 | <input type="checkbox"/> | |
| | Preschool Camp: 9 am–12 noon, ages 3–entering K | \$190 | <input type="checkbox"/> | |
| | Afternoon Fives: 12 noon–3 pm, ages 5–entering K | \$175 | <input type="checkbox"/> | |
| | Full Day Camp: 9 am–3 pm: entering grades 1–6 | \$355 | <input type="checkbox"/> | |
| | Split-Day Camp: entering grades 1–6 NHLC Tennis Academy 9–11:55 am (\$265) + Summer Program 11:55 am–3 pm (\$180) | \$445 | <input type="checkbox"/> | |
| | Creative Theater Laboratory: 9 am–3 pm | \$395 | <input type="checkbox"/> | |
| | Add-on Friday (Friday only) 1–3 pm (NHLC Tennis Academy ends at 1 pm Fridays) | \$30 | <input type="checkbox"/> | |
| | AFTERCARE: 3–5:30 pm, entering grades 1–6 | \$120 | <input type="checkbox"/> | |

NHLC Summer Program Staff

SUMMER PROGRAM DIRECTOR

Jen Silva, *NHLC Summer Program Director*, returns to NHLC for her tenth summer. She received a Bachelor's of Science in Art Education and a Masters in Psychology from Southern Connecticut State University, as well as a 6th Year degree in Special Education. She is currently finishing up her doctoral degree in Educational Leadership through the University of Bridgeport. During the school year, Jen enjoys teaching art in Monroe, to children in grades pre-K through fifth. In her spare time, Jen loves creating her own artwork, exercising, and spending time with her family. She resides in Fairfield County with her husband and their two sons. Jen loves working at the New Haven Lawn Club Summer Program, and is committed to making your children's camp days fun, exciting, educational, and memorable!

COUNSELORS

Amy Cordon, *Assistant Director & Elementary Head Counselor*, returns for her twelfth summer at NHLC leading the 9:00- 3:00 camp. She graduated from St. Joseph College with a Bachelor's Degree in Biology in 2002 and received a Master's in Education from University of Bridgeport in 2004. Amy enjoys teaching middle school science in Wolcott. While teaching at the Waterbury Arts Magnet School, she was the advisor to the Student Council in which she encouraged kids to help their school and community. In her spare time, she enjoys hiking.

Laura Lawlor, *Early Childhood Head Counselor and Specialty Camps Instructor*, returns for her fifth summer. As a second-grade teacher with over twenty years of experience, Laura loves working with children and planning fun activities for our little ones here at the Lawn Club. Laura also has a private baking business, and is eager to share her creative passion with our campers during this year's baking camp!

Magdalene Corradino is excited to return to NHLC for her sixth summer, and first as a head counselor! She currently attends Sacred Heart University and is hoping to become an elementary school teacher. She is looking forward to spending the summer at camp!

ASSISTANT COUNSELORS

Assistant Counselors in the Summer Program have enthusiasm and delight for working with children as well as a motivated work ethic. Each Assistant Counselor brings a unique set of skills, athletic and/or artistic, which enrich the children's day and experiences.

Mia Coppola returns for her second summer at NHLC. Mia is currently attending Central Connecticut State University in New Britain earning her Bachelor's Degree in Criminal Justice. During her free time, Mia is found hanging out with friends and family, and hiking with her two dogs. Mia is excited for camp to begin and be back with everyone!

Luke McMahon returns for his second summer at NHLC. He attends St. Joseph High School in Trumbull and looks forward to graduating in May with plans to study Nursing in the fall. In his spare time, Luke can be found reading, spending time with family and friends, or traveling. Luke is eager to be back and cannot wait for camp to begin.



NHLC Squash



Our Squash summer camp is designed to be a fun and competitive learning environment. Led by Head Pro Scott Young, with the help of several graduates of the NHLC squash program who now play for various colleges around the country.

The program is designed to foster competition, creativity, camaraderie and, of course, skill acquisition, giving campers a grounding in what the game of squash is all about, and helping them meet friends to experience it with.

Initially, focus will be on developing sound hand-eye coordination fundamentals before moving onto the essential technique required to play the game. Basic strategy and tactic will underpin it all, along with an emphasis on fun competition in the form of both individual and team games. Coaches will use adaptive squash balls to accommodate level, as well as various other training aids to make the process streamlined and interesting for the camper.

Camp will run from 9 am–12 pm. Children will have the option of enrolling in the NHLC Summer Program from 12 noon–3 pm. Please be sure to register for this portion of camp with our summer program director, Jennifer Silva at camp@nhlawnclub.com.

Squash Split-Day Camp:

NHLC Squash

mornings from 9 am to 12 noon

+ NHLC Summer Program

afternoons from 12 noon– 3 pm

June 19–23

\$380 per person

June 26– 30

\$380 per person

Scott Young, Director of Squash

Spending his early years in Southern Africa, Scott grew up in a sport-mad culture where competition and excellence was expected from an early age. Playing all sports as a kid, Scott eventually discovered squash and did not look back. He earned a scholarship to a prestigious squash program in the UK and then some years later, earned another to the University of Birmingham where he was a double national champion, graduating with a degree in English Literature.

Scott has competed against some of the best players in the world and has been ranked as high as 23 in the world in doubles. In recent years, coaching has been Scott's passion, completing his level 3 coaching certification under the mentorship of the UK's best and

most knowledgeable coaches. Scott enjoys sharing his knowledge and passion for the game and takes pride in being able to tailor his coaching to players of any level, and distill down information for all.

Before joining the New Haven Lawn Club in September of 2022, Scott spent four years working at the Field

Club of Greenwich learning in a demanding private club setting, catering to all levels throughout the year. Before that he worked with National junior champions in the United Kingdom and helped Fordham University to rise more than 10 places in the College Rankings.

Scott Brings a wealth of knowledge, experience and passion to this summer at the NHLC.



NHLC Tennis



Hello all! Welcome to the 2023 Tennis Season at the New Haven Lawn Club! I am incredibly excited to kick off my fourth season as your Director of Outdoor Racquets. These past years have been filled with lots of fun clinics, lessons, and many events from our successful Pro's Exhibition to lively Margarita Nights. Thank you for your continued participation and enthusiasm!

I am looking forward to this summer season and continuing to generate different ideas for our Tennis Program. NHLC has a rich tradition of tennis, and I will work to continue to grow the tennis program in all areas.

Our junior program will feature a full-scale "quick start" program to support the United States Tennis Association (USTA) "10 and under initiative" which is now standardized instruction in the country. The USTA has spent years researching the fastest and most effective way of developing junior tennis players, and I am proud to bring this approach of coaching to you and your families. This curriculum encourages students to develop the skills they need to go out and play on their own, without a pro, as quickly as possible. After all, the goal is to have children playing tennis together for friendly competition and to enjoy the sport. I am committed to supporting this curriculum and making the NHLC junior program top in instructional development.

We had a great season with our Junior Interclub Matches and are excited to build on this experience going into the summer season! Whether your kids are intermediate or seasoned tennis players, our interclub team is a great choice for competition. Team members have a wide range of abilities and a great spirit. In order to participate the

junior player can serve, score, and play from the baseline. Matches are played every Thursday, 1–3 pm, either at home or away at various clubs in the area, and practices for the interclub matches will be held every Friday from 1–2:30 pm.

I am looking forward to another fun season of learning and growing with you all! I am extremely honored to work with you and your families this summer at NHLC.

Michaela Kratochvilova, *Director of Outdoor Racquets*

Armstrong Atlantic University Hall of Fame Inductee

Extra League Competition Czech Republic

USPTA Elite Certified (United States Professional Association)

PPTA Elite Certified (Professional Platform Tennis Association)

IPTPA Certified Level II (Int'l Pickleball Teaching Professional Assoc.)
10 & Under Tennis Certified

Mark Your Calendars!

April 30: Pre-Registration Deadline for NHLC Tennis Academy

Higher Performance Training *(registration form pg.23)*

June 12–August 11; Monday–Friday, 1–3 pm

Weekly: \$325; Daily: \$70 Pre-register: \$295 weekly

This is the competitive component of our junior development program during the season. It is targeted toward our tournament/competitive juniors (Yellow Ball). We will be guiding our players to the next level of being their best. This program is intended to prep our players for a collegiate level tennis.

NHLC Tennis Academy 2023 *(registration form pg.23)*

Monday–Thursday: 9 am–3 pm and Friday: 9 am–1 pm

NHLC Split-Day Camp 2023 *(registration form pg.23)*

June 19–August 11, 2023, Monday–Friday

check-in 9–9:15 am | tennis 9:15–11:55 am
lunch and day camp 11:55 am–3 pm



Registration Form | NHLC Tennis Academy and NHLC Split-Day Camp 2023

| | | |
|-------------------------------|---------------|---------|
| Member last name: | Member #: | |
| Mother/Father name: | phone (home): | (cell): |
| Guardian/Au Pair/Sitter name: | phone (home): | (cell): |

NHLC Tennis Academy 2023 | June 5 to August 7

Monday–Thursday from 9 am to 3 pm; Friday from 9 am to 1 pm

Pre-registration deadline is April 30, 2023: \$370 (full day) or \$285 (partial day); **Registration after May 1:** \$410 (full day) or \$320 (partial day)

| | | |
|---|-------------|----------------|
| Junior member name: | age: | date of birth: |
| check week(s) desired: <input type="checkbox"/> June 5 (daily) <input type="checkbox"/> June 12 <input type="checkbox"/> June 19 <input type="checkbox"/> June 26 <input type="checkbox"/> July 3 (no camp July 4) <input type="checkbox"/> July 10 <input type="checkbox"/> July 17 <input type="checkbox"/> July 24 <input type="checkbox"/> July 31 <input type="checkbox"/> Aug 7 | | |
| Junior member name: | age: | date of birth: |
| check week(s) desired: <input type="checkbox"/> June 5 (daily) <input type="checkbox"/> June 12 <input type="checkbox"/> June 19 <input type="checkbox"/> June 26 <input type="checkbox"/> July 3 (no camp July 4) <input type="checkbox"/> July 10 <input type="checkbox"/> July 17 <input type="checkbox"/> July 24 <input type="checkbox"/> July 31 <input type="checkbox"/> Aug 7 | | |
| <ul style="list-style-type: none">■ Pre-registration deadline is April 30, 2023: \$370 (full day) or \$285 (partial day)■ \$100 daily registration is possible (with pre-approval of Tennis Director)■ Morning Snack will be charged directly to your account■ 10% discount extended for families with multiple children enrolled in Academy each week. Discount applies only after first child on full rate of Academy. If used in conjunction w/pre-registration incentive, additional child = \$333 full day / \$257 partial day.■ Juniors are required to wear appropriate white attire, smooth sole tennis shoes (no running/cross trainers). Please apply sunscreen at home prior to Academy. On Friday afternoons, Academy Kids have the option to join Day Campers for activities in the afternoon. Registration is required for this option—please contact Summer Program Director, Jen Silva.■ Pre-registration must be completed by April 30th, 2023. All weeks pre-registered will be billed in advance. In the event of cancellation of any weeks, after being billed, applied discount of 10% will be deducted from amount placed in members credit book. | | |
| Parent/Guardian signature: | cell phone: | date: |

NHLC Split-Day Camp 2023 | June 19 to August 11

NHLC Tennis Mini-Academy + NHLC Summer Program: Monday–Friday, ages 6–9

Check in: 9–9:15 am; Tennis: 9:15–11:55 am; Lunch + NHLC Summer Program: 11:55 am–3 pm

Cost for NHLC Split-Day Camp: \$445 (morning tennis: \$265 + afternoon NHLC Summer Program: \$180)

| | | |
|--|-------------|----------------|
| Junior member name: | age: | date of birth: |
| check week(s) desired: <input type="checkbox"/> June 19 <input type="checkbox"/> June 26 <input type="checkbox"/> July 3 (no camp July 4) <input type="checkbox"/> July 10 <input type="checkbox"/> July 17 <input type="checkbox"/> July 24 <input type="checkbox"/> July 31 <input type="checkbox"/> Aug 7 | | |
| Junior member name: | age: | date of birth: |
| check week(s) desired: <input type="checkbox"/> June 19 <input type="checkbox"/> June 26 <input type="checkbox"/> July 3 (no camp July 4) <input type="checkbox"/> July 10 <input type="checkbox"/> July 17 <input type="checkbox"/> July 24 <input type="checkbox"/> July 31 <input type="checkbox"/> Aug 7 | | |
| <ul style="list-style-type: none">■ Morning Snack will be charged directly to your account.■ Registration and billing for Split-Day Camp (Tennis + Summer Program) are separate—please confirm registration with <i>both</i> directors: Michaela Kratochvilova, <i>NHLC Tennis Director</i>: tennis@nhlawnclub.com and Jen Silva, <i>NHLC Summer Program Director</i>: camp@nhlawnclub.com | | |
| Parent/Guardian signature: | cell phone: | date: |

Higher Performance Training | June 12 to August 11

Monday–Friday 1–3 pm; Cost: \$325/week or \$70/day; **Pre-registration deadline is April 30, 2023:** \$295 (weekly)

| | |
|---|-----------|
| Member name: | Member #: |
| check week(s) desired: <input type="checkbox"/> June 12 <input type="checkbox"/> June 19 <input type="checkbox"/> June 26 <input type="checkbox"/> July 3 (no camp July 4) <input type="checkbox"/> July 10 <input type="checkbox"/> July 17 <input type="checkbox"/> July 24 <input type="checkbox"/> July 31 <input type="checkbox"/> Aug 7 | |







New Haven Lawn Club
193 Whitney Avenue
New Haven, Connecticut 06511

